

# Moments of Delight

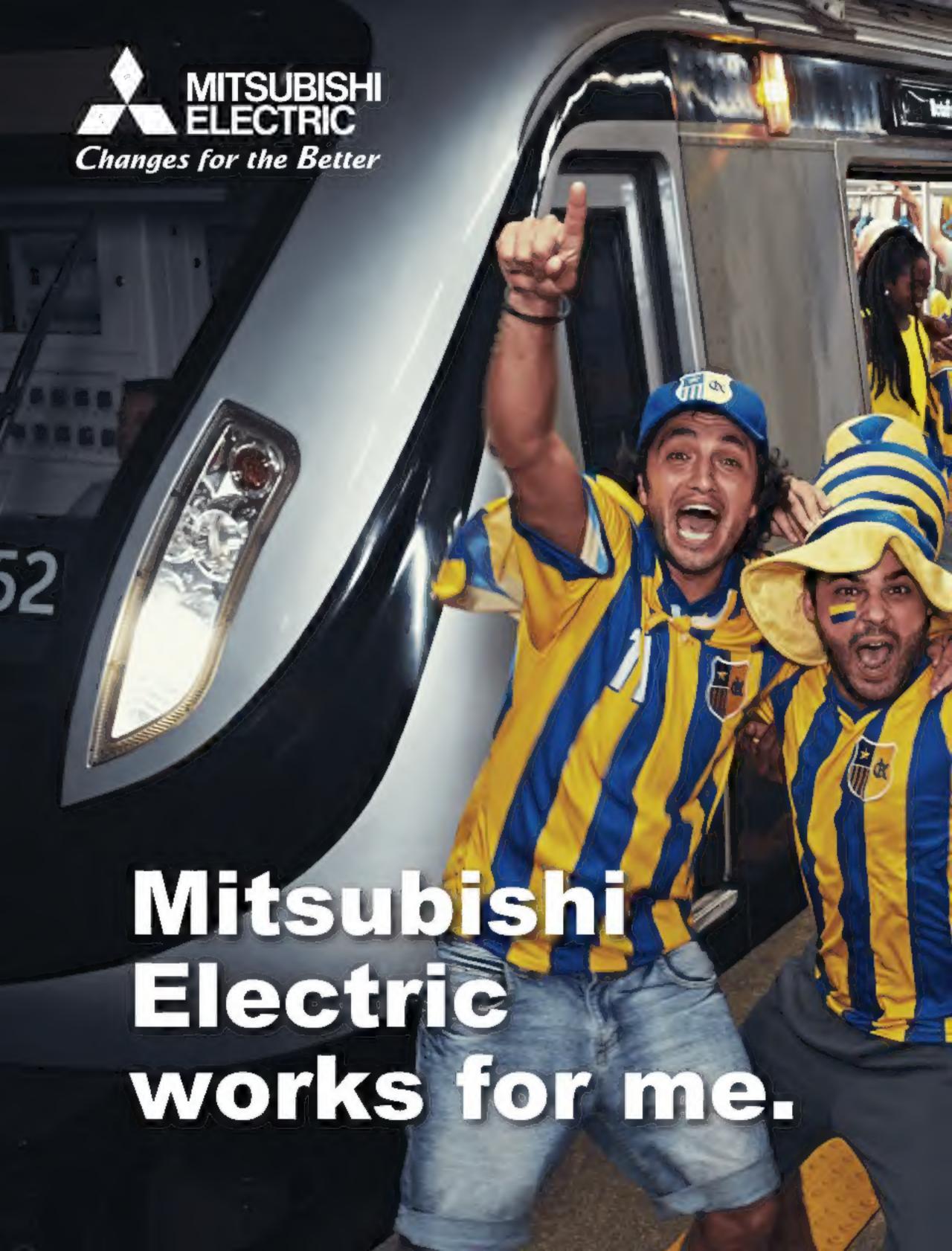


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#### CORRECTION

In April's welcome letter (page 9), two global industry trade groups were incorrectly identified.

IATA stands for International Air Transport Association; ICAO stands for International Civil Aviation Organization.

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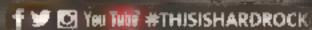
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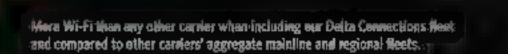
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#### DELTA AND DIVERSITY

Richard Anderson d scusses our ongoing commitment to embracing d versity with Joanne Smith, Delta's executive vice president and chief human resources officer.



RICHARD ANDERSON: Our cover focus this month in Sky is on women in business, and we have a powerful example: Cathy Engelbert, the new CEO of Deloitte LLP, one of the "Big Four" accounting and consulting firms. Joanne, today you are among the highest level women in global aviation, an industry historically dominated by men. You have a critical role at Delta preserving and maintain ing the unique culture that puts our 80,000 employees worldwide at the center of everything we do. The diversity of people, thinking and styles at Delta is one of the reasons for our success in becoming a global airline. How does your perspective help when it comes to doing one of the most important jobs at the company?

JOANNE SMITH: Richard, as a leader, I try to be a resource for the many women who, like me, are proud to work for Delta and who want to make it an even better place to work. We know that gender balance is important, and we have a broad slate of initiatives designed to foster and develop the careers of women. It starts with recruitment and includes mentoring, networking and a companywide focus on a healthy work-life balance. These initiatives will seed future opportunities to make continuous improvement in these areas.

**PA:** What is the single most important quality women need to be successful in the workplace?

Js: Confidence, It's not simply about knowing how to do a job, but also having and demonstrating confi-



FROM TOP: Delta EVP Joanne Smith; Officers from Delta's Women's Employee Network, including (left to right) Carole Stansberry, WEN president; Kiko Harvey, VP-corporate audit; Theresa Wise, SVP of CIO, Smith, Gail Grimmett, SVP-New York; Oberon Matheny, WEN vice president; Letty Ashworth, global diversity director and Carole Godwin, WEN boardmember.

dence in your skills and abilities. So in other words, confidence is equally as important as competence. Women have to be open to taking more risks. And for some women, that doesn't necessarily come easily, but it takes confidence to do what's not easy.

RA: We also have a very active Women's Employee Network Group that is a great resource. It's one of 11 affinity groups at Delta that help us build

#### 5 THINGS TO KNOW ABOUT DELTA THIS MONTH

- The 2015 Delta Dogout aunches this month! Our Major League Baseball partner clubs premotion will reward fans with unparalleled prizes and experiences throughout the season. Go teams! #DeltaDugout
- Pay special attention to the safety video this month! De tais unveiling a brand леж video—and if you re familiar with the most popular Internet memes. you'll recognize some of rts stars. To watch, go to deltasafetyvideo.com.
- On June 11 we're launching a new premium check-in. service at LAX The VIP facility will provide the most exclusive experience of any carner at LA's. airport—and it will make travel even more seamless. for our most elite traveiers.
- Checked a bag? Expect It at the carouse in 20 minutes or less on flights within the J 5., guaranteed—or earn 2 500 bonus miles as part of our 20-minute baggage delivery commitment, For more details, visit delta.com/bagsontime.
- Delta recently announced. an exciting new partnership with NYC-based des gner Zac Posen to bring high fash on and function to our uniform. program. The new collection is expected to aunch in early 2018





and maintain diversity in our workforce.

Js: Those groups are very important at Delta, providing mentoring and educational opportunities to a diverse array of employees-not just those from particular cultural backgrounds, but also groups for working parents, veterans and gay and tesbian employees. The groups support our culture of continuous improvement by providing diverse perspectives and feedback, as well as serving as sounding boards on issues that are critical to our employees and customers. In addition to these employee groups, we also have developed strong relationships with professional organizations, including Women in Aviation, the Organization for Black Aerospace Professionals and the National Society for Hispanic MBAs.

**RA:** It is amazing when you think about the scope of our worldwide network today. With flights to six continents, we bring different cultures together every day on our airplanes.

as: That's true, Richard. Our international flights sometimes feel like a small United Nations in the sky. Our multilingual flight attendants, who speak more than 23 languages, can communicate with customers on most international flights in the language of destination. And our on-board service team does a tremendous amount of research to provide service that reflects the culture in many of our regions.

BA: It goes back to the point that diversity is a broad concept for us—it's more than just language, our global network or our diverse employees, partners and customers. It's a willingness to be open to different perspectives and looking at the world in a different way. The results can be spectacular.

**J8:** That's a big part of what we call the De ta Difference.

RA: It sure is. Thanks for spending time with us, Joanne, And as a ways, we'd like to thank our customers for flying Delta.



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#### **DELTAYLA** DIVERSIDAD

Richard Anderson habla sobre el continuo compromiso de acoger la diversidad con Joanne Smith, v cepresidente e ecut vo de De ta y directora de recursos humanos.

RICHARD ANDERSON: Este mes el enfoque de Sky se centra en las mujeres y los negocios y en la portada de la revista tenemos un poderoso ejemplo: Cathy Engelbert, la nueva Directora Ejecutiva de Deloitte LLP, una de las "cuatro grandes" firmas de contabilidad y consultoría. Joanne, en la actualidad estás entre las mujeres mejor remuneradas en la aviación mundial, una industria que historicamente ha sido dominada por el género masculino. Tienes una función muy importante en Delta preservar y mantener la unica cultura que colocaa los 80.000 empleados alrededor del mundo en el centro de todo lo que hacemos. La diversidad y la integración son dos de nuestros valores más importantes. ¿Cómo ayuda tu perspectiva cuando se trata de realizar uno de los trabajos más importantes de la compañia?

JOANNE SMITH: Richard, como líder intento ser una fuente de recursos para muchas mujeres que, como yo, estan orgullosas de trabajar para Delta y desean convertirlo en un lugar de trabajo aun más placentero. Sabemos que el equilibrio en los géneros es importante y contamos con una amplia gama de iniciativas diseñadas para fomentar y desarrollar las carreras de las mujeres. Esto comienza en la etapa de reclutamiento e incluye orientación, red de contactos y un enfoque de la compañia para lograr un equilibrio saludable entre el trabajo y la vida de los empleados. Estas iniciativas crearán futuras oportunidades para hacer mejoras ininterrumpidas en estas áreas.

RA: ¿Cual es la cual.dad más importante que necesitan tener las mujeres para lograr el éxito en una compañia?

Js: El tener confianza en sí misma. No es simplemente saber como hacer el trabajo, hay que tener y demostrar confianza en sus talentos y habilidades. En otras palabras, la conhanza es tan importante como la competencia. Las mujeres deben estar dispuestas a tomar más riesgos y para algunas mujeres esta acción no es fácil de realizar. Es necesario tener confianza para realizar lo que no es facil

RA: También tenemos un grupo llamado Red de Mujeres Empleadas que es muy activo e importante recurso. Es uno de los 11 grupos demográficos en Delta que nos ha ayudado a construir y mantener la diversidad en la fuerza laboral.

Js: Esos grupos son muy importantes para Delta porque proveen orientación y oportunidades en la educación para una gran variedad de empleados -no sólo para aquelios de un origen cultural en común sino también para grupos de padres trabajadores, veteranos de guerra, homosexuales y lesbianas. Los grupos apoyan nuestra cultura de mejoramiento permanente y ofrecen perspectivas y voces diferentes a las que escuchamos con atención. También proveen apoyo importante en asuntos que son críticos para los empleados y los chentes. Además de tener estos grupos de empleados también hemos desarrollado solidas relaciones con organizaciones profesionales, como Women in Aviation, la Organization for Black Aerospace Professionals y la National Society for Hispanic MBAs.

RA: La diversidad, la forma de pensar y los estilos de las personas en Delto son unas de las razones por las cuales hemos tenido exito en convertirnos en una aerolinea global. Es asombroso cuando piensas sobre el alcance que posee nuestra red mundial en la actualidad. El volar a seis continentes nos permite reunir culturas diferentes en nuestros aviones todos los dias.

Js: Tienes razón. Los vuelos internacionales parecen a veces como una version pequeña de las Naciones Unidas en el aire. Los asistentes de vuelo: multilingües, que habian más de 23 idiomas, pueden comunicarse con los clientes en estos vuelos. en la mayoria de los idiomas originarios y el equipo de servicio a bordo lleva a cabo una gran tarea de investigación para proveer un servicio que refleja la cultura en muchas de nuestras regiones.

RA: Volvemos al punto en que la diversidad es un amplio concepto para nosotros -es más que un lenguaje, o nuestra red mandial, o la diversidad de empleados, asociaciones o clientes. Es el deseo de ser abiertos a perspectivas diferentes y mirar al mundo desde otro punto de vista. Los resultados pueden ser espectaculares.

Js: Esto es lo que llamamos en gran parte la 'Diferencia de Delta'.

RA: Asi es Joanne. Gracias por dedicarnos tu tiempo, y como siempre, queremos darle las gracias a nuestros chentes por volar con Delta T



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# WHEELS

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#### DES MOINES

The city's abuzz with new energy as it basks once again in the political spotlight

Why Now: With the U.S. presidentia campaign season heating up, candidates swoop into Iowa a most dai y to vie for attention ahead of the owa caucuses They base their campaign off ces in Des Moines, where they re within easy reach of fest vats and county fairs. This is your big chance.

to shake hands with a future president Where to Go: Spend the night at the Renaissance Savery Hote for years a fayor te of politicians and journalists. It's a stone's throw away from the East Village, a quirky, never-been-hotter neighborhood at the foot of the state capitol. Among the area's 60

or so indie shops are Domestica, known for handmade Etsy-esque home décor, and Raygun, a lofty design studio and showroom that prints clever, irreverentitees Grablunch at Zombie Burger + Drink Lab, where the Dead Moines burger comes with smoked Gouda. prosciutto, ham and

"Spider" by Lauise Bourgeois at the John and Mary Pappajohn Sculpture Park.

truffle mayo Or duck into tiny Tacopocalypse tor bacon -chorizo. wasab brisket and other unconventional tacos Refue ed, stroll along a revital zed riverfront or through the world class. John and Mary Pappajohn Sculpture Park, But even here, don't a ways count. on caim: The area by the park hosts the national vi recognized Des Moines Art Fest val (June 26-28) and the 80/35 Music Festival (July 10 11), this vear with Weezer and Wilco as headliners.

-SHAWN GILLIAM



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BOARDING PASS

#### ANCHORAGE

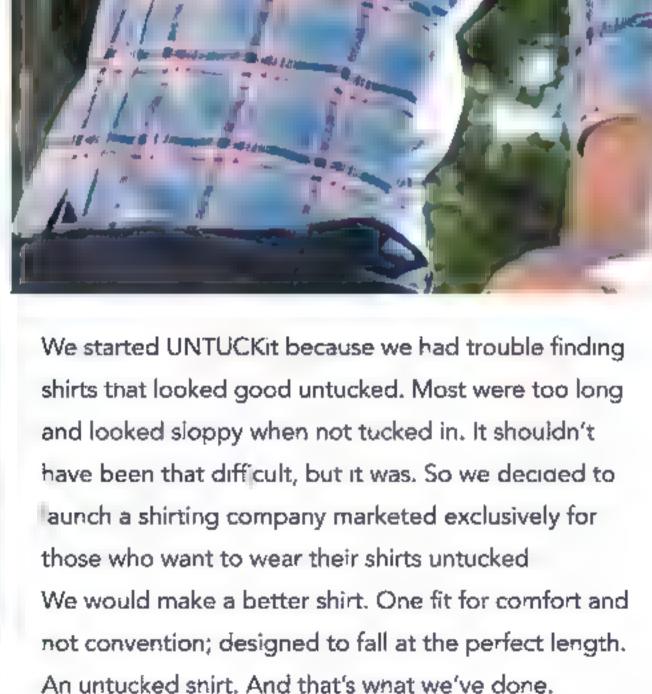
niune, Anchorage basks under seemingly. endless hours of sunlight. Start the day. pedaling the Tony Knowles Coastal Trail, eyes peeled for shy moose and bright white. beingas. After a pionic lunch from Brown Bag Sandwich Co., hop a free shuttle to the Alaska Native Heritage Center and explore authentic dwellings under open sky. As the sup starts to bid ad eul relax with cold brews and inlet views on the deck of Snow. Goose Restaurant.

Tony Knewles

Constal Trail







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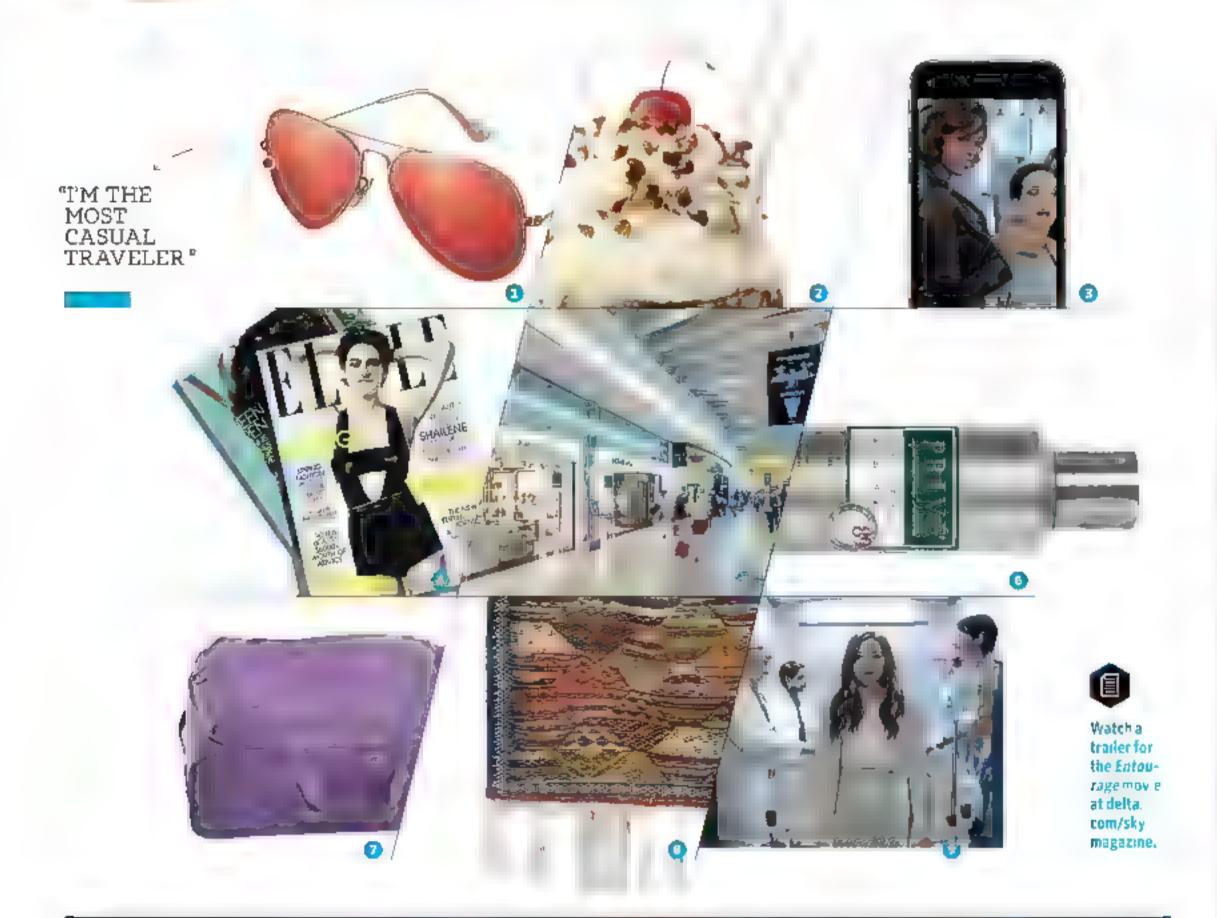
So go ahead...UNTJCKit!

# XAV REIDLIN, PREBLIYMONIOH SPLASHNIK Michael Fucrikson as andy at era Doanegsloupy warnerbos entertainmen

#### EMMANUELLE CHRIQUI

**ACTRESS** 

Entourage's broipack may have ruled the show but it was the main female characters—Sloan and Mrs. Ar' who grounded it by standing up to the boys, "These two strong women show that not every woman in Hollywood is a movie star grouple," says Emmanuelle Chriqui who played Sloan. "The show needed that part based in reality." Entourage ended after eight seasons on HBO but it returns this month in movie form to wrap up loose ends, including the future of pregnant Sloan and her on-again boyfriend. Eric Murphy Chriquis mum on plot details but completely forthcoming about her travel essent als -- MATT Medua



💶 TRAVEL OUTFIT "My go-to outfit is black Nike sweatpants. Nike running shoes, an Aviator Nation red hoodie and Ray. Ban sunglasses." 😢 IN-FLIGHT SNACKS." im a very healthy person, but when fly generally let myself eat everything that s served—from the warm salted nuts to the hot fudge sundaes " 📵 IN-FLIGHT GUILTY PLEASURE "I binge watch America's Next Top Model" 🔕 PLANE READS "I don't buy fashion magazines like Ette and Vogue in real if e but lalways get them for flights." FAVORITE AIRPORT London Heathrow "I can spend an entire day shopping there." 6 BEAUTY ESSENTIALS Karite Lips shea butter lip balm. Prive styling wax, Armania foundation and L'Oreal makeup. 🕜 FAVORITE LUGGAGE "Luse a lightweight Deisey sultcase with Lots of compartments. It has a fluorescent green smiley face so I know. t's mine. (5) MOST-RECENT SOUVENIR." bought some throw rugs when I was in Morocco." (9) IN-FEIGHT FLECKS The Immigrant and If I Stay.



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#### PHILADELPHIA

You've got an extra day to kill in the City of Brotherly Love. Here's what you do by Charyn Preuffer

once an underappreciated city, philadelphia has experienced a sea of change in recent years for the better, Even The New York Times gave credence to this revival, naming the nation's fifth-largest city one of its \*52 Places to Go in 2015." Fiercely loyal locals never lost faith, not even in their long-suffering pro sports teams. Nowadays, there's much more to this city than historic landmarks and museums. There's a new generation of young mayerick chefs and mixologists, and locally owned shops abound, especially along North 3rd Street Al. signs indicate that, finally, Philly is having its moment.



For more photos of Philadelphia, visit delta.com/ skymagazine.

#### DRINKUP

Local bar royalty Leigh Maida, Brendan Hartranft and Brendan Kelly tap 20 craft brews at Strangelove's, while on weekends, Yards Brewing Company (1) offers free tours—with samples throughout. Beer not your thing? The young and well-heeled head to Stratus Rooftop Lounge atop Hotel Monaco for small-batch bottled cocktails and a bird's-eye view of the city.

#### CELEB CHEFS

At The Fat Ham, Top Chef's Kevin Sbraga serves pure Southern comfort try the pork rinds with ranch dressing. during happy hour. Dishes such as enspy haltourn and grilled duck hearts. are what put modern israeli cuisine on the map at chel Michael Solomonov's restaurant Zahav, Meanwhile, Marc. Vetri's latest addition. Lo Spiedo, is a Navy Yard hit, turning out slowroasted and rotisserie meats.

#### EXPLORE

With 80 merchants. Reading Terminal Market is a food-lover's nirvana—and no visit is complete without trying the roast pork sandwich at DiNic's. Walk it off on East Passyunk Avenue, the "it" stretch of the city. where deep Italian roots meld with an influx of swank shops and restaurants. Or take a tour of the Edgar Allan Poe National Historic Site, a house where the author lived from B43 to B44.

#### TAKE ABREAK

People-watch at revamped Dilworth Park and enjoy pop-up shops, an 11,160-square-foot fountain. and free outdoor concerts. Another low-key option: coffee at La Colombe's flagship cate in Fishtown; the roasterymeets-rum distillery was cofounded by Todd Carmichael of Travel Channel's Dangerous Grounds, For something active, run the Schuylkill River Loop, an 8.4-mile paved route along Kelly Drive to Falls Bridge, returning on Martin Luther King Jr Drive

# **A SCREENSAVER**

#### DOESN'T HAVE SAND OR A BREEZE.

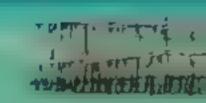
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#### REESE WITHERSPOON

BUSINESS

After star-making turns in Sweet Home Alabama and Legally Blande, celebrity rags and inted actress Reese Witherspoon "America's sweetheart." But that tag was reductive, as evidenced by the saltier, more nuanced roles that she's taken on, including June Carter Cash in Walk the Line and Chery. Strayed in Wild At 39, Witherspoon continues to distance herse f from early typecasting with Pacific Standard, the production company she formed with producer Bruna Papandrea in 2012 to combat the dearth of fema e-driven films in Hollywood Just call her America's mogul, -chris clayton

> yVijd austra. Cheryl Sillayed sent Withe spoon a copy of the back before it

was published. The

actress lead it and

nimeo ate y bought the film rights.

#### MISCELLANEOUS



#### Real Estate Mogui

Witherspoon owns multiple properties, including a \$12 mr non Pacific Pai sades estate and a Nashville forer upper

#### "Well, i'm a #bookworm, so it's no surprise my favorite gifts to give and receive are books."

-Caption roma Decembe 2014 instagram post from Witherspoon that showed a stack of her recent reads. Among them, Not. that Kind of Girl by Lena Dunham and Permission to Parent by Robin. Berman M D



#### Philanthropy

Wilherspoongives back through organizations such as Save the Children and the Chadren's Delense Fund



Matthew McConaughey is a supporter of the Children's Defense Fund

#### FRIENDS + FAMILY

#### Avon

Withe spoonhasbeen a grobal ambassador to the cosmercs gram 5lnce 2007

#### Draper **James**

The acress new It estyle me ocuses an goods with Southern style including home ems scattonery. and clothing

#### Pacific Standard

The resume of Witherspoon's production company includes. Wild. Gone Girt. Hot Pursuit and the upcoming page o-screen adaptations Ashley's Worland Big tiffre cles-

#### \$15 million & up

Witherspoon's reported per-picture lee



Witherspoon and her husband a reinmored to be opening a boutique hotel in Nashville

#### Jim Toth

Witherspoon's husband, a talent agent whom she married in 2011. The pair has one child, son Tennessee She also has two k ds, Ava and Deacon. from her previous. narr age to actor Ryan Phy linge



#### Cameron Diaz, **Matthew McConaughey**

The budding producer's releb pais Witherspoonmer Aniston while making a cameo as the little sister to Aniston's character, Rachel, on Friends in 2000

#### Jahn Witherspoon

The actress has made unverified claims about being a direct descendant of John Witherspoon one of the signers of the Deciaration of ndependence





When Cherise West was diagnosed with leukemia, doctors said she had no matching donors for a bone marrow transplant = and no hope for a cure. At UF Health, Dr. John Wingard works on transplants from donors who aren't an exact match. Like Cherise's mom. John's work is why Cherise is healthy today, even if she never knows it. And it's invisible connections like these that help us move medicine forward with every patient we serve.





#### GEORGE FLECK

#### ► VICE PRESIDENT OF GLOBAL BRAND MANAGEMENT FOR LE MÉRIDIEN AND WESTIN HOTELS

To George Fleck, a notel shouldn't be just a place to sleep, important though that is, it also should be part of the trave experience. As someone who racks up more than 200,000 miles a year in his role overseeing design and brand differentiation for Le Méridien and Westin, Starwood Hoteis & Resorts' "upper upscale brands," he knows of what he speaks (Starwood operates to hote chains globally, comprising more than 1,200 hotels.) Having joined Starwood in 2002 as the business travel sales manager of W. Chicago-Lakeshore—W is another Starwood brand—the Germanborn Fleck is now building the Le Méridien and Westin brands worldwide. When he's home, he's in New York City. BY GENEREBECK

#### SRY: How are the Westin and Le Méridien brands distinguished?

Japer-upscale space is the curious and creative-minded traveler for Le Meridien and the "achiever" for Westin. The achiever is someone who doesn't want travel to disrupt her or her routines, specifically to living a well-balanced lifestyle. The curious and creative-minded traveler is forward-looking, isn't afraid to explore new destinations and is always looking for authentic, original and cultured content when they travel.

#### Where are Starwood's biggest opportunities with these brands?

For Le Meridien, we have a tremendous growth opportunity in the U.S.





employed the art of matchmaking and hired (tis Just Lunch (LJL)) It worked. Happily mairied for two years. Beau credits. Just no his best triend sour materials and fellowisk er Lesa years.

#### Why did you join IJL?

I'd gone through a divorce in 2009, and I lived in a really happenin' area of Minneapous called Uptown. Even though I was baying a lot of fun, I knew I wasn't going to meet somebody who I'd want to spend the rest of my life with in that kind of lifestyle. Going out to a bar scene was a crapshoot. Same thing goes for online dating I dabbled in it, but all my experiences were negative. So I called It's Just Lunch.

#### Tell us about the first conversation with your IJL matchmaker.

When I first talked with her, I said, 'If you can find me somebody who wants to go on saing adventures, you w... have a friend for life.' She asked what my interests were, who I was attracted to, what my goals were, and what I wanted from my partner

#### How did IJL help you find Jesalyn?

The science and art of matchmaking and their commitment to seeing it through. Perseverance and advocating for me, My matchmaker listened, she asked excellent questions.

#### What was your first date with Jesalyn like? Did you know she was the one?

We went to Urban Eatery and had ceviche,

chips, homemade guac, and some beers When you meet someone and you're attracted to them, you start playing that game of 'Can I see myse,f with them?'

When i sat across the table from Jesalyn, it was like, 'Absolutery.'

#### How did IJL make dating easier?

I was travelling, on planes, at hotels, and dating was a challenge. Being a member of It's just Lunch is like having trusted friends set you up, but even better, because they're professionals. They know what they're doing, and they do everything for you. Date, time, where to go. They even worked with restaurants in advance so there wouldn't be any awkward moments. To have someone doing the work on the back end was such a biessing.

#### Would you recommend IJL to other busy professionals?

Absolute v. Sometimes you have to take an educated chance, and a lot of business executives would agree with that, It's the best money I ever invested. It's nothing compared to a lifetime of happiness and being with my life's adventure partner.

Find out what an It's Just Lunch matchmaker can do for you by caming 1-800-858-6526 or visit ItsJustLunch.com.



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When it comes to personalized matchmaking our success is unmatched

#### 24 YEARS

Of changing lives one match at a time.

#### + 2 MILLION

Dates arranged by IJL matchmakers (They know how to bring the right people together)



Of singles surveyed say chemistry is more important than compatibility. A computer can't detect that!

#### **20 MINUTES**

Amount of time most people need on a first date before they decide if they want to see their date again.

#### 70%

Of people prefer to date someone in a different profession vs in the same industry

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tis Just Lunch Matchmakers









# Source: CNBC, Site Selection and Area Development

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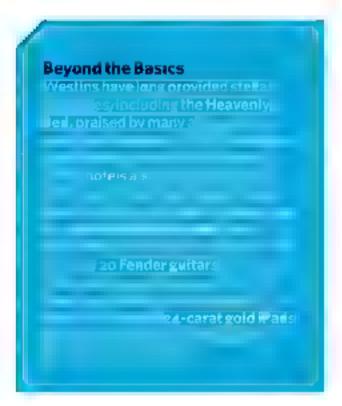
In the last 18 months alone, we've added another 10 properties in interesting, up-and-coming destinations like Atlanta and Indianapolis, where there are great art and culture scenes. For Westin, we have an opportunity to build this brand in Europe, Africa and the Middle East, as well as the Asia Pacific region, specifically China and India.

### You've been tasked with transforming the guest experience. What progress have you made?

One initiative I worked on was the launch of our new lobby concept—to make it not the typical check-in, check-out area, but to enhance how our guests experience our brands through the lobby design and programming. At Le Meridien, we've partnered with a Paris music collective called Nouvelle Vague, which curates the sound in our lobbies. They reinvent pop and punk music in a bossa nova and loungey style.

#### How have your frequent travels influenced you?

I have many favorite cities around the world that I love to go back to, after having lived in so many different places over the past 20 years, like Barcelona and Singapore. I hope that influences how we look at our brand programming because, ultimately, that's how our guests are, too. They're travelers and culture-seekers.

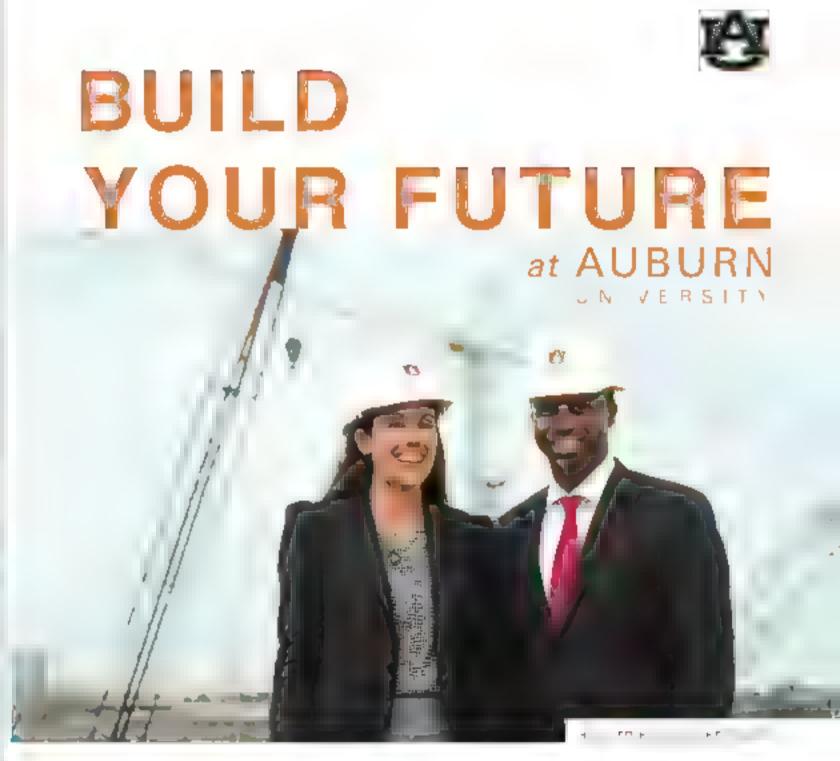


#### EDITORS' PICK

#### Living in the Age of Airplanes

In the space of a hundred years, we've become a people who yawn during takeoff, shut our shades to cloud-top views, and study spreadsheets as we soar through space and time, numbed to the magic of air travel. In just 47 minutes, Living in the Age of Airplanes both illuminates and remystifies the experience. Narrated by Harrison Ford and with original music by composer James Horner, the film uses breathtaking visuals from all seven continents to provoke a new appreciation for aviation and how it affects our lives. It is a beautiful reminder to a ways fly with wonder our planes movie com





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#### NICK HORWEEN

His fam .y's love of eather has lasted for five generations.

"BASICALLY, WE MAKE LEATHER the same way that we did when my great great-grandfather founded the company in 1905," says Nick Horween, vice president of Chicagobased Horween Leather Company. A signature product is the shell cordovan; Horween is the last company in North America to craft this exceptional product that serves as a foundation for beautifully crafted men's dress shoes. The finished horseh.de cordovan takes six months to produce and is spectacularly durable. Notes Horween, "If you treat the shell cordovan right, it wil, last forever," While footwear accounts for 40 percent of Horween's business, sporting goods are the firm's other staple. "We are the exclusive purveyor of leather for professional footballs made by Wilson. And we create leather for Spaulding basketballs and Rawlings high-end baseball g.oves," says Horween. You can also find Horween leather on Shinola watchbands, customized Motorola smartphones and New Balance sneakers and in smal. leather goods. Says Horween, "We never compromise our quality." -JASON OLIVER NIXON



#### HIDE & SEEK

Look for these leather influenced spots in Boston, NYC and London



Boston's nane-block Leather
District is now known rule he albek
urban lofts that occupy its former
19th-century tannenes.



Jutta Neumann crafts bespoke sandats, wallets and other small leather goods at her cast Village studio/vorkroom in New York City



Suparpinual The Leather

Exchange publishers exploring
Leathermarker Sineet in Condon's
bazzy Bermondsey neighborhood.

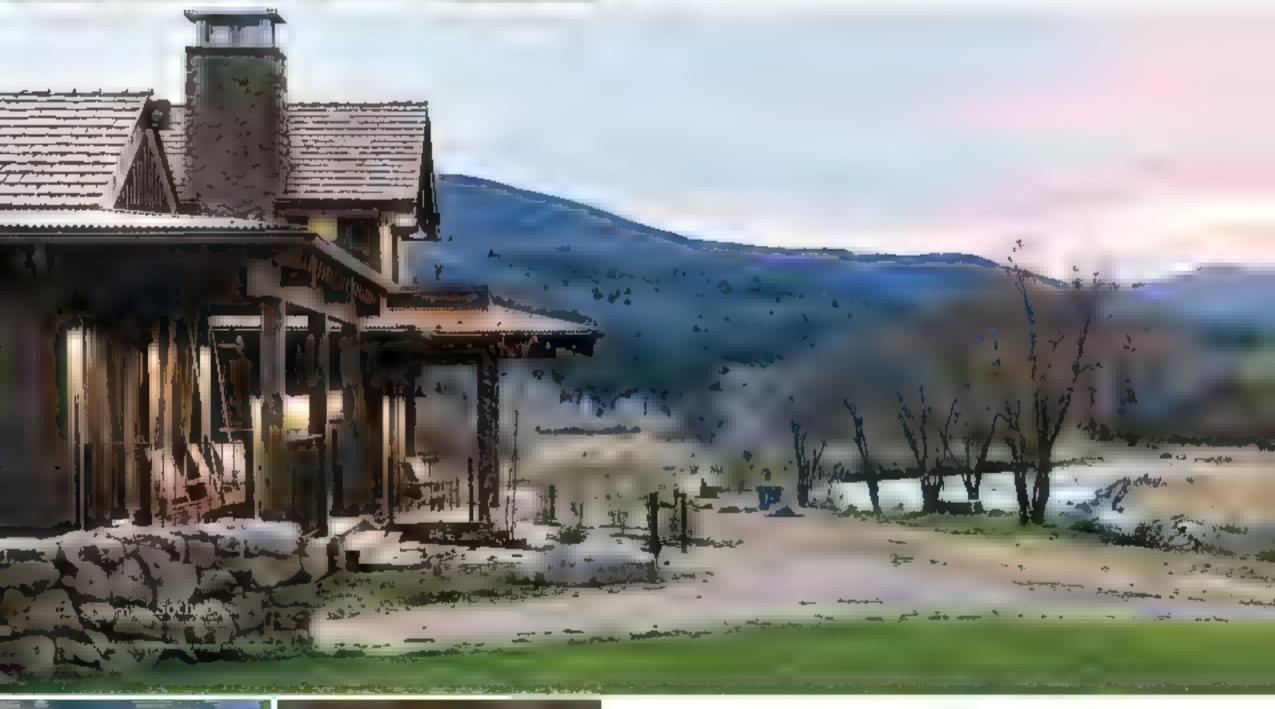


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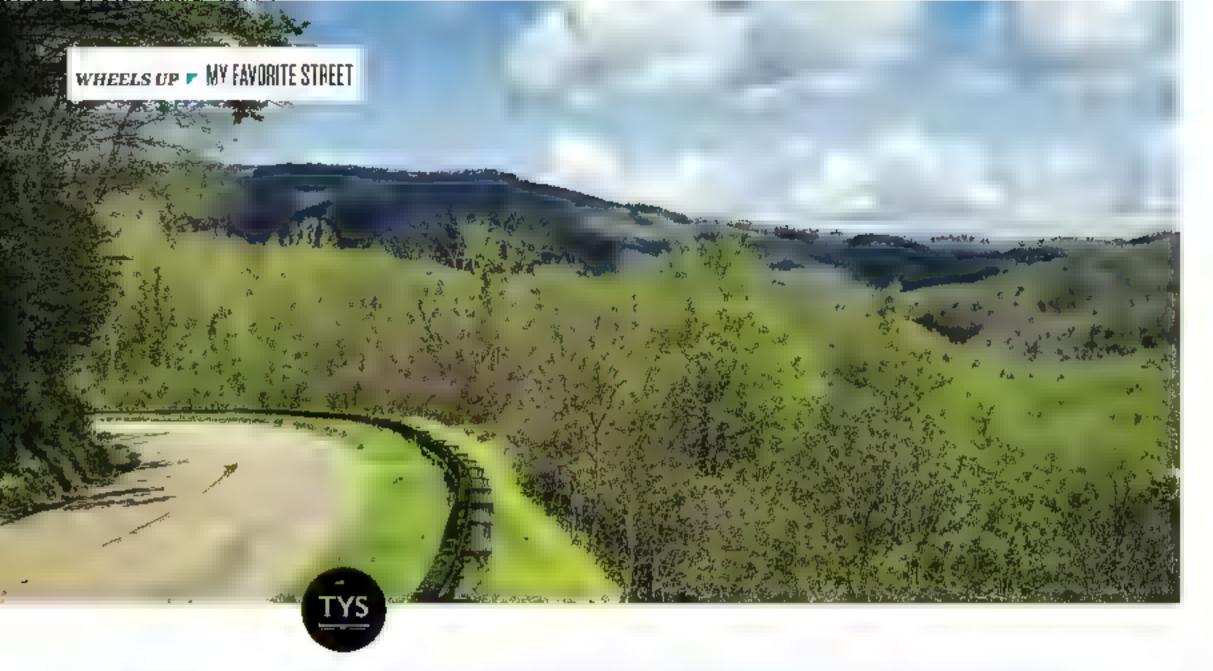








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#### DOLLY PARTON ON GREAT SMOKY MOUNTAINS PARKWAY IN TENNESSEE

country singer, actress and businesswoman—but she's never forgotten her Tennessee roots. When visiting her home state, she recommends taking the 40-minute ride southeast from Knoxville to the picturesque 14-mile Great Smoky Mountains Parkway. "It's the road home for me and into the Great Smoky Mountains, through Sevierville,

Pigeon Forge and Gathinburg," she says, Another reason to road trip? A decade ago, Parton told journalists she hoped to build a hotel one day on the grounds of Dollywood, her theme park in Pigeon Forge. Her dream is coming true with the aptly named DreamMore Resort, opening this summer, Visit, and you might just spot the icon herself. — JENNIFER BRADLEY FRANKLIN

#### Frank Alfen's Market & Grill

"It is a gas station with a grithat has become a loca hangout. They have the best slaw dogs in the county, and you might just see my bus parked there as I pick up unch."



#### Sevier County Courtboose

"A ocal artist named Jim
Gray created a sculpture of
me that sits in the courthouse
yard [The ded cation] was
one of the proudest
moments for my



#### The Old Mill

"They have some great fritters served with every down-home meal. What makes it spec al to me is this was one of the mills where my daddy would take our corn to be ground



#### Ripley's Aquarium of the Smokies

"This is a great family attraction with lots of fish and animals to see. They even have different exhibits every year. My nieces and nephews love it."

#### COORDINATES

O Frank Allen's
Market & Grill
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Sevier County Courthouse
125 Court Ave Sevierville

seviercountyIn.org

The Old Mill 175 Old M Ave Pigeon Forge ald mill.com

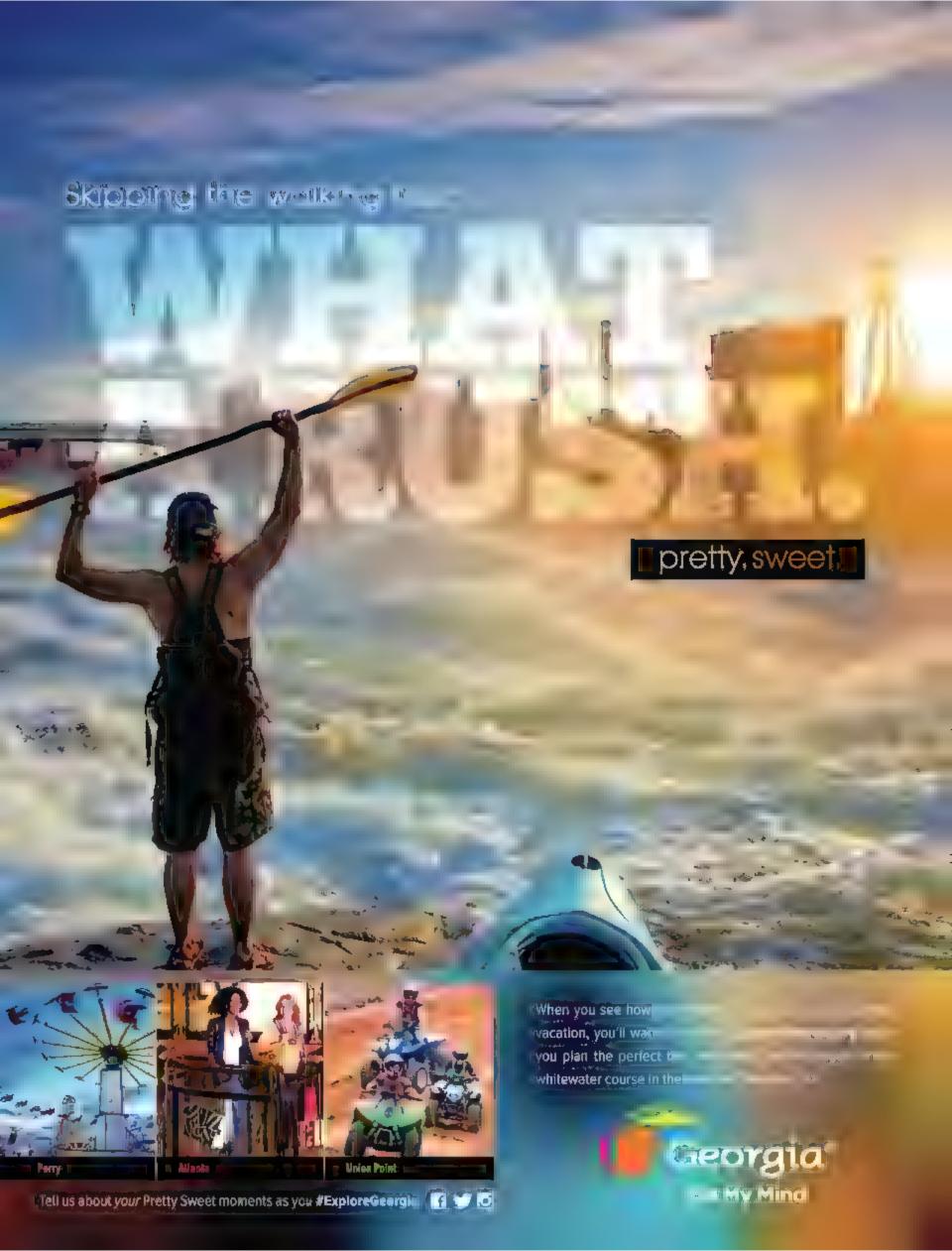
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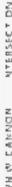
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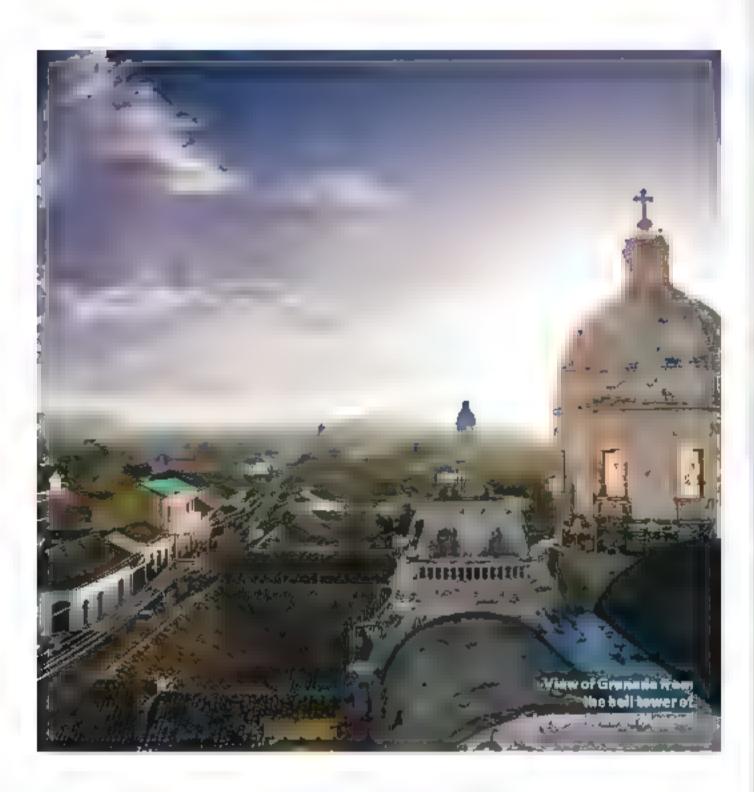
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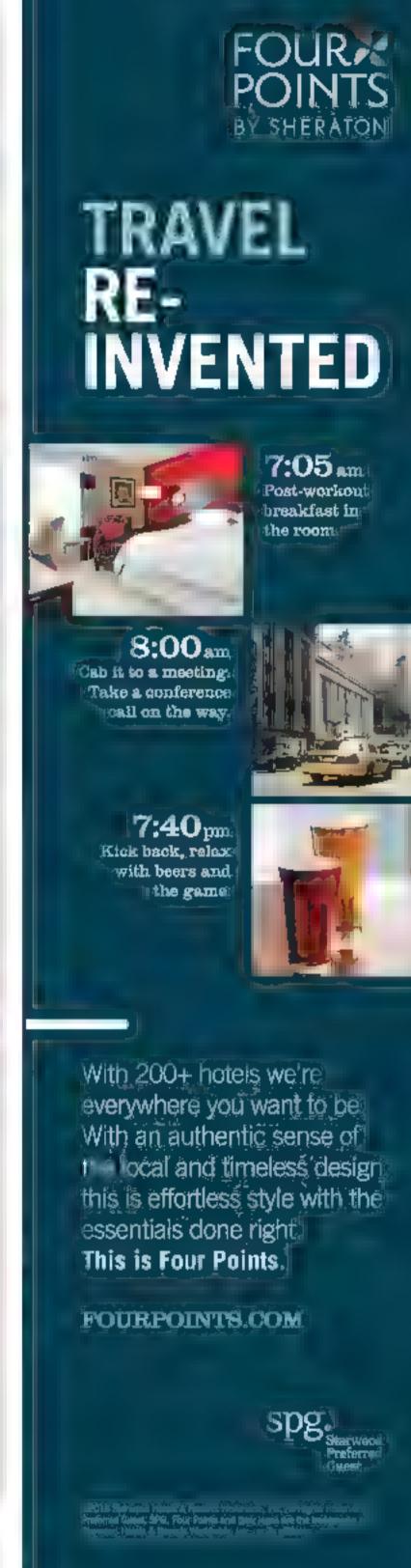
## FINDING INSPIRATION ON THE ROAD

The designers behind fashion labels Work Morais and Ruffian take. a creative pilgrimage to Nicaragua by BRIAN WOLK & CLAUDE MORAIS

PEOPLE REGULARLY ASK US where our inspiration comes from. Often it's found in a piece of artwork, an old film or a girlfriend's sense of style. but more frequently it strikes when we're someplace unfamiliar. When our dear friend restaurateur Jean-Marc Houmard and his longtime collaborator Yvan Cussigh invited us

to Tribal Hotel, their new seven-room boutique property in Granada, we felt the urge to investigate in search of a muse for our next collection.

After landing in Managua, Nicaragua's capital, we headed southeast one hour to Granada, the nation's cultural center. Arriving at night was a magical experience. Like Puck



## SEE THE WHOLE COLLECTION







clockwise
FROM TOP
LEFT: Authors
Brian Wolk
and Claude
Morais; The
central market;
An artisan
makes pottery
in Granada; El
Cementerio de
Granada.

in A Midsummer
Night's Dream, we were transported to another universe, one that was luxurious yet unpretentious. Through the villa's wrought iron gates, we spied a black and white

tiled fover filled with indigenous Nicaraguan smoked pottery, modern Central American art and exquisite artist-designed furniture and knew our pilgrimage would be fruitful.

A labyrinth of sights, sounds and smells, Granada is a city that maintains a unique, unspoiled identity. The clip-clop of horses and oxen provided an idyllic score for our stroils through the colorful central market. Our ascent up the spiral staircase.

to the bell tower of La Iglesia de La Merced revealed panoramic views extending from the shores of Lake Nicaragua to the mountains cloistering the city to the north.

We also enjoyed studio visits with local artists and craftspeople. We meandered through pastel-painted colonial streetscapes to the outskirts of town to discover El Cementerio de Granada, thought to be Central America's oldest and most extravagant burial ground. Promenading through the meticulously manicured paths of these ethereal memorials truly connected us to the spirit and distinctly decorative nature of the city and its people.

As our journey ended, we reflected on what we had discovered a land of enchantment, warmth, nature, beauty and endless inspiration.





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## PICK-POCKET PROOF PANTS

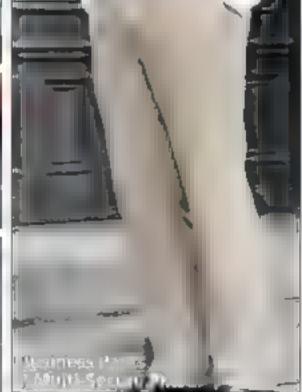
"Go ahead, just try to pick the pocket of these pants." - LA Times











"Foil pickpockets: Wear Clothing Arts' Pick-Pocket Proof Pants and thieves won't get their sticky fingers on your travel essentials," USA Today

"Great for places where pickpocketing is a real concern. Since they're wrinkle resistant and quick drying, they're ideal for the rigors of travel." Smarter Travel A: All Styles Feature Hidden Passport Pockets with 2 or 3 Levels of Security B: Duai 5:de, Internal ATM / Credit Card / Smartphone Pockets. Will Fit 6" Phones. C Nature-Like Nylon Fabric, The Look & Feer of Cotton With All the Benefits of Nylon (Water/Stain Resistant, UPF 50+)

19 Stopped Pick-Pockets Since '12 | ClothingArts.com \_ 646 422.9222

## JUNE 2015

A taste of what's happening around the world this month.

CHATTANOOGA Monet and American Impressionism

explores the Frenchman's influence by weaving his works among those of 25 U.S. art sts. Hunter Museum, June 27-September 20 hantermuseum.org

#### EDMONTON

Catch the kickoff game of the month-long FIFA Women's World Cup fournament. featuring 24 of the world's best teams Commonwea th Stadium, June 6, fito com-

ROCHESTER, NEW YORK

High school ensembles and Grammy artists alike are among the 1.500plus performers at the Rochester International Jazz Festival. Various locations, June 19-27 rochesterjazz com-

#### ST PAUL

With a full sized mockup of the International Space Station Destiny Lab and exhibits on astronaut life, Space: An Out-of-Gravity Experience lives up to its name. Science Museum of Minnesofa. Through September 7 smm.org

#### MADRID

Shots of political uprising, Mexican culture and the westernization of the Amazon help. bring this year's catin America, themed PHotoEspaña show to life. Various locations June 3-August 30, pheles

#### LOS CABOS

The Los Cabos Open of Surf draws crowds with local eats and the chance to spot the top names in the sport. Zippers Beach, June 15: 21 loscabosopenofsurf.com

#### PARIS

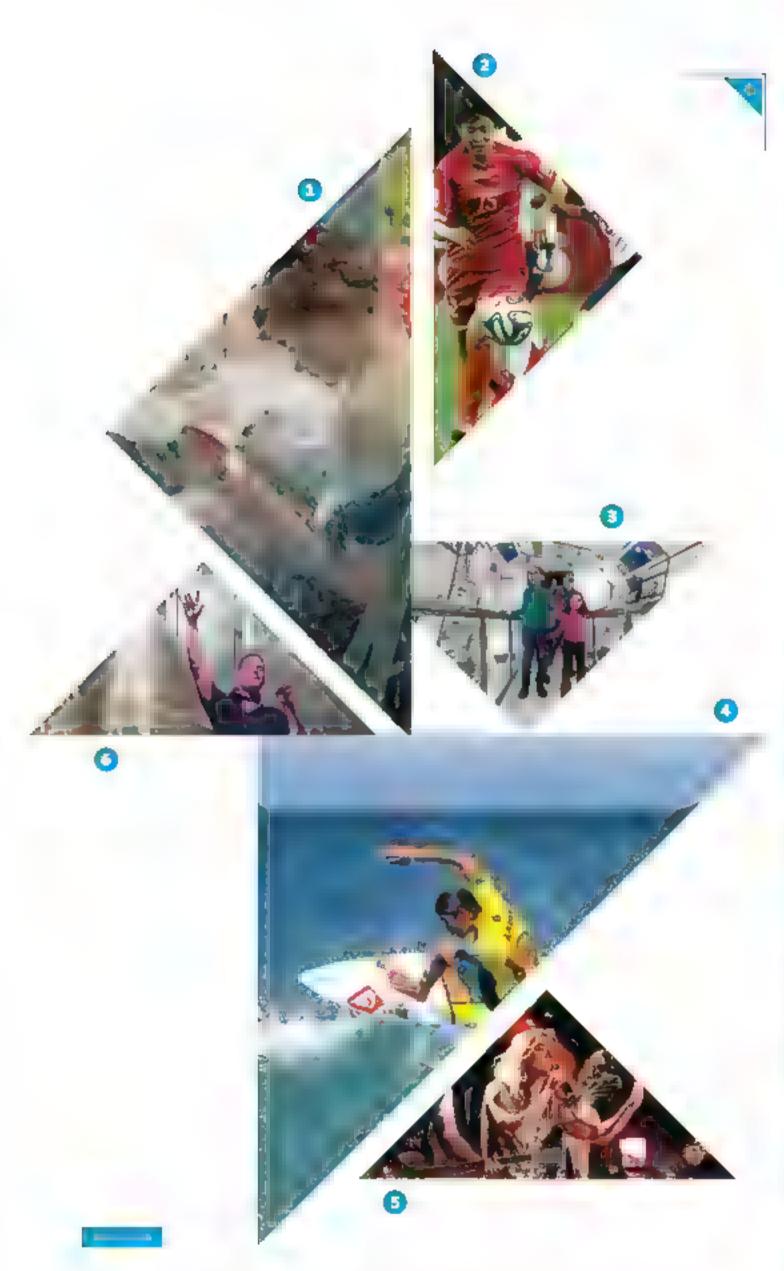
Emoy Opéra En Plein Air's outdoor. performance of Verd is La Traviata amid the romantic fountains and greenery. of the Domaine de Sceaux Park and Museum, June 12-13, operaenplemair com-

#### NASHVILLE

Country fans flock to the CMA Music Festival for block party-style entertainment and free concerts from their favorite crooners. Downtown Nashville June 11-14 cmafest.com

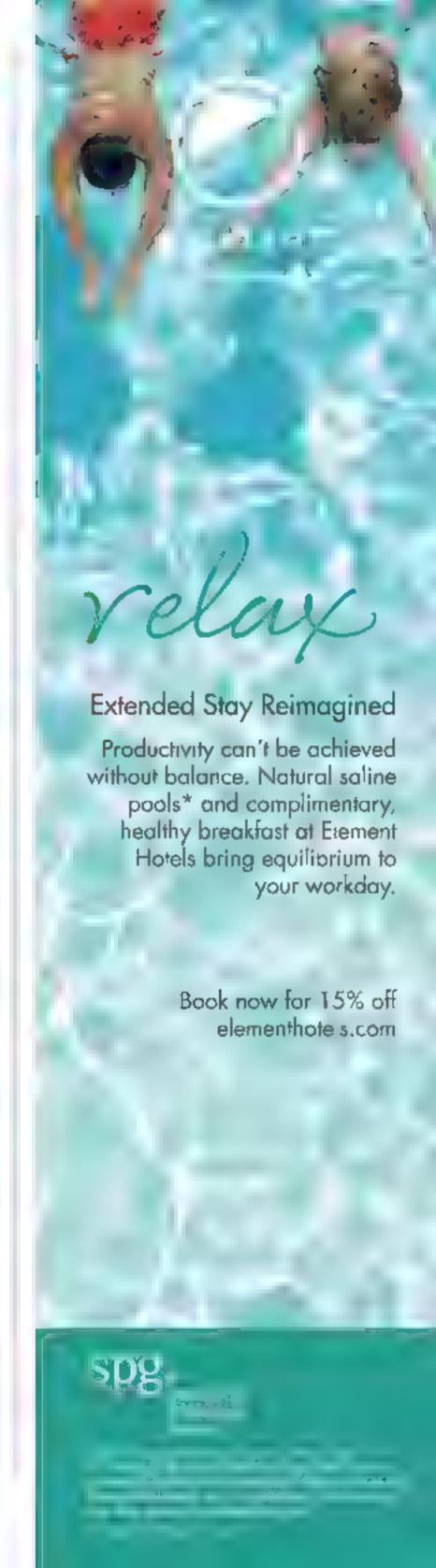
#### MILWAUKEE

An m-day party. Summerfest is the music scene with hundreds of acts including head iners DJ Kaskade and The Rolling Stones Henry Majer Festiva Park June 24-28, June 30-24 y 5, summerfest com

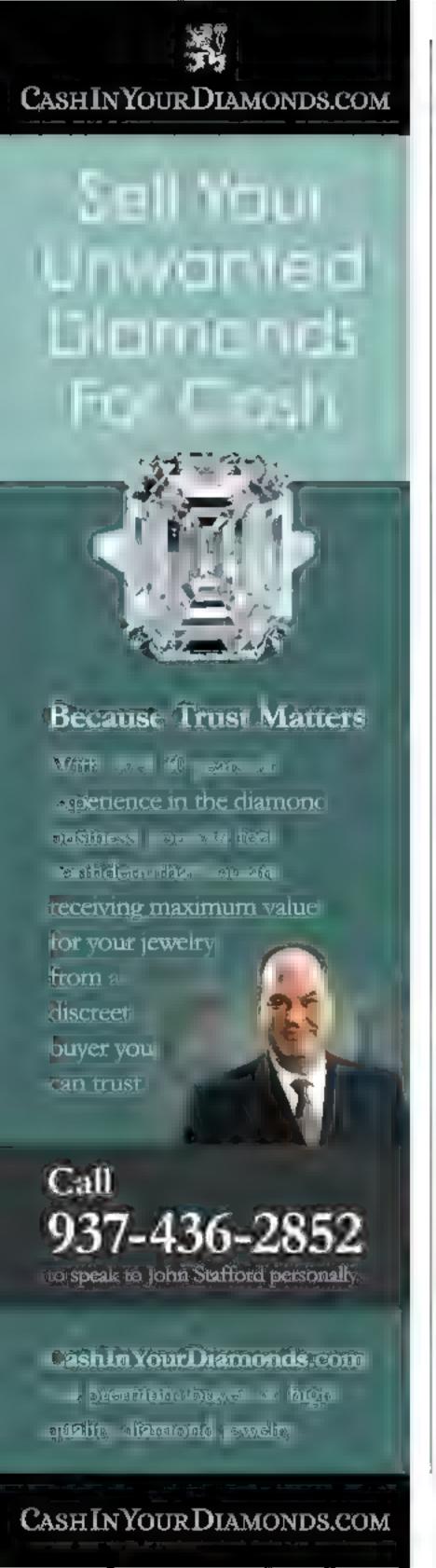


"TO WATCH PEOPLE PUSH
THEMSELVES FURTHER
THAN THEY THINK THEY CAN,
IT'S A BEAUTIFUL THING
IT'S REALLY HUMAN"

—A8BY WAMBACH, 2012 FIFA WOMEN'S WORLD PLAYER OF THE YEAR AND TWO-TIME OLYMPIC GOLD MEDALIST IN SOCCER







## MAKING SAFETY A LAUGHING MATTER

double-rainbow enthusiast, a Roomba-riding cat and a screaming goat (among others) to appear in its latest safety video, launching this month. "We always want the content to be fresh and engaging to make sure our most frequent travelers are paying attention to the safety features," says Mauricio Parise, Deita's director of worldwide marketing. Who better to grab eyeballs than 21 of the Internet's most viral personalities from the past decade, whose antics have racked up more than 1.7 billion total views? In choosing its cast of characters, Delta's goal was to make sure that each passenger could identify at least one of them. So don't worry if Marnie the Dog, Overly Attached Girlfriend or Nyan Cat makes you scratch your head; you'll shortly spot the kids from "Charlie Bit My Finger," a keyboard playing cat,



the Ice Bucket Challenge or a dramatic chipmunk that will bring the joke home. The video was shot over five days in Seattle and is the third themed safety presentation, following successful holiday and '80s videos, Insider tip: Make sure to watch all the way to the end for an extra laugh.



To view the video and a list of everyone who appears in it visit deltasafetyvideo com.

#### Home-grown Talent

Five Delta employees
appear in the video Flight
attendants Queshan Hayes,
Tyler Dobshinsky and
kristen Clary and prot Bryan
Dickerson earned spots
after a multiround audition
process. "Delta" na" Kathernellee also shows up.

#### **Animal Wrangling**

Similar to Hollywood films, the Delita video required some actors to have doubles. Because a hamster can only learn one trick at a time, that role was played by two animals, one a burrito-eating fiend, the other a tray table-stowing passenger.

#### Special Effects

Sometimes there's a
 downside to being computer generated. While most of the video stars met on set. Nyan
 Cat. Annoying Orange. Oogachaka Baby and the Peanut Buttervelly Time banana had to wait until postproduction to join the party.



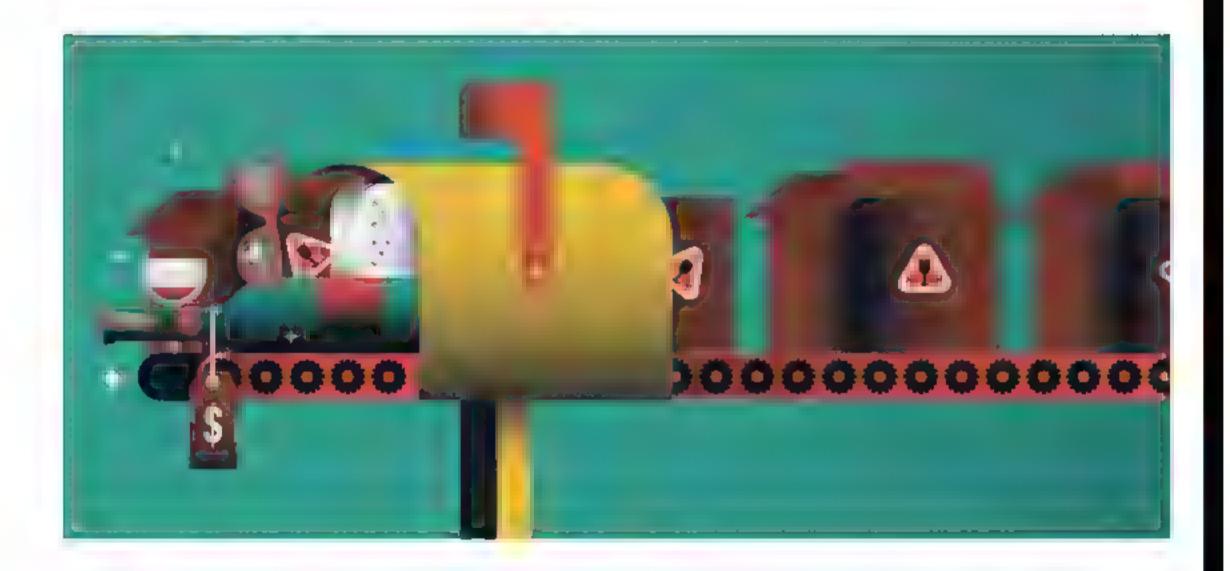
#### MEDALLION PICK

#### MILLENNIUM BOSTONIAN HOTEL BOSTON

"The [hote ] has an excellent location "
says Diamond Medallion member Sean
Carroll of Marietta, Georgia "It's within
walking distance to the North End for
great lood and right across the street
from Faneu Hall The on-site restaurant
also makes delicious English muffins"







# DISRUPTING THE SUPPLY CHAIN

FROM MATTRESSES TO MERLOT, A NEW WAVE OF E COMMERCE START-UPS IS RESHAPING THE WAY WE SHOP. BY ALLISON RAPLAN



ander Oxman is co-founder and CEO of Club W, an online subscription service that is reinventing the

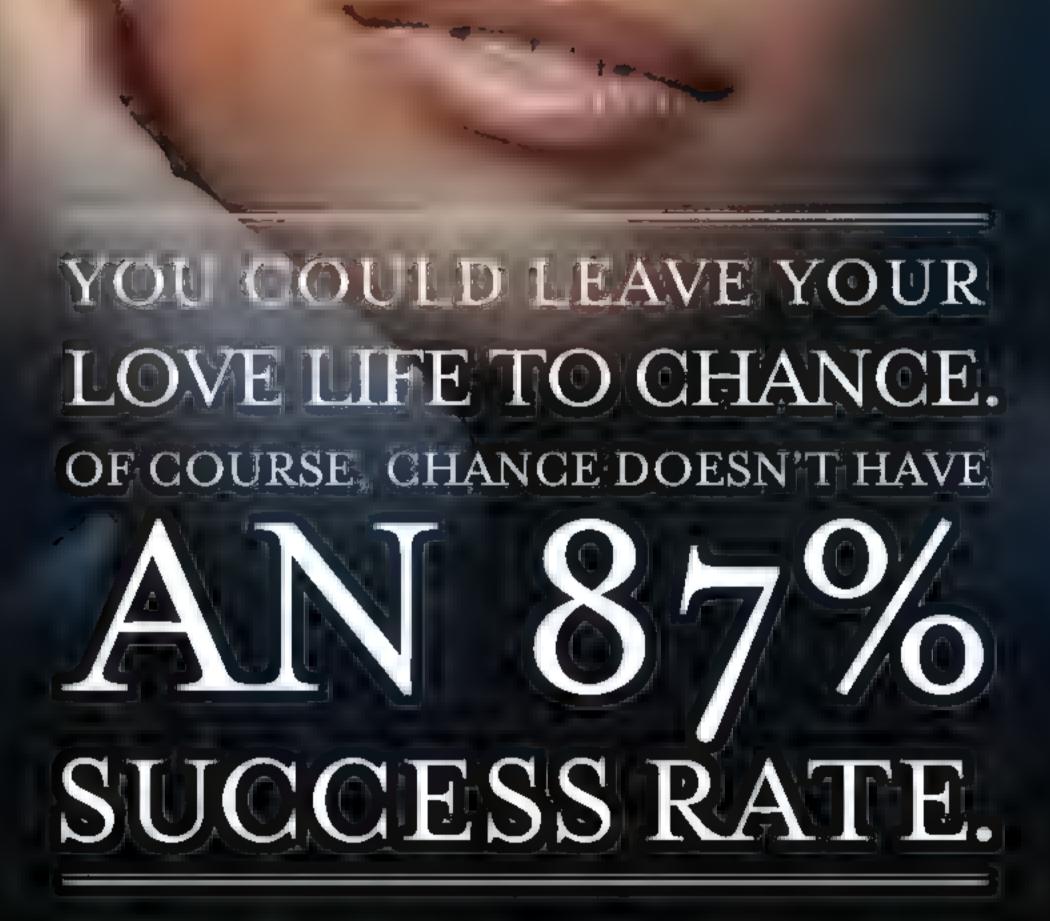
wine shopping experience by using algorithms to match customers with wine selections based on their palate. Oxman is no wine snob—before Club W, he cops to playing "wine roulette," selecting whatever bottle looked good on the shelf (with disappointing results). If anything, the 36-year-old Southern Californian is a shopping snob. "I have an absolute aversion to going into stores, i'm used to being able to order what I want on my phone and have it show up on my doorstep."

In other words, he thinks like a millennial and relishes Amazon Prime. Wine was one of the few items Oxman wasn't buying online. Nor were his two Club W co-founders According to their research, less than 2 percent of U.S. wine purchases were being made online. Plenty of websites were selling it, but none offered what Oxman and his partners considered an engaging experience. A Warby Parker-level experience.

Warby Parker, the five-year-old eyewear company, which was valued at \$500 million two years ago and now is believed by some analysts to be worth \$1 billion, has become the gold standard of direct-to-consumer brands built on the Internet. Viewing the supply chain through Warby Parker's stylish frames (starting at \$95—including prescription'), a new class of entrepreneurs is reimagning

all sorts of mundane purchases, from sweatshirts to mattresses to bottles of cabernet, making the process more efficient, the prices more affordable and the products hipper.

The buzz around several of these post Warby Parker e commerce brands is enough to make the J.Crews of the mall nervous. On the apparel company American Giant's hoodie has been described by numerous media outlets as the "greatest hoodie every made," Everlane's first collection of women's trousers (slimor slouchy) had a 12,000-person waiting list before they even launched online a few months ago. Casper delivered \$20 million worth of mattresses in just 10 months with minimal advertising-thanks to social media buzz generated by well-rested



SELECTIVE SEARCH

EXECUTIVE SEARCH MEETS PERSONAL MATCHMAKING

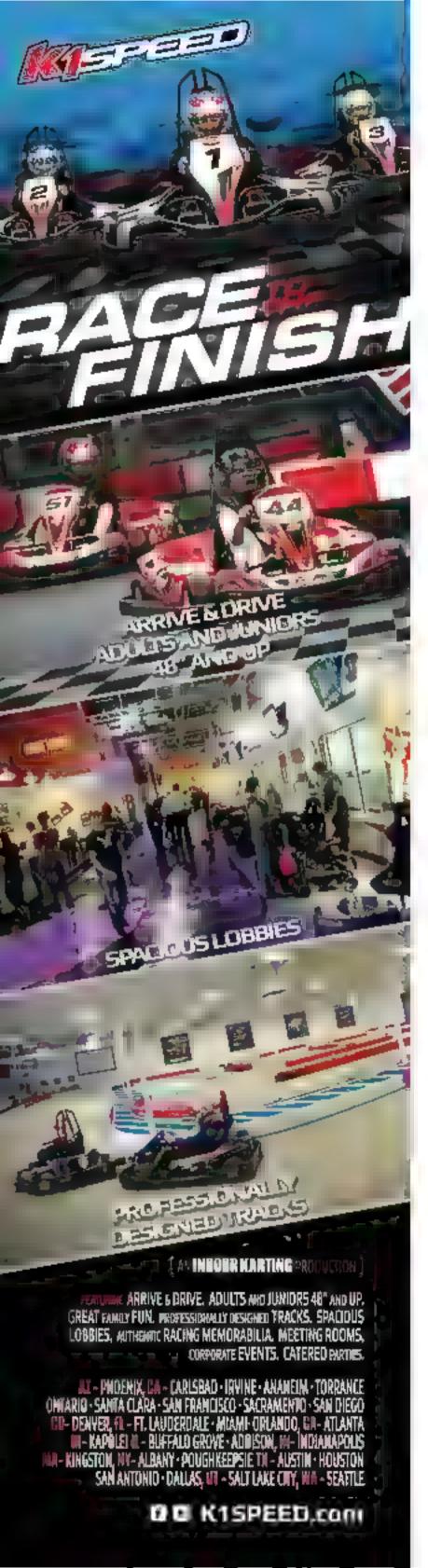
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Barbie Adler Founder & President





customers, which encouraged mainstream media buzz.

"I'm a big believer that people who make products and sell them to customers are the wave of the future," says Casper co-founder and CEO Philip Krim, who had worked in the mattress industry long enough to loathe its lack of transparency. Much like Warby Parker's founders disrupted the traditional eyewear market, Krim and his four partners, including a former designer for the lauded innovation consultancy IDEO, developed a new mattress with a patent pending combination of latex foam and memory foam. Casper's team believes this mattress is so universally comfortable that they offer just one model, starting at \$500 for a twin. And in answer to traditionalists who believe you need to lie on a mattress before buying it, Casper offers a 100-night trial and will pick up unwanted mattresses for a ful, refund, Krim says very few have been sent back.

While reviews of the Casper mattress have been positive, the buzz about the brand encompasses the entire experience, from the modern design of its website and droll messaging ("Our mattress meets the coveted Goldilocks standard of 'Just right.'") to bicycle deavery in New York City, and the way compressed mattresses pop out of compact boxes—an event that screams for live streaming.

"You have to leverage the digital experience," Krim says. "We hear our customers. We want to control as much of the experience as we can. Selling through a third party, you lose that element of control."

And whatever the merchandise, the formula for these e-commerce brands is consistent: Keep the focus narrow. Manufacture an exclusive product. Cut out the middlemen to undersell traditional competitors. Cultivate a relation ship with consumers.

Club W bottles all of its own wines 50 are available at any given time—and ships them direct to subscribers. Monthly subscriptions start at \$39 (plus \$6 for shipping) for three bottles of wine. That's less than you'd likely pay for similar quality at the liquor store. But

what really appealed to investors—to the tune of more than \$12 m.llion in two rounds of funding—is Club W's curation process. It starts with a 30-second survey that asks about taste preferences, from how you take your coffee to whether you like citrus. As Club W subscribers rate the wines they receive, their "palate profile" becomes even more refined.

"The ability to collect information and ratings from consumers in a custom, bespoke way is very different than old-school subscriptions where you just got a box, with no ability to modify," says Kent Bennett of Bessemer Venture Partners in Boston, a Club W investor. "Connecting with consumers as a digitally native brand and helping them through a curated experience—that's a trend we think is really interesting."

But it isn't easy—or cheap Club W faced myriad challenges shipping wine, from regulations to weight. Bennett says the direct to consumer model may not be viable for some lower priced items. "The biggest pitfall for businesses is getting too focused on the microeconomics of box margins," he says. "The real secret is having an amazing product, When you sell consumers an amazing product, they tell their friends. That's driving success in these businesses."

The more things change, the more they start to look familiar. Warby Parker now has 19 physical stores across the country, including several showrooms within other stores. Casper has already opened showrooms in New York and Los Angeles. And despite Casper CEO Krim's assertion that no one needs to try out a mattress before buying, he acknowledges the showrooms have been tremendously successful. "It's not traditional retail," Krim says. "It's more about coming in and learning about the bed, and having a mimosa, or doing yoga with us on a Saturday, If you're going to spend the time, it needs to be an enjoyable experience."

When it's time to place an order, Casper showroom visitors are referred to the website. "But if someone really wants to take a mattress home with them, that's supereasy," Krim says. "We'll just send them in an Uber."



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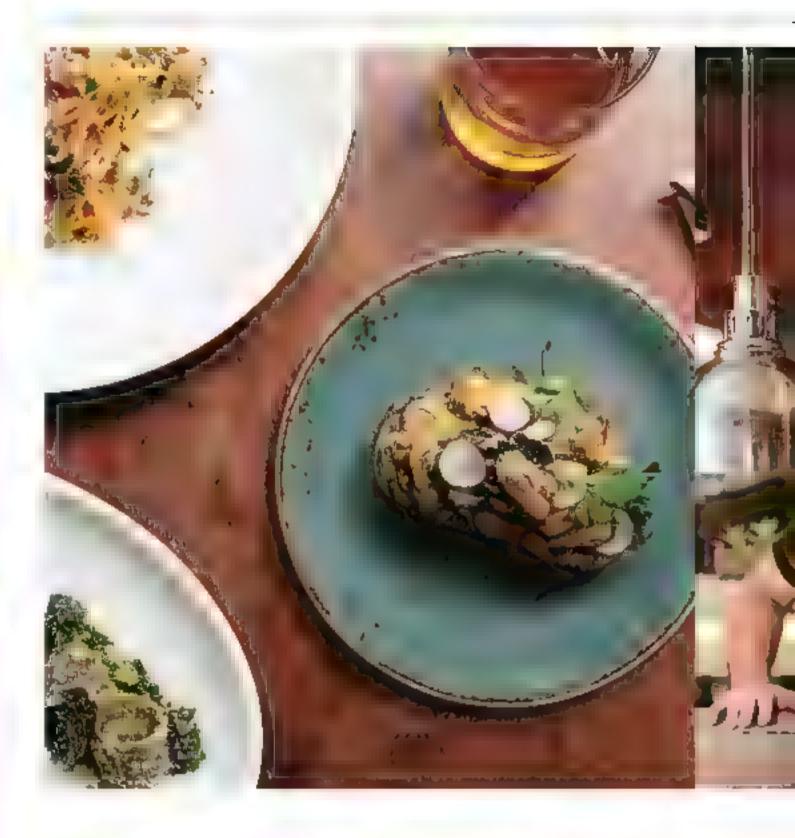






#### Fork and the Road





# TALK OF THE TOWN

CHEFS MICHAEL SCELFO AND MATT JENNINGS HAVE OPENED TWO OF THE BUZZIEST SPOTS IN BOSTON, BY ANDREW ZIMMERN

B

eantown's food scene
is hot right now—
and for reasons beyond oyster shooters,
clam chowder and
grandma-approved

Italian cuisine.

Some of the country's most important chefs call the city home, including Barbara Lynch, who in the late '90s opened No. 9 Park, a Mediterranean-inspired Beacon Hill restaurant that's as relevant today

as ever. Around the same time, Ken Oringer debuted Clio, the French fine-dining concept that earned him a James Beard award. More recently, we've seen Tim Cushman redefine Japanese food at O Ya and Jamie Bissonnette (along with Oringer) open Coppa and Toro, inspiring a new generation of chefs to make serious food in a less serious way

But to understand what's happening in Boston right now, look to two chefs who have recently made their





mark with restaurants of their own, where they're treating some of the best food in America.

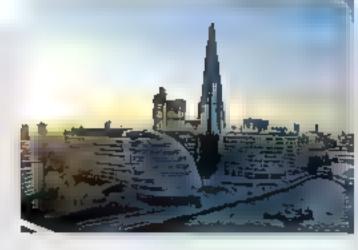
Michael Scelfo grew up in a food obsessed household, which helped ignite his love affair with the culinary arts. He attended Western Culmary Institute, cooked at Wildwood Kitchen in Portland, Oregon, and then started to look for a place to plant some roots, "My wife and I were newly married and were looking for a place to settle down. Boston seemed like a cool place," says Scelfo. "Then Jamie Bissonnette started getting a lot of recognition for his cooking, and that really opened the door for other chefs to start branching out creatively."

Scelfo worked in some of the city's best kitchens, most recently

#### **DESTINATION SPOTLIGHT**

#### **London Calling**

As one of the five most visited cities in the world, England's capital has no shortage of attractions to keep visitors busy from sunup to sundown and beyond. Even if you forgo the obvious (London Eye, Big Ben, Buckingham



Palace), you'll stir have more than 300 museums and galleries, eight royal parks and more than 7,000 pubs to experience—not to ment on the city outliers (think Stonehenge Bath and Salisbury). Let Delta Vacations take care of the agenda for you, organizing your flight, lodgings (the company represents 85 London hotels) and your choice of more than two dozen cultural tours and excursions—so you can see their test without the stress of planning deltavacations.com



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## FASHIONfocus

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1 Best way to drive

- 8 Manages the tough times
- 13 Harper or Bertinelli
- 14 French wine valley
- 15 Best place for fashionable evewear
- 16 On the letters
- 17 Ending with video
- 18 Fash on con with
- saucer-shaped eyeglasses
- 20 Happy-ciam link
- 21 Regal initials
- 22 A bit of cheese, perhaps
- 25 Have the sniffles
- 26 "That proves it!"
- 29 Documentarian whose last
- film was about 18- Across
- 33 Precious stone
- 34 Piece of history
- 35 Hunting bird
- 36 "\_\_\_ to Extremes" (Billy Joel hit)
- 37 Dallas school, for short
- 39 Fash on \_\_\_\_ of Technology
- 43 Surfing need, briefly
- 46 Jeans or jacket materia
- 47 Flamboyant fashion sense
- 49 Licorice flavored builb
- 50 Cheese holder
- 51 Sieek fabric
- 52 Do a printer's work

1 Not sans

- 2 \_\_\_\_ hand on (touch)
- 3 Grades K-6 (abbr.)
- 4 Gray-clad soldier in the
- 186os
- 5 Three, in Paree
- 6 Virgo's follower
- 7 "\_\_\_ can!" (positive mantra)
- B in no uncertain terms
- 9 Pizzazz
- 10 French cabaret singer Edith
- 11 One of the Great Lakes
- 12 Put on the market
- 19 LaBeouf of the
- "Transformers" franchise
- 20 Devoured
- 22 Grip
- 23 Ste n brew
- 24 PC XT maker
- 25 Doc bloc (abbr.)

- 26 It's put before the carte?
- 27 Cut down, as a tree
- 28 Propose a question
- 30 Routine used to stay fit and trim
- 31 A bit more than a jog
- 32 Moo\_\_\_\_pork
- 36 Formal way of saying "Just me"
- 37 Part of Derek Zoolander's "Blue Steel"
- 38 \_\_\_ Work (Australian band)
- 39 Lupino and McKinley
- 40 Baby gir, in Spain
- 41 State of pique
- 42 Scannable ines (abbr)
- 43 Gross, to a kid
- 44 Herding dog name
- 45 Dumas's dad
- 48 Put on a performance
- Solution at www.eyebobs.com/puzzle



LEFT: Beef crudo with confit egg yolk, sauce gribiche and chips. RIGHT: Townsman chef and owner, Matt Jennings.

at the always bustling Russell House Tavern. In January 2014, he opened Alden & Harlow in the iconic former Casablanca space in Harvard Square. The menu showcases simple and delicious dishes inspired by family meals, "It's an extension of your family's kitchen table," says Scelfo. "It's about passing and sharing plates in a lively environment. We wanted the food, drinks and service to all be top-notch but certainly not get in the way of having a great time with people."

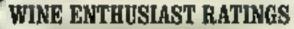
Alden & Harlow's design draws inspiration from Scelfo's home. "I live in an old colonia, house outside of the city, and it's kind of mishmashed," he says. That style is reflected in the restaurant. "There's subway tile, wood, brick, leather and iron. We've got cookbooks on display. We've filled the restaurant with the things we care about." The menu is equally homey, bringing to life inventive twists on mains and sides. Scelfo says vegetable dishes continue to be the most popular, especial ly the charred broccott served with butternut squash hummus, branco sardo and cashews. Other favorite dishes include crispy baby box choy with a 60-degree egg and walnuts; chicken-fried rabbit with celery, apple and blue cheese; and crispy pork belly with Anson Mills grits.

and critics, too. In its first year, Alden & Harlow made Bon Appétit's list of nominees for best new restaurants in America. "It's so great to see that when your head is down, working," says Scelfo. "The fact that people around the country are talking about what's happening in Boston is really flattering."

Another chef that Bostonians are talking about is **Matt Jennings**, my choice for "best chef more people should know about." After an incredibly successful run with Farmstead in Providence, Rhode Island, Jennings relocated his family to his hometown, "Moving to Boston was more







SCORE OUT OF 100 POINTS

Ketel One'

89 PTS POLAND

84 84<sub>PES</sub>

Grey Goose' 84 PIS Absolut'









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of a personal lifestyle decision than anything," he says. "Our family is here, and we missed the vibrancy of the city. There's an energy in Boston right now It's palpable."

In February, Jennings opened Townsman, which sits on a busy corner of downtown and boasts floorto-ceiling windows overlooking the Rose Kennedy Greenway. "I wanted to do a lively brasserie," he says. "It's a little more spirited (than Farmstead,, less fussy, more bold, full-flavored. We're having fun with it." The 4,500 square foot space includes a lounge for after-work drinks, a dining room and a patio. However, the 10seat crudo bar is Townsman's shining star. "It's a tip of the hat to the diner

"THERE \$ AN ENERGY BOSTON RIGHT NOW IT S PALPABLE"

-CHEF MATT **JENNINGS** 

culture I grew up with in the Northeast," says Jennings, who designed the diner-style counter with swivel stools to provide a ringside look at the kitchen. The food, how-

ever, is anything but short order offerings: house-made charcuterie, cheeses and crudo (try the hamach. with rhubarb, beets and green garlic). If you'd like something a bit more substantial, Jennings is especially proud of the Amish hen for two, served foot-on, drenched with black trumpet mushroom gravy and paired with chickpea gnocchi.

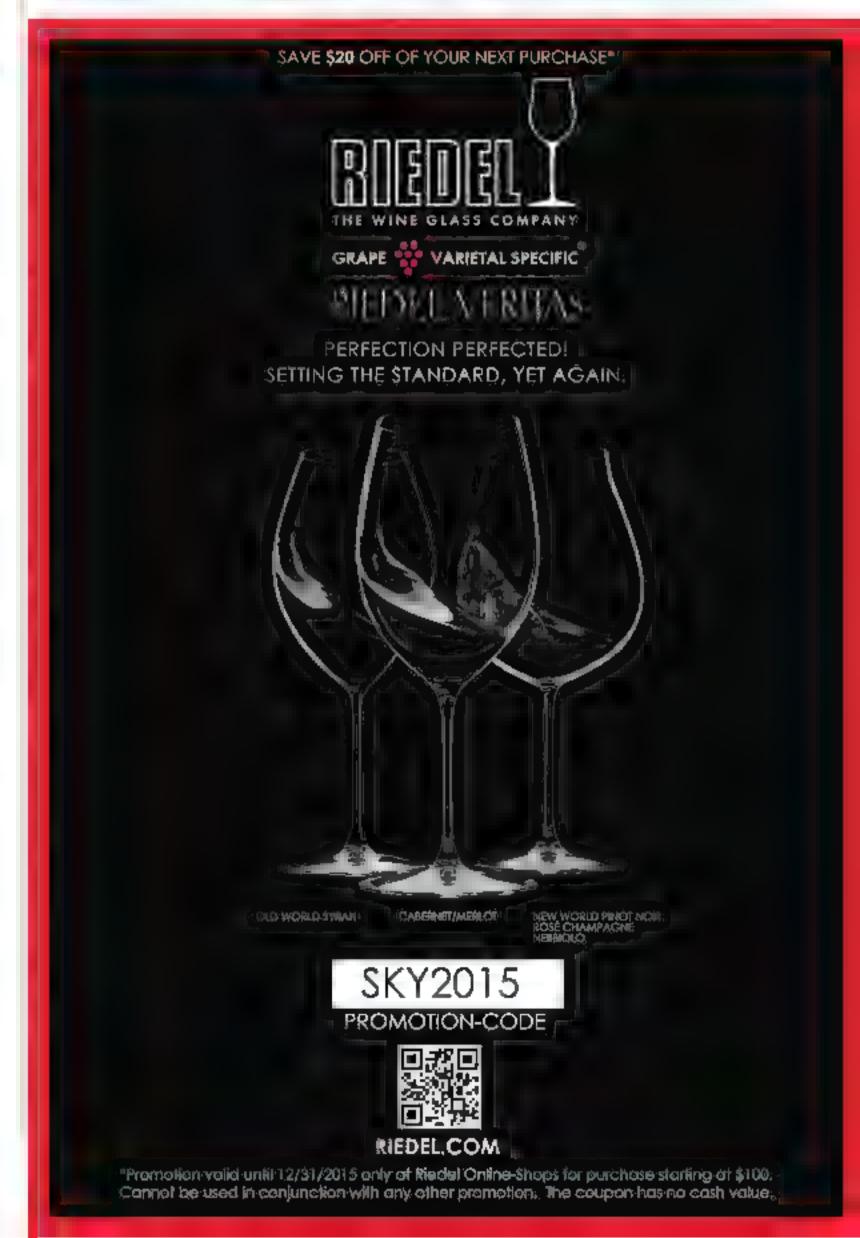
Of course, food is only part of what makes Boston a great place to cook and eat. "The thing that really sold me on moving back here was the convivia.ity," says Jennings. "The restaurant industry here is incredibly supportive. I think that's the most exciting aspect of owning a restaurant here right now."

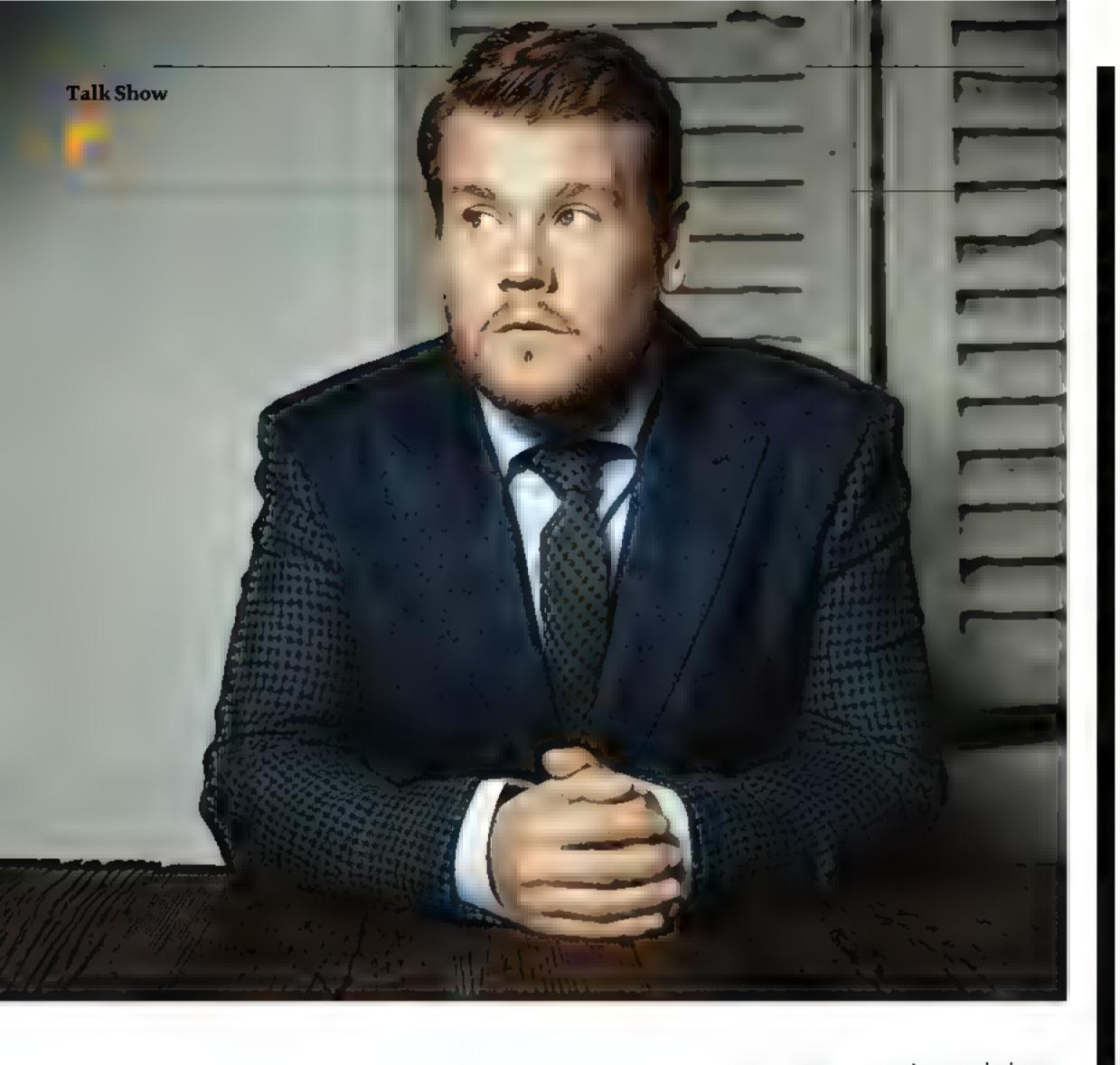
For more from chef, author and teacher Andrew Zimmern, host of Bizarre Foods on the Travel Channel, go to andrew zanmern.com.

#### PUZZLE ANSWERS



C YAO R C RHO DOGSOUT UST Ε AMPM os OODHOUND RE D





# THE PRINCE OF LATE NIGHT

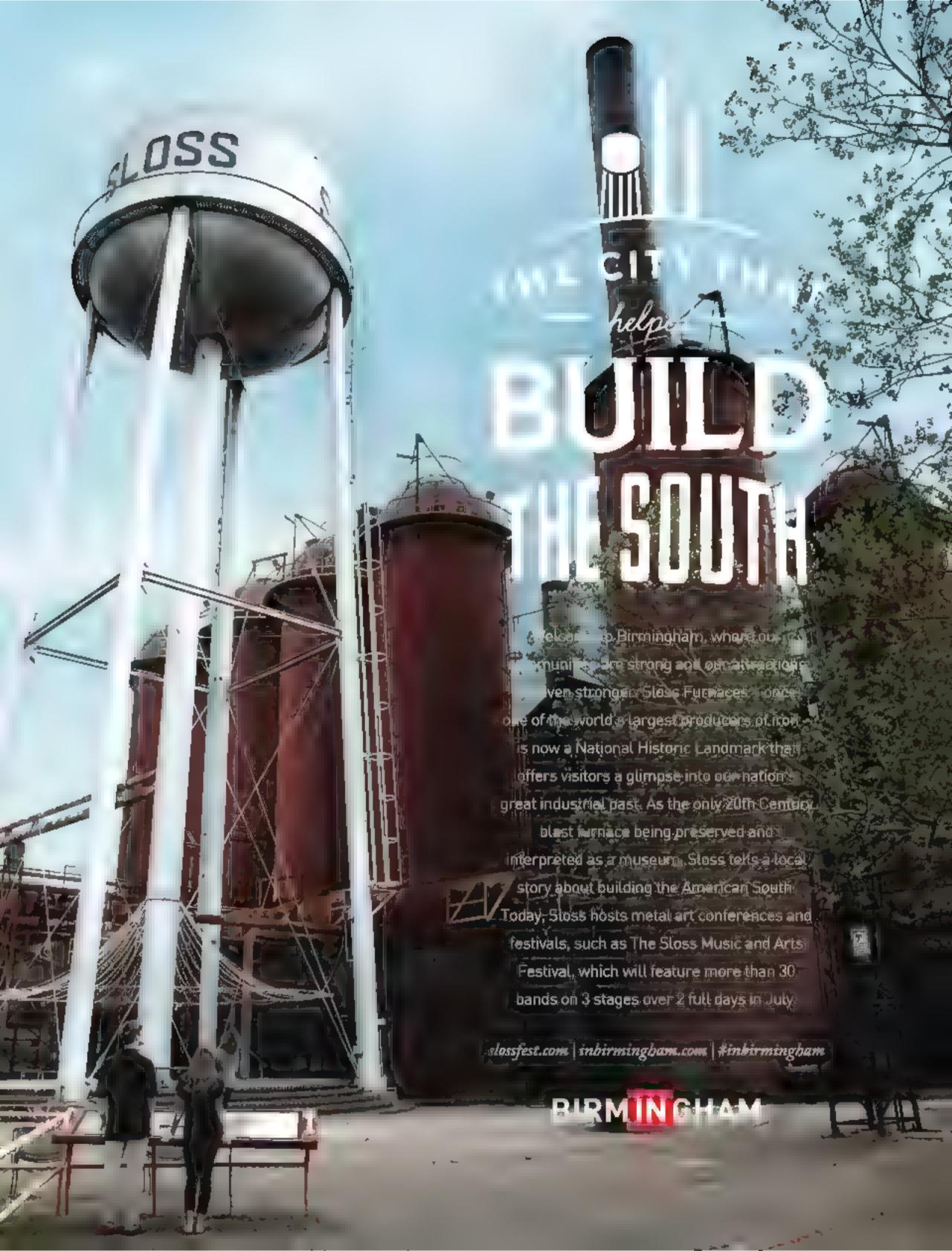
JAMES CORDEN IS BRINGING HIS NICE GUY APPROACH TO THE AFTERPARTY THAT IS THE LATE LATE SHOW.

BY STEVE MARSH



ere's so much churn in the late-night TV game of thrones right now that George R. R. Martin himself might struggle to

come up with the right metaphor. With Jimmy Fallon behind the desk at The Tonight Show and Seth Meyers landing Fallon's old spot at Late Night, Letterman leaving Late Show this May to be replaced by Stephen Colbert in the fall, and the forthcoming swap of Trevor Noah for Jon Stewart on The Daily Show, is this musical chairs or a changing of the guard? You would think television would be a little bet



RIGHT: Late Late Show bandleader Reggie Watts and Corden in a promo for the show, priow; Corden with guests Katle Couric, Emmy Rossum and Jeremy Piven on April 1.



ter at providing the appropriate level of ceremony. Perhaps James Corden, the 36-year-old Englishman who has been freshly ensconced at *The Late Late Show*, could have dressed up in a bearskin and a scarlet tunic when it was his turn to relieve Scottish host Craig Ferguson from duty.

Not that Corden has been anything but gracious and humble since CBS tapped his shoulders with its Late Late sword in 2014. "It's a real honor to be able to have such a voice," Corden says by phone, in the middle of his first week of shows. "And it isn't lost on me how lucky i am to be able to do this, it's overwhelming if I think about it too much."

Corden seems to have found his voice more quickly than other recent late-night talk show hosts. There's something about his show that seems perfectly calibrated to its 12:30 a.m. EST time slot: There is a bar, of course (something that Jimmy Kimmel experimented with when he first got the ABC gig); and he's found a weirdo band teader, the surreally Afro'ed electronic music comedian Reggie Watts; and the guests all cram onto the same couch each night (possibly another British import—we've seen this before on the BBC's The Graham Norton Show). None of those things is really new to the format, but together they create an atmosphere.

After watching a couple of shows, what's most distinctive about Corden's Late Late Show is the afterbar vibe—and you suspect that's coming from the host. This makes sense: When you're at an

event and the host drops an f-bomb—no big deal—or helps himself to one more drink or makes a fat joke at his own expense, you feel loose and conversational yourself. "Once people understand that you're not ever going to try to make them look silly, they trust you," he says. "We're never going to try to do you over in any way If anybody is going to look silly on our show, it's gonna be me." The best hosts not only make you feel welcome, they set the mood. Corden is very consciously applying this party fundamental to late night.

"When we were putting the show together, we would talk much more in terms of atmosphere than we would ever talk about a comedy bit," he says. "Mostly, we would just go, We have to give the show a reason to exist." Corden doesn't believe it is enough to "have a show here because there's always been a show here," so his team strategized about the context of their late-night environment. They held sessions where they discussed what Letterman would be doing with his show right before theirs. "What's the show that's on before us?" he asks. "We.l, it's a show in a 458 seat theater on Broadway. OK. Well, where would you go normally after you've been to the theater? You would go to a bar or a buzzy restaurant."

Corden should know: In 2012, he started in One Man, Two Guvnors on Broadway (he won a Tony for his perfor mance) and after the show, which was playing at the Music Box Theater, he

went to Bar Centrale on 46th Street. He's in show biz, but there's something very real about what he's doing. And that's an other thing about Corden: Unlike Jimmy Fallon or David Letterman-guys who seem not only born to host a show, but like it's the only thing they really could do—Corden has proven that he can do a lot of things. He's hosted an awards show, he's sung and danced on Broadway, he's acted in a blockbuster movie (he played the baker in Into the Woods) and he's created two original comedies for the BBC: the long-distance rom-(sit)com Gavin and Stacy and the comedic thriller The Wrong Mans. His career was actually blowing up in London before he left to host a latenight talk show in America, so you kind of wonder: Why leave all that for a late night talk show in America?

"For my family, this is a great thing," he says. "It doesn't matter when I get in, but I'm getting into bed with my wife and I'm waking up with my children [4-year-old Max and 7-month-old Carey]. Just to be a consistent and present father and husband is something that I'm very keen to be. And you know, I just don't think any child ever ends up in a therapist's chair going, 'My dad was just around too much! He just gave me too many cuddles on the weekend.'"

Corden is obviously a thoughtful guy and a careful thinker, but a lot of things come across as just this matter of fact when talking to him. There's a regular guyness that doesn't seem calculated, and

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TOP: Corden and Lilla Crawford, who plays Red Riding Hood, in Into the Woods. BOTTOM: Corden accepting a Tony Award in 2012 for his performance in One Man, Two Gurnors.

coconut waters," he says. When I wonder
if he's been forced to consider his new
audience, maybe even to strategize for

the transition between a British and
an American sense
of humor, he demurs. "I think that
today the world
is a much smaller
place," he says. "I
didn't grow up ever
seeing The Tonight
Show with Jay Leno
or the Late Show
with David Letter-

man because it never played in the UK, Whereas, now I have friends of mine who love Jimmy Fallon and have never watched an entire episode of *The Tonight Show.* I don't know about differences between British humor and American humor, I feel like if it's good, it travels."

you get the sense that he believes landing the Late Late gig wasn't a risk, but in fact that it was the obvious move: He believes it's going to make him a better father and might even have made him a healthier person. It seems to already have changed him physically: He's still a big dude, but he looks like he's in fighting shape. I ask him if the suits brought in a David Lynch late-night guru as they did for Louis C.K. on Louie.

"My whole experience could not be more different than those episodes, reality," ne laughs. "I didn't do a p.lot, I didn't do a test for the show, I never interviewed anyone until I interviewed

Tom Hanks and Mila Kunis [on the first show] I hadn't really done it. Lots of people have asked, 'Is it really like that? Have you had to jump through loads of hoops?' And I really didn't."

Moving to LA really doesn't even seem to have phased him: "I've had a few



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# WINEFLIGHT

ANDREA ROBINSON, Master Sommelier



y mom's college graduation gift to me was a mother daughter trip, and although had majored in business and was headed to Wall Street for a finance job, I chose a destination inspired by my personal passion for wine. Napa Valley Today as a sommelier and proud Napa local, highly recommend a visit here as a great grownup gift for your college grad or dad (or just for you). Who knows, maybe your

recipient will discover a new passion. or even an exciting new career path

That said, if the gift of wine country is a little too rich for your wallet, the gift of wine is a great backup plan. A thoughtfully chosen bottle offers the chance to create a memorable shared experience, and when it comes to wine, there is truly something for every budget and parate profile, from newbre to trendsetter to sophisticate. With that in mind, here are some wine gift ideas that span the style spectrum and are great for seasonal sipping:

Quaff: Sommeners (me included) love Riesling. It's ironic, then, that this grape lauded by wine geaks for its fruit-floral-spice complexity also happens to be the ultimate easy, summer quaff—especially if you go for German rieslings or others made in the same elegant styles. Bottles labeled Kabinett, Spatlese, off-dry or semi-dry will have a touch of sweetness. "Trocken" or "dry" on the label means the wine has no residual sweetness. But whether dry or slightly sweet, these wines are breezy summer in a bottle—a pretty nice gift, indeed. (My gift to you: If your summer vacation finds you in a Delta One seat, dry German rieslings from Villa Wolf or Dr. Loosen will fly along for your summer sipping pleasure.)

Cool: Among hipsters coast to coast, the white-hot wine of summer is actually cool and pink. Not the bubblegum pink of blush wines like white zinfandel, but rather the copper-streaked sunset hues of France's classic rose wines. No need to memorize the local grape names. With the region name Provence on the label, you can count on a totally dry wine with red wine-like spunk, and white wine

refreshment. Try one by the glass in selected Delta Sky Club locations, or ask at your local wine shop for some of their favorite picks to help you satisfy the savviest wine lover.



Classic: Perhaps the toughest person to please is the sophisticate, who may have been to Napa and begun to collect our great cabernets, many of which can cost a hundred bucks (and up) for a single bottle. For those of us whose gift budget needs a plan B, have the answer The largely unsung California cabernet heroes of the 2011 vintage. An atypically cool and rainy year, 2011 threw some vintners for a loop, with lower wine quality as a result. By contrast, some of the most seasoned winemakers took the weather challenge.

In stride, crafting wines with finesse and bewitching layers of aroma and flavor. The 201 Napa valley cabernets from Finog's Leap, Louis Martini and Antica Napa Valley, representing collectively more than a century of Napa know-how, are ready and yummy to drink right now with prime steaks and other summer grill grub. The 2011 Jordan cabernet from Sonoma's Alexander Valley is a silky and fragrant reminder of why this wine's fan base has never walvered since its inaugural 1976 vintage. (And if you're jetting through JFK's Termina 4 Sky Club, you can check out the 2011 Jordan cab yourself by the glass.)



# THE PERFECT PAIRING WITH TONIGHT'S DINNER.

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TO VISITORS, TOKYO CAN SEEM LIKE IT HAS MULTIPLE PERSONALITY DISORDER. For some, it's a sleek, futuristic metropolis full of high-tech gadgets (including the most state-of-the-art toilets on Earth). To others, it's a bubble gum-pop playground overrun by grown-up schoolgirls and Paris Hilton wannabes. There's its (much deserved) reputation as a design-forward fashion capital whose cutting-edge style attracts the global glitterati. And then, amid the steel-clad buildings and hypermanic commercial districts, is a destination that is increasingly embracing heritage and traditionalbeit with a distinctly modern twist.

# TNKYN



## DESIGN AFICIONADO



#### 4 WHERE TO STAY

#### Aman Tokyo

Adrian Zecha brought his Aman hotel brand to Tokyo's Otemachi business district last year The 84 rooms are modern, minimal and resolutery Japanese, from the sliding shaji screens to the bathrooms with black basait. furo amanresorts.com



#### **4 MIDMORN NG**

#### Aoyama and Omotesando

Take a turn through these neighborhoods, where jaw-dropping modern architecture (e.g., the Herzog & de Meurondesigned Miu Miu store). stylish boutiques and tashionable sorts abound.



## FOOD LOVER

#### W. FHETOS.AY P

#### Palace Hotel

At this imposing hotel overlooking the Imperial Palace, foodies get their fill thanks to exclusive epicarean experiences and diring options that read like a roll call of top chefs. en.paiacehoteltokyo.com



#### STERRED TO

#### Tsukiji Fish Market

Start the day with an early (early!) morning visit to Tokyo's famed fish market to see tuna. auctioned off for tens of thousands of donars. Then enjoy a sush. breakfast at Sushi Dai, ust outside the gates.





## **FAMILY** TRAVELER



#### ■ W HERE TO STAY Four Seasons at Marunouchi

Some of Tokyo's largest standard guest rooms—plus kiddle bathrobes, nighttime milk and cookie deliveries and menus designed for young ones—make this 57-room hoter a family favorite, fourseasons.com







## TRADITIONALIST.

#### WHERE TO STAY D

#### Sukeroku no Yado Sadachiyo

This tiny ryokan (a traditional inn) in the heart of Asakusa. brings all the character of the distinctly Japanese lodging option, right down to the 20 tatami rooms with their futons, shoji screens and low-to-theground tables, sadachiyo.co.jp.





#### 

#### Kamawanu

Stock up on classic and abstract printed tenuguithin squares of hand-dyed cottan used for everything from wrapping up purchases and covering heads, to adding a bit of decorative fiare to a space—at this cozy shop. kamawanu.co.jp



## NIGHT OWL



#### ■ WHERE TO STAY

#### Andaz Tokyo

On the top six floors of Tokyo s second-tailest building, this new hotel is one of the city's most popular thanks. to the killer views from the guest rooms and rooftop bar tokyo. andaz.hyatt.com

#### LATE MORNING >

#### Café de l'Ambre

Fuel up after a night out at this 65-pius-year-old Ginza kissaten (cotteehouse) where practically everything slaged from the ancient roasting machine and beans themselves to the pours that are strained through cloth filters







#### 4 NOON

#### Meiji Jingu Shrine

Proof positive that Tokyo has been making modern-era design waves for decades. This grand Shinto shrine, first built in 1920 and then again after World War II in 1958, is still one of the city's original great architectural. sites meijijingu.or.jp

#### AFTERNOON Tokyo Midtown

Explore the contemporary museums and galleries including 21\_21 Design Sight, an exhibition space imagined by Tadao Ando and Issey Miyake—in this mixed-use mecca of modern design in Roppongi.

#### D. NNER I MOTIF

Tokyo's frendsetters have descended on this new eatery in the Four Seasons for French cuisine with seasonal Japanese ingredients, courtesy of Michelin threestarred chel Hiroshi Nakamichi, fourseasons.com



#### LUNCHE

#### Quintessence

t seasier to get a table during the afternoon hours at this three-M. che in starred restaurant where the daily-changing menu of artful, Frenchinflected fare commands. a months-long wait list. quintessence.jp



#### **◆AFTERNOON**

#### **Takyo Food Tour**

These walking tours often kick off with cooking demonstrations and essons such as soba noodle-making. workshops and classes in amezaiko, traditiona Japanese pulled candy tokyoloodtour.com

#### DINNER

#### Makimura

The latest Tokyo restaurant to earn three Michelin stars, this übertraditional spot serves up impeccable Japanese dishes such as fried eggplant in a rich stock of dried bon to, 3-11-5 Minamioi. Shinagawa-ku



#### **∢NOON**

#### Landmark Tower

Take the elevator (Japan's tastest ) to the 69th-floor observation deck of this nearly 1,000 foot-high skyscraper and enjoy 360-degree city views that reach all the way to Mount Fuji on a clear day yokohama-landmark.jp

#### AFTERNOON

#### Tokyo Okashi Land

I Willy Wonka set up shop in Tokyo. It would be at this candy-filled wonderland in Tokyo Station, Check out the selection of unique sweet treats (some freshfrom the on-site kitchen). courtesy of Japan's most popular confectioners.



#### DINNER

#### Ninja Akasaka

For all of its Michelin. stars, <sup>T</sup>okyo also has a preponderance of themed restaurants. We love this kitschy spot where waiters dressed as ninjas. theatrically serve dishes and perform tricks. nınjaakasaka.com



Lisioid Edo (Tokyo) galore in this charming, riverfront district for of temples (including the Buddhist Senson) temple. Tokyo's oldest and most famous), artisan-helmed shops. and traditional restaurants perfect for lunch stops.

#### AFTERNOON > Yu at Hotel Chinzanso

Taking its dues from Japan's onsen resorts, this spa imports. mineral-rich spring water from the rugged Izu Peninsula. Luxuriating in the healing waters is the perfect prejude to a shiatsu-inspired massage hotel-chinzanso-tokyo.com



#### E III A E E E

#### Hinokizaka

The 500-year-old trade tron of kaiseki, formal meals of elaborate, seasonally inspired dishes, is going strong on the Ritz-Carlton's 45th floor where the creations trump even the city. views. ritzcarlton.com



#### AFTERNOON

#### Meishu Center

Explore the wonders of all things sake at this bar/retail shop that is much loved for ts sake tasting flights and extensive conection of bothes from small craft brewers. nthonshu.com



#### **◆DINNER**

#### Shin Hinomoto

Rub elbows with Takyos suited working class at this tiny izakaya (pub) underneath the Yamanote train tracks. The menu is heavy on fresh seafood from Tsukiji. Market andysfish com/ shin-hinomoto

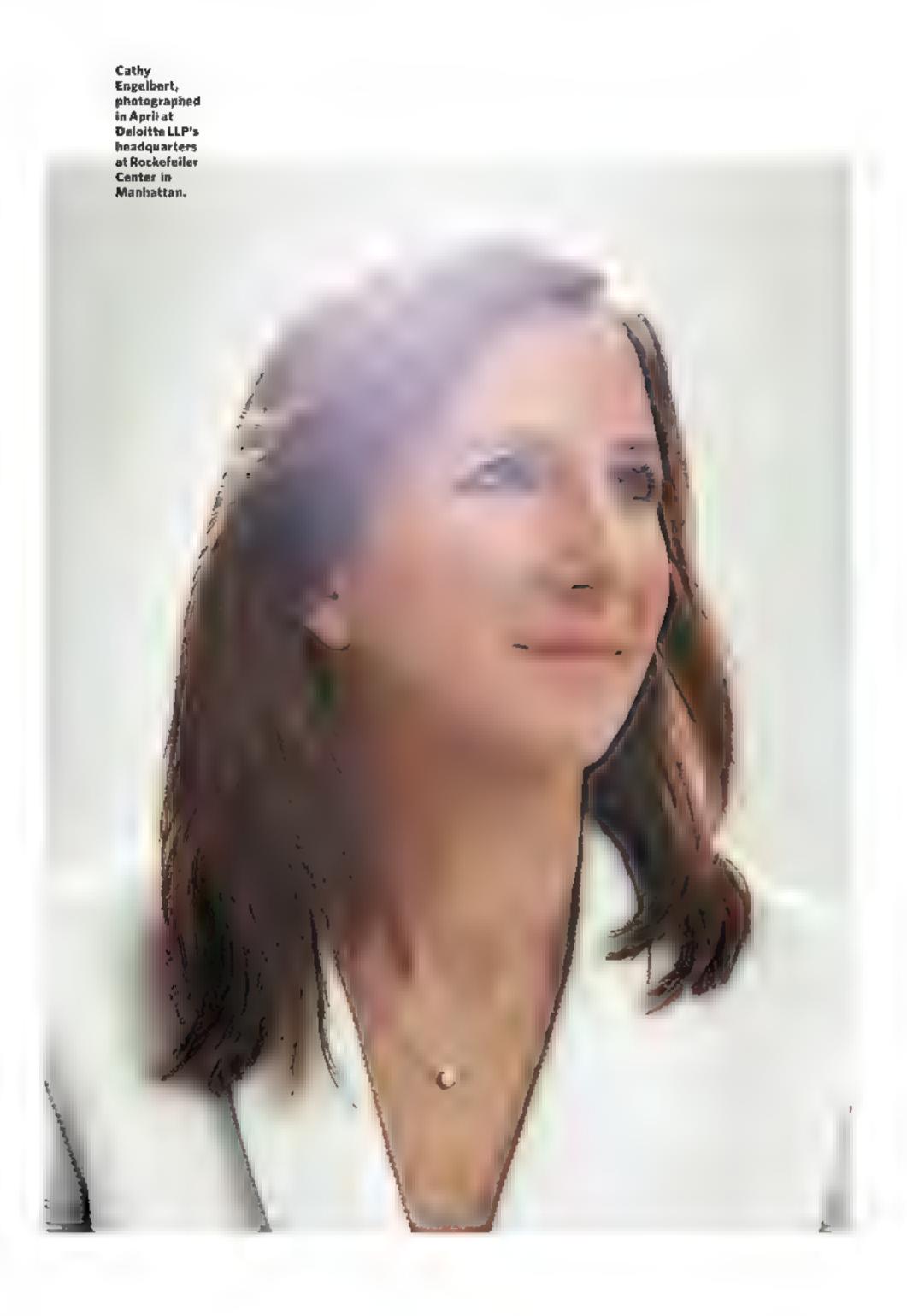


#### **◆AFTER DARK**

#### The Peak Bar

Kick off the night in the vibrant district of Shiniuku at this smart bar on the Park Hyatt's 41st floor Then amp it up at nearby Robot Restaurant with the world's strangest cabaret show himuku-rabat.com





# DOING IT ALL

DELOITTE LLP'S NEW CEO, CATHY ENGELBERT, IS DRIVING NOVATION AMONG THE FIRM'S 70,000 EMPLOYEES—AND HELPING TO EQUALIZE THE NATION'S CORPORATE BALANCE SHEET.

BY CHRIS CLAYTON

CATHY ENGELBERT SITS BEHIND A LARGE WOODEN DESK IN HER CORNER OFFICE AT 30 ROCKEFELLER CENTER IN MANHATTAN. AFTERNOON SUNLIGHT STREAMS THROUGH WINDOWS OFFERING A WORLD-CONQUERING VIEW OF THE EMPIRE STATE BUILDING, WHILE A CABLE NEWS STATION FLASHES ON A TV ACROSS THE ROOM. PERCHED ON A LEDGE BEHIND HER DESK IS A BASKETBALL SIGNED FOR HER BY A GROUP OF EXECUTIVES AND DELOITTE PARTNERS AT A PHARMACEUTICAL CONFERENCE. SLIGHTLY MORE IMPRESSIVE IS THE ADDITIONAL SIGNATURE OF FALLEN FORMER NBA STAR ALLEN IVERSON, WHO WAS AT THE HOTEL BAR AFTER THE CONFERENCE. "I BEGGED HIM TO SIGN IT," SAYS ENGELBERT, A HOOPS JUNKIE WHO PLAYED COLLEGE BALL AT LEHIGH UNIVERSITY IN PENNSYLVANIA.

In front of Engelbert are piles of handwritten notes congratulating her on becoming the first woman CEO of a major American audit and consulting firm—Deloitte LLP, the U.S. based member firm of the global network known as Deloitte Touche Tohmatsu Limited. There are letters from students, deans of universities, fellow CEOs, even one from the Florida Supreme Court. Their general refrain. This is a big deal. And it is, considering that at last count there were just 25 female CEOs in the Fortune 500 and 51 in the Fortune 1000 (were it a public company, Deloitte would easily crack the Fortune 500).

When it was announced in February that Engelbert, 50, would succeed interim CEO Frank Friedman as Deloitte LLP's chief, the media released a flood of reports and puff pieces that rightly focused on gender but glossed over the position itself and the fact that it's incredibly difficult to rise to the top of your field—no matter your sex or race. I ask Engelbert how she feels about the "female CEO" label.

"That I'm sitting here is a testament to Deloitte's commitment to diversity and inclusion," she says, noting that her firm was the first major American accounting and consulting out fit to hire a minority CEO (Joe Echevarria) and a female chairman (Sharon Allen). "But I tell people the key for me was doing different things in my career to build my ca-

pabilities so that when I came up for leadership roles people said, 'Let's consider Cathy—not be cause she's a woman but because she has the capabilities.'"

It's a tactful response that shows that Engelbert is a product of second-wave feminism—she's a beneficiary of Deloitte's Retention and Advancement of Women program, which rolled out in 1993 and has since tripled the number of women in leadership roles at Deloitte. But it also shows she's

pragmatic enough to know that after you lean in, you have to get to work doing what you're qualified to do.

"Cathy is smart, perceptive and skilled in bringing together many different points of view so that she can make decisions that are in the best interest of our clients, our people and our firm," says Mike Fucci, Deloitte LLP chairman and one of Engelbert's many cheerleaders. "Like all great leaders, she has a way of engaging the business community, our clients and our people that is inspirational and authentic."

At Deloitte LLP, Engelbert innerits a partnersh.p that recorded \$14 91 billion in revenue in its last fiscal year, employs 70,000 workers and serves more than 80 percent of Fortune 500 companies. The firm is broken into tax, consulting, financial advisory and accounting subsidiaries, which provide services to chents in tech, financial, consumer, health care and other industries. Measured by annual revenue, Deloitte's global network is the largest of the Big Four accounting firms, with PricewaterhouseCoopers, Ernst & Young and KPMG rounding out the list.

Despite its size and steady postrecession growth, Deloitte is not without its flaws. In its most recent report, government regulated auditing watchdog Public Company Accounting Oversight Board found deficiencies in 28 percent of the audits carried out by Deloitte in 2013 (it should be noted that issues were found at the other Big Four firms as well). Deloitte also recently completed a one-year suspension from consulting for New York regulated financial firms due to suspicious ledger activity carried out by its former client, Standard Chartered Bank,

Engelbert acknowledges the challenges and demands of running a large firm but says that growing up in a big family helped prep her for the job early on. "It was always competitive," she says of her childhood in the small community of Collingswood, New Jersey, just across the Delaware River from Philadelphia. Her IT



LEFT: Engelbert interacts with some of the company's young professionals at Deloitte University in Westlake, Texas.



ABOVE: Engelbert takes a shot as a player on the Lehigh University basketball team BELOW: Engelbert at the NASDAQ MarketSite to ring the opening belf in honor of International Women's Day on March 8.

manager dad and medical practice administrator mom raised eight kids-five boys and three girls and Engelbert says she and her siblings were "always competing for cereal and for time with our parents."

Engelbert competed on the lacrosse pitch and basketball court as well and eventually captained her high school and college teams in both sports. "My confidence and leadership ability are rooted in sports," says the CEO, who tends to stick out her fist like a politician when she speaks, pointy thumb and a.l. (She also frequently repeats my name during the course of our conversation a classic management school trick that is quite effective).

Another confidence builder came in the early 1980s when Engelbert attended Lehigh, where the student

ratio was then about 4 males to 1 female. "I said, 'I can do this. I have five brothers," says Engerbert, who studied computer science before switching to business after someone told her accounting ma,ors were al. but guaran teed a job out of college.

Engelbert landed at Delortte's Philade, phia office as a staff accountant in 1986 and, as at Lehigh, it was a boys'

club, "I had to build my confidence from mentors and sponsors who were men," says Engelbert, who counts former Deloitte Touche Tohmatsu CEO William Parrett as a mentor thanks to the encouragement he gave her in the late 1990s, "I was a senior man ager in our national office at the time, and pregnant with my daughter," says Engelbert. \*I thought it would be easier to go work for a corporation in New Jersey, but Bill said, 'Cathy, you don't know how much potential you have.' He also told me that I could have children and be successful. Nobody had ever told me those things."

As Engelbert climbed the ranks at Deloitte-first as a partner, then as CEO and chairman of its auditing subsidiary—she realized the importance of asking for what she needed to find a semblance of work life balance. When the firm wanted to move her to St. Louis in the early 2000s, she requested to be placed with a major New Jersey | continued on page 135



### THE FORTUNE 500'S **FEMALE** CEOS

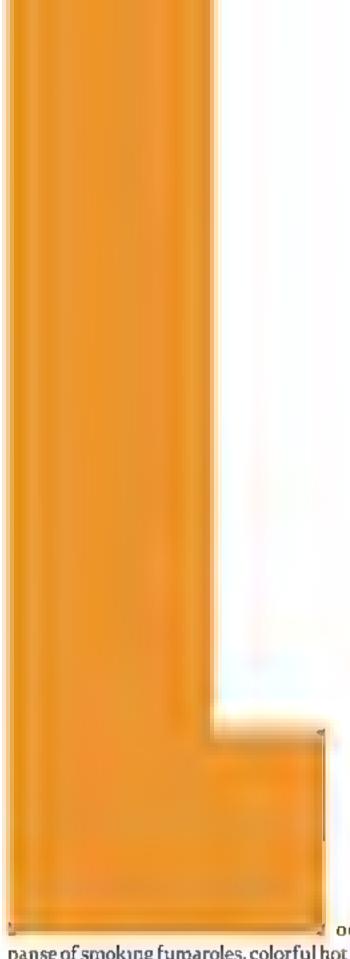
- MARY BARRA General Motors (#7)
- 94 MEG WHITMAN Hewlett-Packard (#17)
- VIRGINIA ROMETTY IBM (#23)
- 4 INDRA NOOYI PepsiCo (#43)
- MARILLYN HEWSON Lackheed Martin (#59)
- SAFRA CATZ Oracle (#82)
- FLLEN KULLMAN DuPant (#86)
- IRENE ROSENFELD Mondelez International (#84
- PHEBE NOVAKOVIC General Dynamics (#99)
- 10 CAROL MEYROW TZ TJX (#108)
- LYNN GOOD Duke Energy (#137)
- URSULA BURNS Xerox (#137)
- 4. DEANNA MULLIGAN Guardian (#245)
- 14 K M LUBEL CST Brands #266,
- 15 DEBRA REED Sempra Energy (#267)
- 35 BARBARA RENTLER Ross Stores (#277)
- 17 SHER MCCOY Avon (#282)
- DEN SE MORR SON Campbell Soup Company (#315)
- 11 SUSAN CAMERON Reynolds American Inc. (#329)
- 20 HEATHER BRESCH Myian (#377)
- 24 ILENE GORDON ingredion (#412)
- JACQUELINE HANMAN CH2M Hill (#437)
- 2 KATHLEEN MAZZARELLA Groybar (#449)
- 24 L SA SU Advanced Micro Devices (#474)
- 25 GRAC A MARTORE Gannett (#481)

As of January 6, 2015



This summer, set out to conquer the ragged peaks and rolling foothills of the American West—by foot or by hoof. Here, Sky's Sarah Elbert does just that hiking, riding, paddling and eating her way from Yellowstone to Montana's Paradise Valley Plus: The top five mountain towns to visit right now.





geyser to erapt—I was impressed.

Volumetopo is a bugo pation:

Yellowstone is a huge national park — 3,472 square miles—and other than those classic postcard sites that draw crowds for their one- of a kind views (Old Faithful, Artist Point, Grand Prismatic Spring), you can explore much of it in quiet isolation. Of course, it helps to be traveling with people who know the area, and we were: Our three gregarious, 20-something guides were from Billings, Montana-based Austin Adven-

OPPOSITE. An
Austin Adventures
guide hands out
treats during a
horseback riding
break in Montana's
Paradise Valley.
BELOW, LEFT TO
RIGHT: Guests
prepare for a
horseback ride;
Bison cross a lake
in Hayden Valley.

tures. My husband, daughter and I made up one of the trip's four families from all over North America, and we had come to hike, bike, float, horseback ride and eat our way across Montana and Wyoming.

First stop: Bozeman, Montana. After hours and hours in the car and a stop in the Black Hills to gape at the presidents, we pulsed into town with a car full of granola bar wrappers and Diet Coke bottles and promptly headed to Montana Ale Works for some real food. The restaurant, located in a sprawling former railroad freight house, is now one of this college town's most popular spots. And it provided the perfect refueling for the next morning, when our Austin Adventures guides showed up with two vans, pienty of mountain bikes and enough food to feed a small circus.

Our first excursion began in nearby Hyalite Canyon, where we hiked through a forest filled with lodgepole pine and Douglas. fir trees to the scenic Palisade Falls, the water flowing 80 feet down hexagonal basalt columns. I spent much of that first h.ke fretting about the gear I had forgotten in the rush of getting on the road—my hiking shoes, to start with, plus a decent daypack and some other things—but luckily, I was able to do some shopping in the budding ski-resort town of Big Sky. There we were patred with our bikes for a downhill ride through town. Coasting on the well-paved path, we passed a bighorn sheep hanging out at the side of the road, so we stopped to watch as drivers pulled over to do the same. "That sheep is there all the time," one of our guides told me, chuckling, "Aha," I nodded sagely, feeling a little more like an insider, and then got back on my bike to finish the ride. We piled back into the yans and pulled into the 320 Guest Ranch on the Gallatin River just in time to see the horses being led across the highway and corralled in their stalls behind the ranch. "This is *just* what I had in mind," my daughter said, her eyes sparkling as the horses went cantering by.

The next morning started surprisingly chilly for a sunny August day After breakfast at the ranch, we stopped at Blue

ooking out over an ex-

panse of smoking fumaroles, colorful hot springs and mysterious mud pots—a. I bubbling merrily before a backdrop of the Rocky Mountains—I could see why many people thought explorer John Colter was mad when they heard his reports of Yellowstone's geothermal features. "Fire and brimstone," indeed. Though that was the early 1800s, before Yellowstone became America's first and largest national park in 1872. Colter had left his fellow explorers—Lewis and Clark—to work for trappers in the mountainous West. What he reportedly saw was disquieting: The earth's

core seemed to be in revolt. Imagine being among the "first" (aside from longtime Native American residents) to witness a geyser crupt into the sky without warning. Or to come upon a boiling-hot pond made up of the colors of the rainbow. Not to mention traveling through landscapes that would have made poet Ralph Waldo Emerson swoon.

This was the territory that essentially gave birth to American conservation. And standing in the park generations later—even with my fellow travelers crowded around me, peering at their iPhones and waiting for the world's most famous







Moon Bakery in Big Sky to pick up picnic lunches for our nearly all-day hike. As an active person—not what I'd call an adventurer or even close—I've taken some wonderful h.kes: skirting cliffs in the Galapagos Islands; up Mount St. Victoire in Provence, France; along Kauai's Na Pali Coast in Hawaii. And our six-mile trek to Beehive Basin that day was easily in my top five, It was a "Hills Are Alive" kind of hike, filled with magnificent mountain views and wildflowers, thanks to an unusually rainy summer. We made our way up the foothills under a warm summer sun to a rocky embankment where we stopped for iced (!) coffee served on a silver tray. Our hike eventually led us to a lake, tucked in a basin among the peaks at 9,200 feet, where we ate our gourmet sandwiches and cookies and felt pretty special. Our brave guides swam in the co.d. water while my daughter and her new BFF rolled up the hems of their pants and waded into the shallows. It was a fitting reward for a 6.6-mile hike that rose 1,500 feet in altitude—no easy feat for a 7-year-old. Though, of course, the trek back down was a bit easier, leaving us plenty of energy for the 320 Ranch's weekly pig roast and live band that evening

Our Western carayan headed next to Yellowstone, most of which is located in Wyoming, Grand Prismatic Spring is the park's largest hot spring, measuring 370 feet in diameter and more than 121 feet in depth, with colored circular rings radiating out from the center like a reverse rainbow, caused by microorganisms that thrive in the different temperatures. The fantastical spring is surrounded by smaller ones, and a boardwalk allows visitors to skirt around them, though we rejected that crowded option to clamber up a hill to a (notall that) secret spot for a perfect view of the basin stretching out below us. After getting our fill of the spectacular, one-of-a-kind view, we left our fellow travelers behind and continued by bike, stopping several times to check out the smoldering mud pots and springs that dot the landscape: Half of the world's hydrothermal features, more than 10,000, are located in Yellowstone. And in today's (arguably) litigious. society, when even a cup of coffee comes with a warning, it was somewhat refreshing to see how exposed the park's natural features are to tour sts—even crowded hikes with steep drop-offs are left largely untouched. Granted, that may have something to do with the publication of our favorite reading material in the van: Death in Yellowstone: Accidents and Foolhardiness in the First National Park. (The second edition was published last year, but don't let that deter you from visiting just bring a modicum of common sense.)

After a picnic lunch, it was on to the world-famous geyser Old Faithful, which erupted right about on schedule and elicited cheers from the waiting visitors. If you go, spend some time walking around the Old Faithful Inn, built in 1904, which still welcomes guests and remains the largest log structure in the world.

From there, we ventured deeper into the national park to Yellowstone's Lake Lodge Cabins, where we settled into one of the clean but slightly spartan cabins as the kids played outside. Dinner was a stately affair of Montana trout and hackleberry ice cream at the Dining Room in Lake Yellowstone Hotel, a yellow Southern colonial confection whose columns stand rather incongruously among their roughhewn surroundings. The hotel, which first opened in 1891, was recently refreshed to the tune of \$28 million, part of a larger effort to modernize the lodging within the park. Next up on the redevelopment docket is the Canyon Lodge-Yellow-



town. Enjoy a river view with your meal. at Aurum Food & Wine or taste the best draft beers at The BARley, See what it's like to live on a farm with a stay at the Horse & Hen, where the breakfast eggs are the freshest And don't skip a trip to the backcountry on horseback at Del's Triangle 3 Ranch.

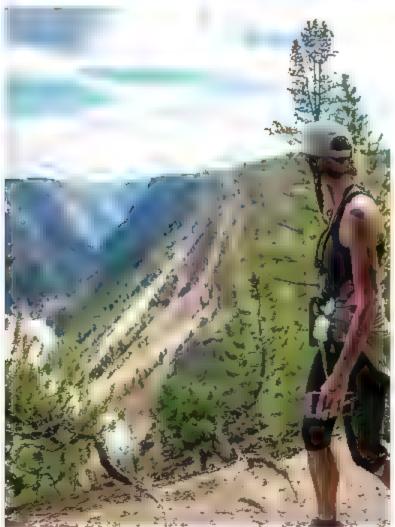
About 40 minutes from Salt Lake City, Park City allows easy access for those looking for a mountain retreat. Don't worry about missng ski season—all three resorts (Deer Valley,

a Western feel, especially when you get your burger at No Name Saloon on Main Street or visit the Silver Star Café. a cozy restaurant near the Silver King Mine. Head out on a standup paddleboard tour of the Jordanene with Park City Standup Paddle Boarding or hit the annual Kimball Arts Festiva: downtown. Wark home to the Washington. School House Hotel, just a block from

Rugged central Idaho's Sun Valley takes advantage of its place among cascading rivers, rugged mountains and wilderness. Summer visitors choose between the tried-and-true activities of camping, hiking and lishing—but it's mountain biking that's grown the most in recent years. With scenic byways and wide dirt country roads, more than 400 miles of single track that loops right from town and 3,400 feet of vertica, drop at the lift-served terrain of Bald Mountain, mountain bikers seem to have it all. For daho-influenced cuisine, grab a table at The Sawtooth Club or Ketchum Grill in Ketchum.

Straddling the state line between Cantornia and Nevada, Lake Tahoe is the second-deepest lake in the United States and the 10th deepest in the world. And the focus shifts from the mountains to the rake. during the summer as popular sk. slopes are exchanged for more than 72 miles of beloved shoreline, including sandy beaches and rocky iniets. Make your base at the Hyatt Regency Lake Tahoe in North Shore and enjoy meals at the Lone Eagle Grille or hit the waterfront Riva Grill in South Shore





ABOVE: Grand
Prismatic Spring in
Yellowstone is the
largest hot spring
In the U.S. and the
third largest in the
world, with water
that is 160° F. LEFT:
A hiker gazes over
the Grand Canyon
of Yellowstone,
downstream from
Lower Falls.

stone's largest hotel—which is undergoing a \$70 million facelift that is scheduled for completion in 2016.

The next day—sunny again—brought spectacular views of the 24-mile-long, 800-to 1,200-foot deep Grand Canyon of Yellow-stone, created over the course of thousands of years by volcanic lava flow and glaciers. This is the stuff that landscape artists must live for. A footpath brings walkers right up to the ledge of the peach- and

butter hued canyon—a precarious spot that might be better avoided if you're really afraid of heights (again, no guardrails!). The path concludes at Artist Point, so-named for the almost unbelievable view of the canyon with distant Ye,lowstone Falis in the background.

Driving through the national park that afternoon, we kept our eyes out for bears and moose and buffalo before leaving through the park gates in Gardiner, Montana, a border town that ites on the Yeliowstone River, Gardiner may have the vintage patina of a classic Western outpost, but you can get a great latte, Prana top and bike rental at Free Heel and Wheel, and the pizza at Yeliowstone Pizza Co. comes with options such as proscripto, caramelized onions and even bison.

Just down the street is Montana Whitewater, where we pulled on our helmets and life jackets and set off down the river in our rafts, the sun blessing us with its bright, warm presence and the spray from the river tickling our bare arms. Funny thing about that river water, though As the sun | CONTINUED ON PAGE 136



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Let's Vacation



A DIENEP RESORT & SPA



VACATIONS

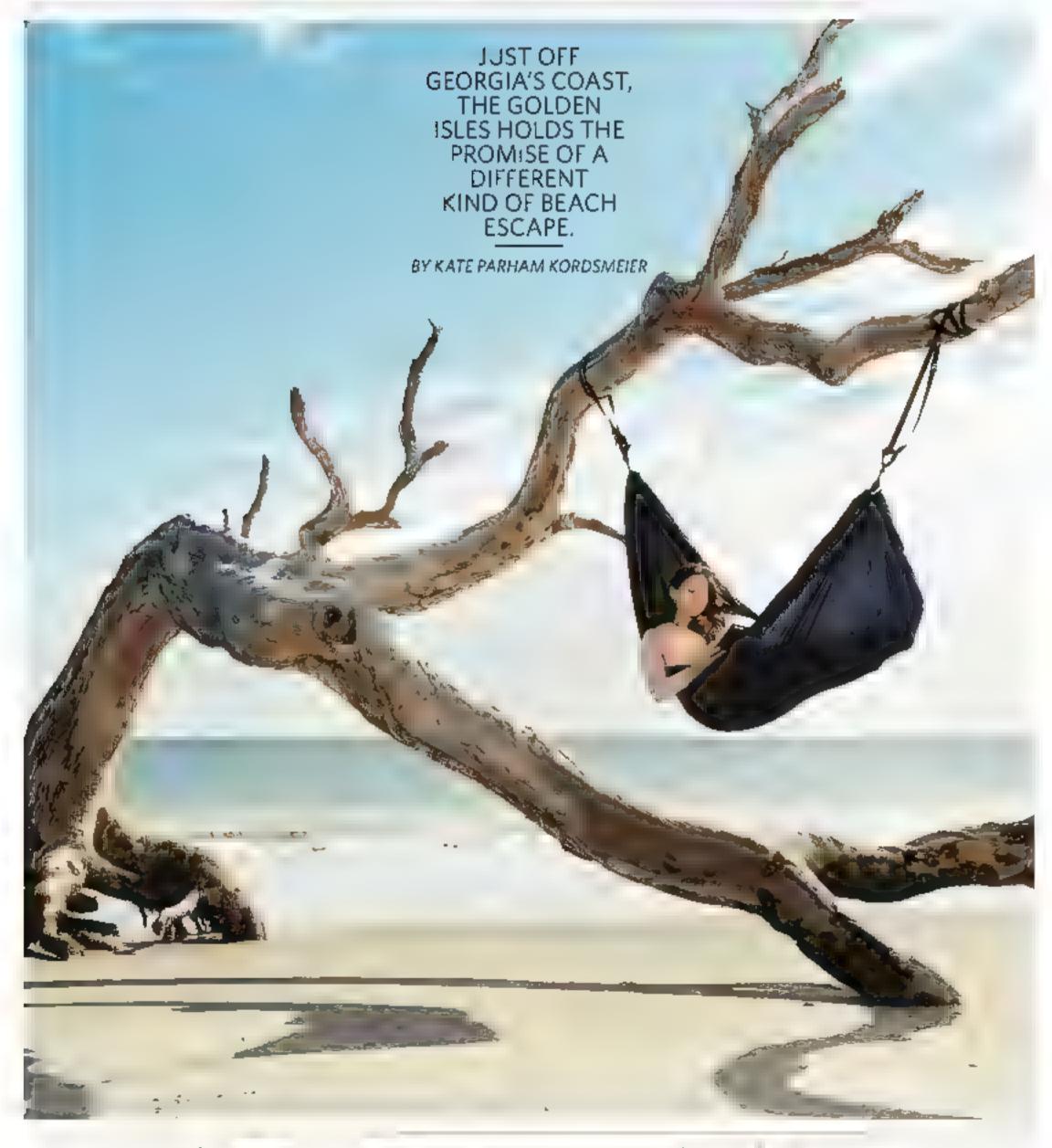
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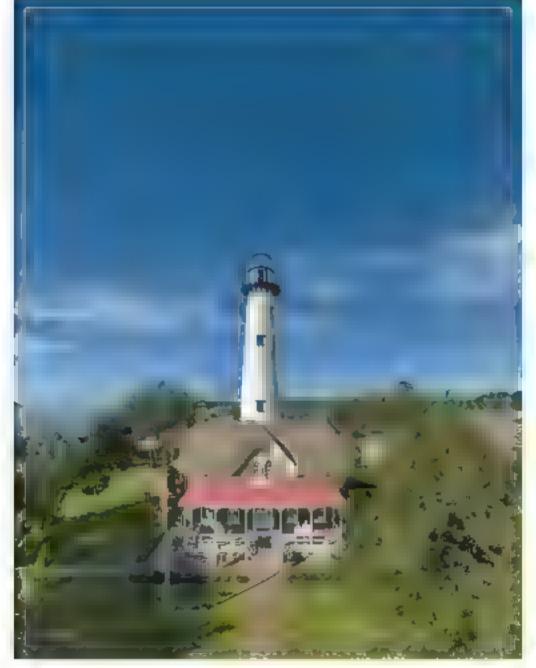
# Share a Hundreds of new names to share Alf uan Maria Kyle Marcus Bia Coca Cola

# GOLDEN ISLES



SECLUDED BEACHES / FINE DINING AND LUXURIOUS RESORTS / WORLD-CLASSIGOLF / ISLANDILIFE WITH SMALL TOWN CHARACTER









CLOCK WISE FROM LEFT St Simons Lighthouse; Carriage ride under the Spanish moss. McGladrey Classic Golf Tournament; Walking down to the beach, A kayaking excurs on

here's a good reason why one of Georgia's Golden Isles St. Simons Island—was crowned America's Favorite Beach Town. Though St. Simons claimed the title, each of these quaint islands breaks the mold of the typical coastal hot spots. Here, you'll find history and small-town charm instead of crowds and high-rise hotels.

More than 400 years ago, Spanish explorers seeking gold discovered the area's natural radiance (hence the name). Today, the Golden Isles is known not only for pristine stretches of marshland and sparkling rivers teeming with marine life, but also for the plethora of amenities packed into the area, from golfing to biking, shopping to water sports.

The region is made up of five locations: four small barrier islands (St. Simons Island, Sea Island, Little St. Simons Island and Jekyil Island) and Brunswick, the mainland porticity, nestled on the coast, midway between Savannah, Georgia, and Jacksonville, Florida. The four islands are 20 minutes or less. away from one another by car or boat. By visiting the islands as well as Brunswick, it's easy to see that each place has its own personality:

ST. SIMONS ISLAND is the largest and most developed of the islands and offers diverse dining, shopping and entertainment options, A retaxed and romantic vibe infuses the island's streets, which are lined with early 20th-century storefronts, seafood restaurants, antiques shops and gallenes. **SEA ISLAND,** the most luxurious of the isles, is home to a five-

star resort with world-class dining, spalamenties and golf. LITTLE ST. SIMONS ISLAND is the perfect place for travelers to reconnect with and explore nature. The privately owned island is the site of a rustic and charming resort, as well as 10,000 acres. of untouched maritime forests, marshlands and seven miles of private beaches.

JEKYLL ISLAND is dotted with pine, cedar and oak trees, skirted by long stretches of dunes and beaches and scented by the calm, coastal breezes wafting through. Lodging options are plentiful. here and many historic homes are open for tours.

**BRUNSWICK** feels much like Savannah—the quaint streets boast centuries-old live oak trees with their iconic Spanish moss draperies, alongside boutiques, locally owned restaurants and beautiful Victorian architecture.

### WHERE TO EAT IN THE GOLDEN ISLES

The Gorden Isles lays claim to many Southern culinary traditions, such as Brunswick stew. The dish is a topic of hot debate as four other towns across the country maintain that they created this iconic combination of barbecued meat and veggies. in a tomato base. You'll find Brunswick stew on nearly every menu in the Golden Isles, and each restaurant has its own secret recipe. One top option is the stew at Southern Soul Barbeque an award winning BBQ spot in St. Simons also beloved for its pulled pork and fall-off-the-bone ribs. If you're up for a taste test, head to the Brunswick Rockin' Stewbilee, a community-wide cook off taking place every fail.



The lively local waters, brimming with fresh shrimp, crab and fish, mean seafood reigns supreme in the Golden Isles. "Here, the catch of the day is sometimes the catch of the hour," says Scott McQuade, president and CEO of the Golden Isles Convention & Visitors Bureau.

You'd be hard-pressed to find fresher seafood anywhere than at Halyards Restaurant, where chef-owner Dave Snyder (who also runs local favorite Tramici Neighborhood Italian Restaurant) spends many a morning "grocery shopping" in the local waters, says McQuade. Don't miss Snyder's velvety blue crab bisque and wild Georgia shrimp and grits, complete with house-made tasso and tomato gravy.

True shrimp enthusiasts won't want to miss The Jekyl. Island Shrimp & Grits Festival, a weekend-long event in September featuring a cook off, shrimp-eating contests and craft beer tastings.

### WHAT TO DO IN THE GOLDEN ISLES

In between meals—if you can pull yourself away from that fresh seafood—there's more to do in the Golden Isles than could ever fit into one vacation. These are of some of the best ways to experience the Golden Isles:

GO FOR A BIKE RIDE: With more than 50 miles of bake paths on Jekyll Island and St. Simons Island combined, you'll never run. out of trails. There's no better way to explore the islands. WATER SPORTS: Whether you prefer kay aking, padd eboarding or fishing (the waters are swarming with tarpon, trout, bass,

red drum, black drum, kingfish and snapper), there are endless: ways to be in or on the water and discover the winding marshes and rivers.

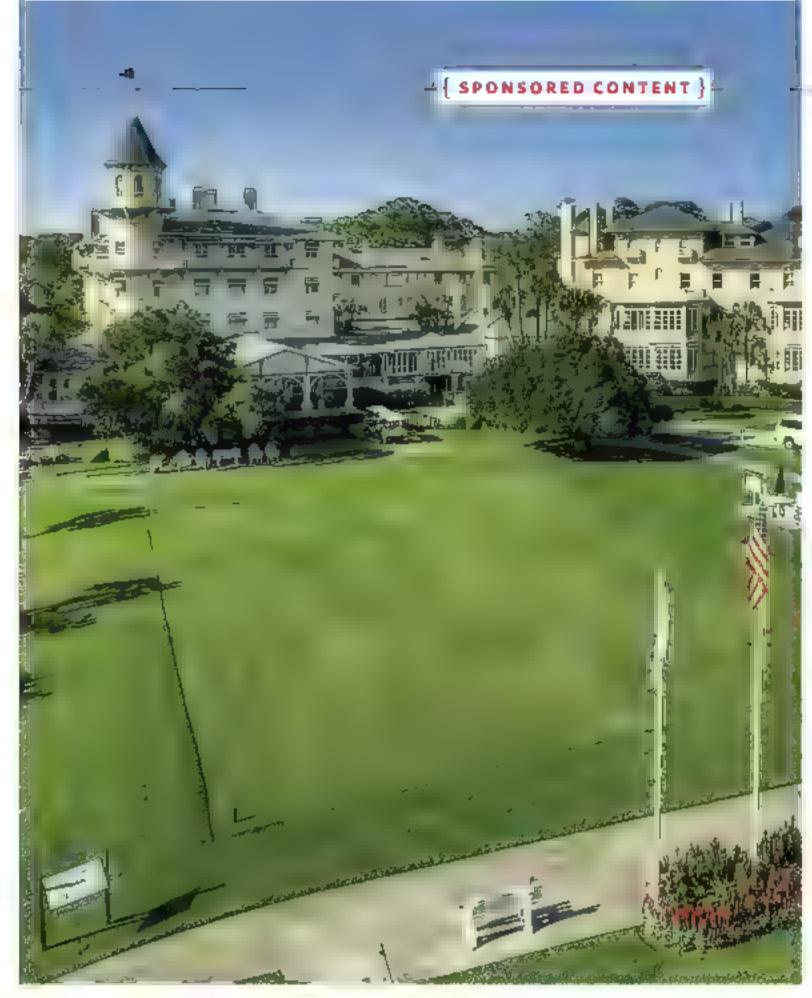
GOLFING: Home to the PGA TOUR'S McGladrey Classic and 198 holes of golf across the islands, the Golden Isles is a golfer's paradise, especially when you consider how many PGA golfers half from the area (think Davis Love III, Matt Kuchar, Zach Johnson and Lucas Glover).

RELAX ON THE BEACH: Sun worshipers will want to make a beeline for Dr. ftwood Beach, a hidden gem on Jekyll Island. Don't forget to bring your camera—the beautiful driftwood and trees are the sights postcards are made of.

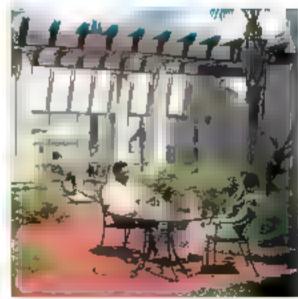
**VISIT THE LIGHTHOUSE:** The St. Simons Lighthouse, one of only five surviving lighthouses in Georgia, has been around since 1810—though it was destroyed by Confederate troops during the Civil War and has been rebuilt since then. Bring the whole family for a tour they won't soon forget.

TOUR HISTORIC HOMES: The Jekyll Island National Historic District, one of the largest ongoing historic restoration projects in the Southeast, features 33 historic structures across 240 acres-many of which are open for tours.

VISIT PLANTATIONS: There are two great plantation tours in the Isles—Cannon's Point, located on St. Simons Island, features shell rings and middens dating back to 2500 B.C.E. and ruins of original structures from the plantation. The Hofwyl-Broadfield Plantation Historic Site, located in Brunswick, offers ghost tours and rice field history walks.



LEFT Jeky'l
Island Club
Hotel BOTTOM
Relaxat on at the
Brunswick Go den
Isles A roort



While the Golden
Isles feels very far
away from it all, it is
surprisingly easy to
reach. Daily flights
deliver passengers
to BrunswickGolden Isles Airport,
which looks like
a Mediterranean
resort.

### **HOW TO REACH THE GOLDEN ISLES**

While the Golden Isles feels very far away from it ali, it is surprisingly easy to reach. Daily flights on Delta Air Lines from Atlanta deliver passengers to Brunswick-Golden Isles Airport (BQK, flygcairports.com, 912-265-2070), which looks more like a Mediterranean resort than an airport.

BQK is the gateway to the Golden Is es' laid back atmosphere, setting the tone right from the moment travelers arrive. The airport is renowned for its award-winning cafe, stress free navigation, free parking and rental car service right in the terminal. When it's time to head home, the experience is just as easy—the terminal rarely has lines.

#### WHERE TO STAY IN THE GOLDEN ISLES

Whether you crave beachside bliss or golf course grandeur, you'll find lodging options to suit every taste in the Golden Isles, from cozy all-inclusive cottages on Little St. Simons Island to five-star resorts on Sea Island. A handful of high-end resorts offer the comforts expected by jet setters and provide an experience that blends luxury and island character.

The Jekyll Island Club Hotel (jekyllclub.com, 844-246-2743), the only hotel on Jekyll's inland side, was once the private winter retreat of America's most prominent families (the likes of the Rockefellers and Vanderbilts were members). The resort's iconic Victorian architecture hearkens back to an era of elegance.

But the past mixes seamlessly with the present at the four-star resort. It boasts 157 rooms and suites with luxurious amenities, all set in five historic buildings. The resort's array of dining options—six in total, ranging from an elegant grand dining room to a casual oceanfront pavilion—offer gourmet food inspired by the region's culture and natural abundance. Special dining events such as Sunday dinner dances and Victorian high tea go beyond the usual mealtime.

The resort provides a host of activity options that immerse guests in island life and range from the relaxed to the adventurous. Enjoy carriage rides and golf or get in touch with nature on bird watching excursions and dolphin cruises.

No matter where you stay, one thing's for certain: The Golden Isles sits poised for your next family holiday, girls' getaway or golf trip—the only question is whether you have enough time to soak it all up. For more information, cal. 800-933-2627 or visit goldenisles com.

# Simply wandering leads to whole new wonders.



GOLDENISHES

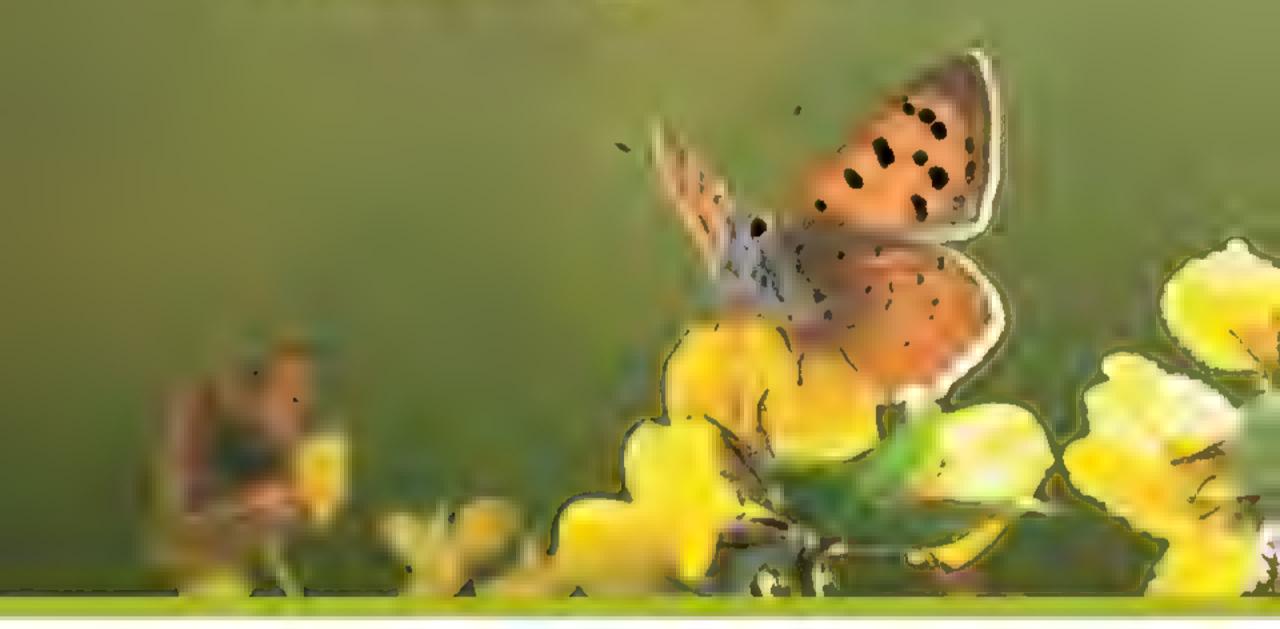
St. Simons island Sea Island Jekyll Island Little St. Simons Island Brunswick

Goldenisies.com | (800) 933-2627

Daily nonstop flights from Atlanta to the Golden Isles (BQK) on Delta Air Lines.
Flights operated by Delta Connection carrier, Lines.

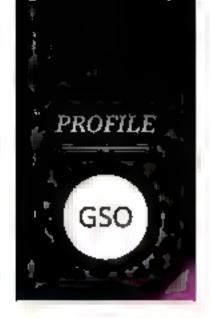
DEL

# Let's increase our food supply without reducing theirs.



### syngenta





# Greensboro

The Piedmont Triad

**NORTH CAROLINA** 



North Carolina's Piedmont Triad—Greensboro, High Point and Winston-Salem—is home to companies with global reach.

### BUSINESS

### THE TRIAD THRIVES

A rising tide of business development and innovation is ifting the Triad cities of Greensboro. High Point and Winston-Salem as they collaborate for success.

### TRAVEL

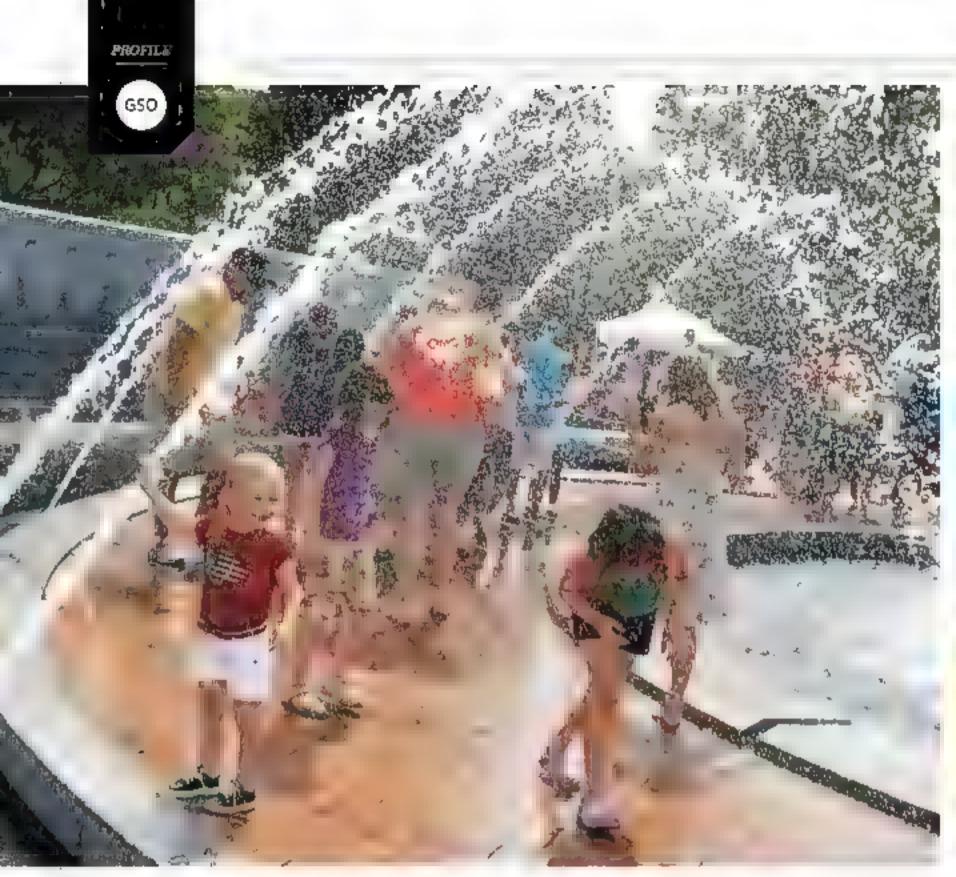
### TRIPLE THE FUN

Greensboro and the Triad might quality as a hidden travel gem—but not for long. With historic sites, tamily fun and lively city centers, there's pienty to discover

### Q&A

### MAYOR NANCY VAUGHAN

Greensboro's strongest advocate offers top choices for exploring and enjoying the best of the Triad.







### The Triad Thrives

GREENSBORO, HIGH POINT AND WINSTON SALEM FORM A TR O OF COMMUNITIES THAT SHARE KNOWLEDGE AND LEVERAGE ASSETS TO BUILD A STRONG ECONOMIC ENV RONMENT by ROSEMARY PLYBON KENNERLY

 As you fly above North Carolina, about halfway between the mountains and the coast, you notice one thing that stands out: the color green. Forests and fields span miles; playgrounds beckon you to kick off your shoes and swing; and houses hide under cool

canopies of trees. You might think the color gave Greensboro its name, but you need to go in for a closer look.

Nestled in North Carolina's slice of the Piedmont-the long, rolling plateau that forms the foothills of the Appalachians-Greensboro takes its name from General Nathanael Greene. hero of the Revolutionary War and "Savior of the South." His army so wounded the British at Guilford Courthouse that the Redcoats could not recover. Greensboro grew up around that battieground and took its name and its tenacity from the determined general

About 100 years later, it was trains instead of troops moving through Greensboro—as many as 60 a day. Because you had to go through Greensboro to get just about anywhere by rail, it earned the name the Gate City. The city's mayor, Nancy Vaughan, loves telling Greensboro's story, and says the nickname still fits. "We have all of the major highways coming through Greensboro, so we really are the logistics location on the East Coast. We are situated perfectly for anybody who wants to move goods or services." Greensboro sits at the intersection of Interstates 40 and 85; 1-73 and 1-74, still under con-







struction will converge in Greensboro as well Piedmont Triad International Airport, the third largest in the state, operates three runways here; and you can still ride the rails, catching a train at the downtown depot.

Vaughan, a Connecticut native, gushes about her adopted hometown, touting the low taxes, moderate climate, many cultural amenities, robust workforce and strong business support. Vaughan moved to the area in 1988, and it didn't take her long to adopt the Southern Lifestyle; she's quick to wave hello and share a smile with strangers on the street. It's just what people do in Greensboro, where one of the main thoroughfares is named Friendly Avenue

Friendly takes you to the center of downtown, where its beautiful historic buildings housing smal, family busineses and corporate giants alike—reach into the sky. Downtown has a good neighbor vibe, a feeling that extends well outside Greensboro's city timits.

Greensboro is part of the region known as the Piedmont Triad, which also encompasses the cities of High Point and Winston Salem and the surrounding area. The three major municipalities have worked hard to create a culture CLOCKWISE FROM FAR LEFT: Cooling off in the Center City Park fountain; Repreve being manufactured at Uniff; Bennett College; Greensboro Grasshoppers baseball.

of collaboration, knowing that when one city succeeds, the others can, too. "We cross city lines; we shop in each other's stores. When we work and collaborate as a region, we are more successful," says Vaughan. There's a cooperative spirit that is apparent to nearly every person who works, learns and lives in the Triad.

From 2000 to 2010, the glass didn't look so full Vaughan says 24,000 jobs were lost in Greensboro and High Point. Hard times meant pulling together, making connections and bringing the focus closer to home, working with small businesses and entrepreneurs. The Greensboro Partnership started to rally the troops. A cooperative comprising four business units—Action Greensboro, Economic Development, the Chamber of Commerce and the Entrepreneur Connection—the Partnership aims to connect people, pure and simple.

"We hope by connecting people, they will spark additional ideas that can not only make an economic impact, but improve the quality of life here. It's about working together to make our community an even better place to live, and we're seeing real results from this approach," says David Marshall, Greensboro Partnership vice president of marketing and communications. Following a strategic plan, the Partnership also lifts up businesses large and smail and works with city leaders to make sure when a new company is looking for a home, Greensboro is ready Marshall says Greensboro is determined to not just survive, but thrive.

### Thriving in Manufacturing

Textiles and furniture pushed the Triad to prominence in the 20th century, when the area led the world in production. When jobs began moving overseas, it hurt. But Greensboro didn't roll over; it showed grit just as its namesake war hero had. Today the Triad region has nearly 99,000 people working in manufacturing, building school buses, truck axles and wheels, batteries, exercise equipment, cleaning products, computers and, even still, textiles and furniture. Innovation and steadfast determination took Triad companies to places they never imagined, and in many cases sent them straight back to the top.

For Unifi, giving up was never an option.
Once a \$1.5 billion business, by the early 2000s, the Greensboro company was half of what it had been. Unifi president and COO Roger Berrier says it was time to make some tactical changes.
"In a time when the company was somewhat.

My Greenshoro

### NANCY Vaughan

MAYOR OF GREENSBORD

n New Jersey, raised in Connecticut and moved to Greensboro in the late 1980s. Labsolutely fell in love with the city, could not imagine fiving anywhere else.

FAVORITE EATS IN
GREENSBORG: The city
has restaurants galore
that offer variety. From
a half-dozen craft beer
brewenes to dozens of
ethnic restaurants, there
are cool places to satisfy
an appetite

MUST-SEE: Greensboro
IS a city that literally has
something for everyone,
from a downtown
baseball stadium to the
International Civil Rights
Center and Museum to
the only inland aquarium
In the state. Greensboro
Science Center

only HERE: Greensboro
is one of the few cities in
the nation that has roots
in both the Revolutionary
War and Civil Rights
Movement

TRAVEL ADVICE: Fly into CSO. Greensboro has a fantastic airport that has connecting flights all over the nation



GROW FAMILY. BUILD DREAMS. CREATE ART.
WITNESS CHANGE. MAKE HISTORY.
MAKE A LIFE IN GREENSBORO, NORTH CAROLINA.



When someone makes a move. Someone takes a stand. Momentum kicks in and the story begins. From the students who sparked a movement at a lunch counter, to community-driven arts, a thriving business scene and trailblazing green spaces, we have a way of moving in the right direction. Whatever it is, if it's a seed of an idea, we can make it grow. If it's trendy, we can make it timeless.

Just let us know when you're getting here. Make it happen. Make it in Greensboro.



#### My Greensboro

BENNETT COLLEGE

LOCAL ROOTS: While was raised in North Carofina, I knew about Benneti College because a family Hend literally. irved across the street. from the college and we visited or occasion.

FAVORITE EATS: LIQUE hot dogs and places in Greensboro for them are Mayberry on Summit Avenue or with my friend Jamm: Williams at Yum-Yum on Spring Garden Street.

MUST-SEE: The art collection at Bennett College. with original works by Synthia Saint James and Gate Fulton Ross and especially the stained glass Black Madonna in the Angle Merger Pfeiffer Chaper.

ONLY HERE: A LOUP of Bennett College. which is one of only two historically black colleges and universities in America founded to educate black women. View the Georgian style architecture and the pristine guad. Many of the buildings were designed by acclaimed architect. Edward Loewenstein.







FROM LEFT TO RIGHT: Laboratory work at Syngenta; Piedmont Triad International Airport.

struggling and money was tight, we actually spent more money and hired more engineers focusing on product innovation, and we developed some really interesting, cool products," he says. One of those products is Repreve, a brand of fibers made in the Triad from recycled materials, including plastic bottles. Those fibers are then woven into fabric used for clothing and other applications, Patagonia, Ford and The North Face, the latter of which is owned by Greensboro-based VF Corporation, all use Repreve. Millions of college students don Repreve-based caps and gowns when they walk across the stage at graduation, Berrier says sustainability is a foundation for the company and so is excellence in product design. Demand for the fiber means more jobs; right now Unifi employs 2,000 in the United States, 500 more overseas and the company is growing. "For me, personally, to see a once great company struggle and almost go out of business, and then be a key part of turning the company around and becoming a great leader again in the textile industry has been very rewarding."

Davis Furniture isn't a big company, but it works with giants; Google, Apple, Facebook and Microsoft, to name just a few. Seventy-one years ago, John Turner Davis and his sister Dorothy started a small furniture company in High Point with a handful of skilled workers. "We were selling wooden furniture to the educational market for dorms or lobbies," says Danny Davis, the company's current president. Now the focus is contemporary office furniture and Davis still makes it in the factory where his grandfather started the business nearly 75 years ago. Though the business has expanded many times, the commitment to quality hasn't changed; fabrics are hand-cut, upholstery is sewn by hand and each piece is assembled and shipped from the

family's factory in the Triad. Davis works with his daughter Ashley and son Brian, the fourth generation to join the family business.

### Thriving in Life Sciences

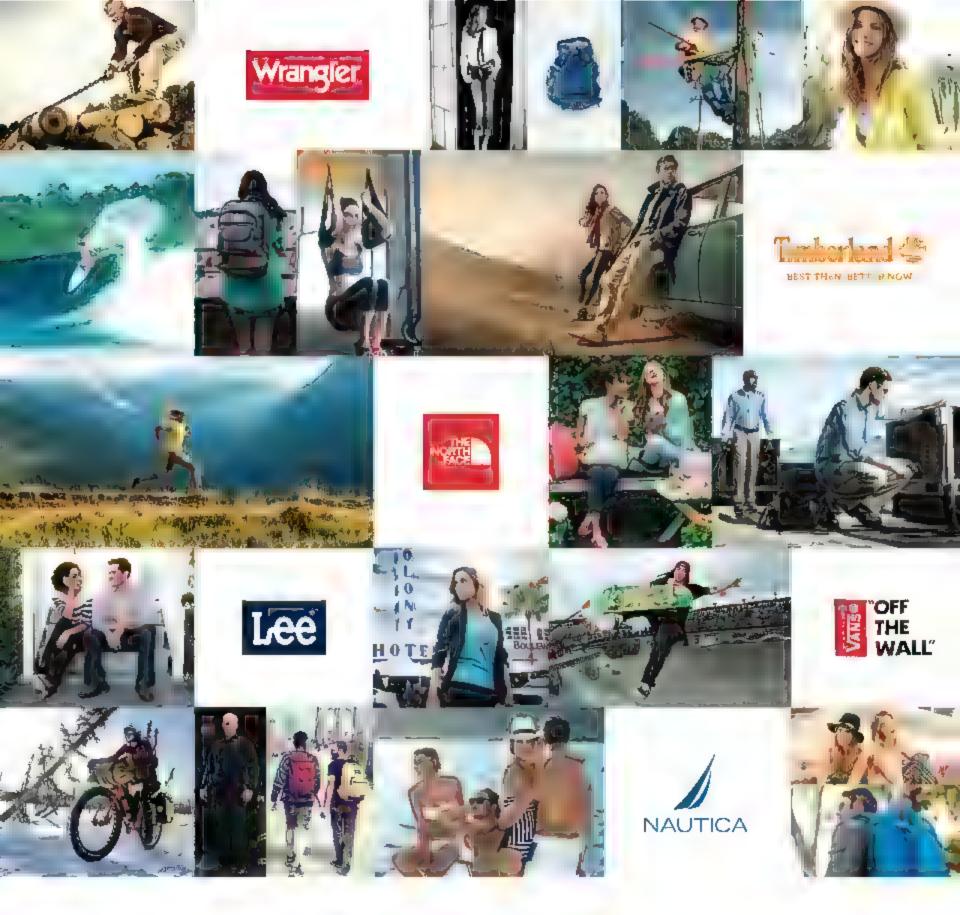
Syngenta knows how important green is to a community's health, so it's fitting the company calls Greensboro home. Syngenta researches and develops crop protection products and seeds and brings them to market; a hardy corn seed called Agrisure Artesian is making headlines for its resilience and sustainability. Researchers found that the seed can produce more corn with less water, or "more crop for less drop," as Jill Wheeler puts it She's the North Amer). can manager of Syngenta's Good Growth Plan, which includes six commitments to improve the world's food supply and the lives of those work ing in the field. She says Agrisure Artesian can yield impressive crops even in drought conditions, and which is really the whole idea behind Syngenta's work.

"Our goal is to help our customers better weather these world changes, and grow more food for an increasingly hungry world," says Wheeler The research is good for both company profits and for Greensboro, home of its largest North American site and some 700 jobs.

### Thriving in Education

It takes bravery to initiate a change, to start a movement, and Greensboro's citizens have shown that they have more than most. It was in this Southern city where four young men, students at North Carolina Agricultural and Technical State University in Greensboro, stood up for what was right when they sat down at a lunch counter Harold L. Martin, St., NC A&T chancellor, recounts the historic event.

"Four freshmen initiated a peaceful sit-in for



### WE KNOW A GOOD FIT WHEN WE SEE ONE.

VF Corporation is proud to call Greensboro home. With a diverse portfolio of more than 30 authentic apparel and footwear brands, our culture is rooted in respect, innovation and collaboration. Traits we share with Greensboro and the people who make it thrive.



### My Greensboro

### VERN

SYNGENTA CROP PROTECTION, LLC AND REGIONAL D RECTOR OF SYNGENTA, NORTH AMERICA

LOCAL ROOTS: Greensbord's been a great home. for my family the past 10 years. We love the climate and the area.

FAVORITE EATS: I love the seatood at .6:8 Seafood Grille. For quaint atmosphere and unique fare. go to Crafted, Lindley Park Filling Station and on Hen Cale

MUST-SEE: The Greensboro Science Center has many entertaining indoor and outdoor exhibits.

онцу нене: Ехрепенсе some of Greensbord's history at Guilford Courthouse National Military Park and the International Civil Rights Center and Museum downtown

TRAVEL ADVICES Check the Greensboro Coliseum schedule for great sports and entertainment events.

Must-po: The Atlantic Coast Conference Hai of Champions is a mustsee multimedia sports. exhibit for college sports fans.





ABOVE: Studying at Salem Academy.

the integration of the downtown Woolworth lunch counter. Their heroic act sparked the sitin movement across the nation." The students showed their Greensboro resolve and after six months they were successful in integrating the lunch counter

Thousands of higher education students call Greensboro home, attending the University of North Carolina at Greensboro, North Carolina A&T, Guilford College, Greensboro College, Ben nett College and Elon University School of Law. Just outside of Greensboro, you'll find Wake Forest University, Winston Salem State University, High Point University, Salem College, the University of North Carolina School of the Arts, Guilford Technical Community College and Forsyth Technical Community College, Education proponents were persistent in their efforts to establish each of the schools and today that passion is evident in the collaboration and enormous growth among the institutions.

Trip.ing enrollment, doub.ing the size of faculty and increasing campus acreage by 300 percent takes dogged determination and Dr. Nido Qubein is the man with the mission. He took over as High Point University president in 2005 and .mmediately started to change the face of the 91-year-old institution. He's leading the charge in fundraising, program improvements and community engagement, but he doesn't take all the credit.

"Parents appreciate our entrepreneurial spirit and have been some of HPU's strongest advocates. Through our parents, philanthropic investors who believe in our mission and alumni who support our case, we have been able to take the university to amazing new heights," he says. This year the \$22 million Center for Student Success will open and the physician assistant studies program will welcome its first class, in 2016 the first students will begin work in HPU's School of Pharmacy, the first in the Triad. With major health systems in close proximity, HPU students will have opportunities all around them.

Earning a college degree in your 70s should be the definition of determination. Many years ago, Jerris O'Ma.ley was a student at Salem College, the nation's oldest continuously operating institution (by founding date) for the education of women and garls, but she didn't finish. Undeterred all these years later, O'Malley enrolled in Salem's Martha H. Fleer Center for Adult Education and finally got her diploma in 2013.

Salem College and Salem Academy, a high school boarding and day school, started in 1772 when the Moravians who settled in what is now Winston-Salem set out to open a school for girls. Educating women was a radical idea at the time. "The ability to work collaboratively, to think critically, to communicate clearly and to have a desire to serve is paramount for the next generation of thinkers and doers," says Dr. D. E. Lorraine Sterritt, president of Salem Academy and College.

Bennett Belies are doing some impressive things as well. Bennett College alumnae number among the members of the North Carolina state senate and another served as Greensboro's first African American mayor and is the current



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### My High Point

### MARK

CEO OF PHILL PS COLLECT ON

LOCAL RODY'SE I was bore. in New York, went to school in Michigan and subsequently opened a company in Florida. A decade later. I sold my interest, returned to New York and founded The Phillips Collection, a furniture and decorative accessory company t soon became clear that High Point was the epicenter of our industry. and we moved to the Triad in 2002.

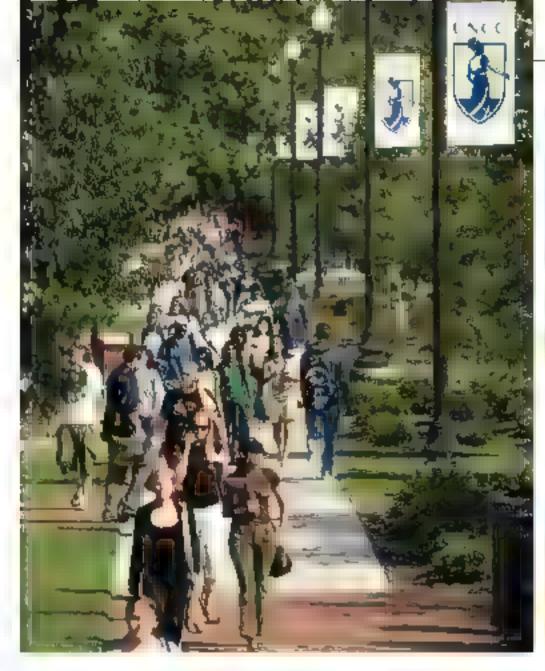
FAVORITE EATS: Our favorites include 98 Asian Bistro and a rear hidden. gem, BBQ Joe's, For upscale country, check out Southern Roots.

Mus-set: Bienenstock Furniture Library in High Point: Weatherspoon Art Museum and Greensboro Science Center

TRAVEL ADVICE: Take a walk on the Greenway. t's a beautiful path meandering through some of North Carolina's most breathtaking landscapes.

MUST-DO: Visit the incredible Eco Link in the world's largest furniture store, Formtureland South.









CLOCKWISE FROM LEFT: UNCG students walk down College Avenue; Cone Heafth's Annie Penn Hospital; Business leaders working with students at the STEM early college at NC A&T State University.

mayor pro tem, "Our history has been one of creating leaders," says Bennett College president Dr. Rosalind Fuse-Hall. The college dates back to 1873, when 70 young African American men and women attended school in a church basement in Greensboro. Today, the historically black women's college sits on 60 acres in Greensboro and has an enrollment of about 550. Bennett's president encourages students to get involved and be a positive voice for change in the community by sitting down with business and government leaders to share ideas.

"The students taught us about how to be more collaborative and how to make the city a place where they can imagine creating a living space they want to have as young adults. That's the exciting part about Greensboro right now," she says. Fuse-Hall notes that opportunities are endless for students in the Triad and some big initiatives prove it

NC A&T and UNCG, the Triad's largest universities, took collaboration to a new leve, with two exciting projects in and around downtown Greensboro: the Joint School of Nanoscience and Nanoengineering and the Union Square Campus. The JSNN is a research facility where NC A&T and UNCG graduate students build on their knowledge of the sciences and begin to specialize in nanotechnology. It is part of Gateway University Research Park South Campus, a 75 acre campus that brings researchers and businesses together to take science from the lab to the marketplace.

The Union Square Campus will connect even more Greensboro groups, Opportunity Greensboro, a part of Action Greensboro, initiated the idea of using the area's educational assets as an economic engine to grow businesses. It's essentially a collaborative college campus, with the first phase focused on training nurses. UNCG, NC A&T, GTCC, the City of Greensboro, Cone Health, Gui.ford County, the Greensboro Partnership and a number of foundations jumped on the opportunity to make it happen.

"By partnering the nursing programs at three of our higher education institutions with our largest employer, Cone Health, we will be training all levels of nursing, from the associate through doctoral degree levels, for the growing number of nursing jobs in the region and beyond," says Ed Kitchen, vice president of the Joseph M. Bryan Foundation and a leader on the project. Construction is underway, and the first students should begin classes in 2016.

The STEM (science, technology, engineering and math) Early College at NC A&T is yet another initiative aimed at developing talent in key fields. Freshmen take classes with the goal of completing high school credits at the end of their second year; by high school graduation, they have two years of college credits. Every Greensboro four year college campus also hosts a middle or early college, where high-achieving high school students can attend classes. NC A&T has both: the STEM Early College program and an all-male middle college.





As the nation's oldest continuously operating women's educational institution, Salem College prepares women for lives of purpose in the 21st century. Every Salem student completes a professional internship in which learning is practiced in real-world experiences. A Salem education offers women a clear advantage after graduation and also results in medical and law school acceptances that far surpass the national average. Visit www.salem.edu or call 1-800-32-SALEM to find out how you will shine

### My High Point

### NIDO Qubein

PRESIDENT OF HIGH POINT UN VERSITY

LOCAL ROOTS: I have called High Point my home for practically my entire adult life. Mariana and traised our family here and the city is home to High Point University, my alma mater, where proudly serve as president.

FAVORITE EATS: For I'me dining, flove Blue Water Grille—wonderfully prepared fish dishes and nice wine.

Must-see: High Point University, of course, to expended an extraordinary campus! The Triad is full of wonderful museums, shops and restaurants. It's a great benefit to residents here, with quick access to three distinctive and enjoyable cities. High Point, Greensboro and Winston-Salent.

ONLY MERC: More than a dozen wonderful public and private colleges and universities that each offer wonderful cultural and athletic events.

PERFECT DAY! A morning visit to the Piedmont Triad Farmers Market, cheering on the men's lacrosse team at Vert Stadium and dinner with family and friends at Southern Roots.







FROM LEFT TO RIGKT: Unifi; Brenner Children's Hospital, affiliated with Wake Forest Baptist Medical Center.

### Thriving in Health Care

The intellectual atmosphere and cooperative spirit in Greensboro and the Triad is a draw for health care professionals. "Our chief medical officer calls health care a team sport—and it really is," says Cone Health CEO Terry Akin, The Cone Health network spreads to more than 100 sites, including six hospitals, and has partners in local schools, governments, nonprofits and businesses.

"While hospitais and health systems used to want more patients, Cone Health sees the future in creating healthier ones," Akin says, He points to Triad HealthCare Network, which helps patients manage their care. "For instance, nurses and other staff may work with diabetic patients to keep diabetes under control. They work with people with high blood pressure to understand their disease and how to manage it. We are already seeing fewer THN patients needing emergency room care or lengthy hospital stays."

Akin appreciates the Triad team spirit and says that when the goal is people/patient focused the Triad is a tough team to beat. "With Cone Health moving toward a future focused on community health and wellness, that partnership is more important than any other."

Wake Forest Baptist Medical Center complements Cone Health to the west. It is the region's only lever I trauma center and includes the nationally ranked Brenner Children's Hospital. Wake Forest Baptist is also home to Wake Forest School of Medicine and Wake Forest Innovations, which works to accelerate the time it takes for research to get to the market.

### Thriving in Specialized Business

The Triad has proven its fortitude. It's fitting,

then, that one of the most durable and enduring wardrobe essentials has a presence here: denim. Cone Denim Mills began weaving denim in the 1800s and still operates a plant in Greensboro today. At VF Corporation headquarters, just about everyone is wearing jeans. If the company name isn't familiar, some of its more than two dozen brands should ring a bell: Wrangler, Lee, Limberland, The North Face, Vans, Nautica and more. VF acquired Blue Bell in 1986, essentially doubling the size of the company, and moved its company headquarters to Greensboro in 1998. VF has stayed because, as Craig Hodges, director of corporate communications, puts it, the employees like it here. "When you look at quality of life, a business friendly state and the higher education system we have surrounding us, it's been a great move for us," He is excited about the possibilities in Greensboro, especially at the Gateway University Research Park. "It's a no-brainer. You've got all these great minds, you've got all these great resources, you ve got all these great technologies and it's in our backyard," he says.

VF is growing, having acquired more than a dozen brands over the past 15 years. Hodges believes VF and Greensboro are on a similar trajectory. "It's almost as if we've succeeded together and it's going to be interesting to see what the future looks like."

The Triad is home to a number of well-known companies with strong histories and promising futures. Volvo has more than 2,000 people working in Greensboro, where you'll find the North American headquarters for Volvo Trucks and Mack Trucks, as well as the global headquarters for Vo.vo Financial Services.

Hanes Brands has its headquarters in



design is a cho ce

Family owned and hand-crafted in High Point, North Carolina since 1944



DIRT AND DUST MIGHT COVER SOME OF GREENSBORO'S GREEN SPACE OVER THE NEXT FEW YEARS. AS THE CITY CONTINUES TO REINVENT ITSELF WITH MAJOR PROJECTS UNDERWAY TO THE TUNE OF A \$400 MILLION INVESTMENT

Winston-Salem, managing brands such as Hanes, Champion, Playtex and Maidenform. Kayser-Roth calls Greensboro home and says it still manufacturers 80 percent of its regwear products in North Carolina and Tennessee. Ralph Lauren has a big presence in the Triad as well, with six facilities, including three major distribution facilities. The apparel and home goods company is High Point's largest employer. Tanger Outlets has it corporate home in Greensboro as well

The Triad is also home to Phillips Collection, a home furnishings company that designs and sells "organic contemporary" pieces with global style. Since the world shops High Point for home furnishings, it was a perfect fit for the family-owned company

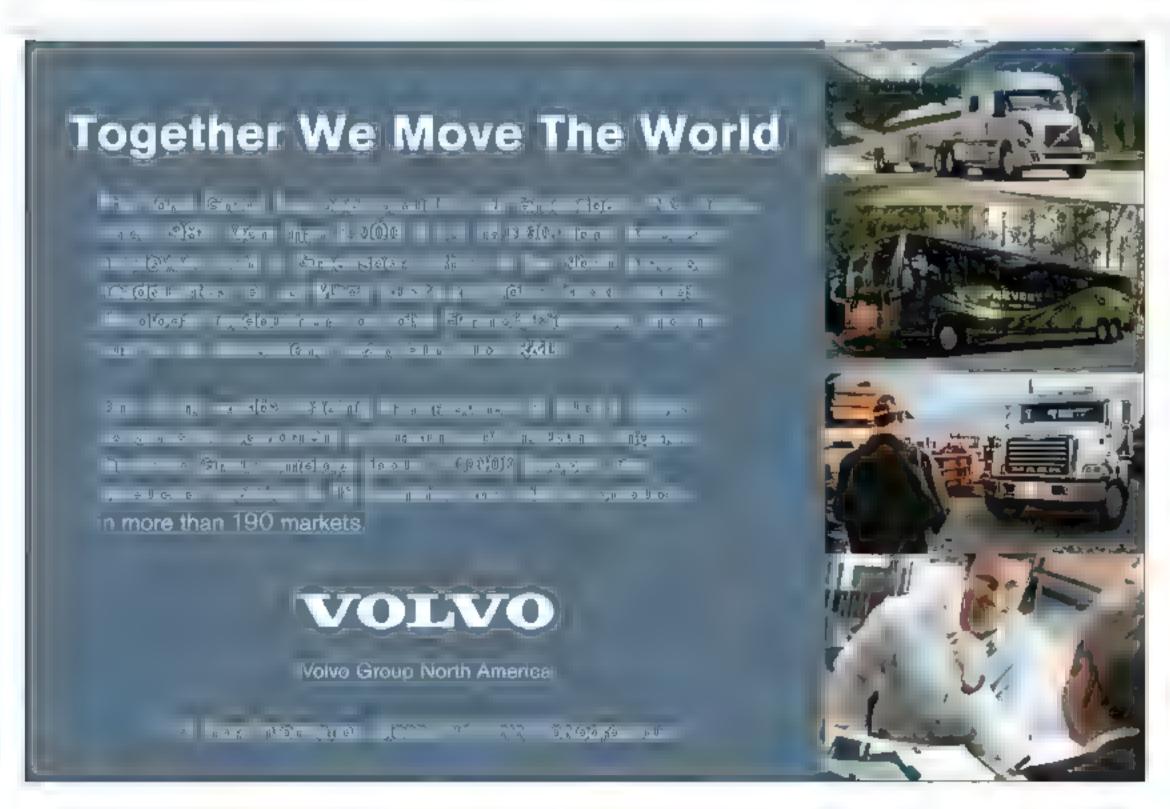
### Thriving in the Sky

Kevin Baker calls himself a "plane guy." He recalls collecting every picture or model of a plane his big brother, an Air Force colonel, flew, but piloting wasn't in the cards for Baker himself. However, there were plenty of planes in his future. Piedmont Triad International Airport's executive director balances the needs of five primary airlines and the 1.7 million passengers they move in and out of the area every year. Five interstate highways feed the airport now and connectors are under construction that will add even more access for industrial sites with a need for immediate highway access. "The airport, while the third-busiest in the state in terms of passenger movements, is the biggest employer of folks in the aerospace industry [excluding direct airline employees]," Baker says. "HAECO, Honda, FedEx and Cessna all call the airport home; thousands of people work there,"

Like Baker, Michimasa Fupino's dreams were 40,000 feet high. The Honda Aircraft Company president and CEO has been working on the HondaJet for nearly two decades and he's building planes in Greensboro. Honda Aircraft established its headquarters at the air port in 2006, now more than 1,300 people work in research and development, manufacturing, customer service and administration at the site. Honda Aircraft's decision to come to Greensboro had a lot to do with the region's ready workforce.

"Like all great endeavors, it is the people who will determine ultimate success," Funno says.

Guilford Technical Community College offers training in avionics technology, aviation management, aviation system technology and



aviation career pilot technology. It's a win for Honda and a win for local students.

HAECO is putting even more people to work on jets. The Hong Kong-founded company is one of the world's largest maintenance, repair and overhaul service providers. Cessna Aircraft Company also services jets in a 46,000-square-foot facility in Greensboro, the major maintenance center for Cessna owners in the Mid-Atlantic. FedEx has its Mid-Atlantic Air hub at PTI and can move 24,000 packages an hour. A third runway was added to accommodate the extra traffic. Baker was critical to the FedEx deal, and now the Piedmont Triad Airport Authority is implementing a development plan for sites around the airport on up to 1,000 acres.

### Thriving in the Future

What North Carolina doesn't have is a major assembly plant, and Triad leaders believe now is the time to change that, With Jim Melvin, former Greensboro mayor and current president of the Joseph M. Bryan Foundation, leading the charge, the city of Greensboro and Guilford and Randolph counties have partnered to develop 1,400 acres just south of Greensboro. "We think we have one of the best sites in the Southeast, if

not the best. So the next time a car manufacturer walks down the road, we're going to say, "This is where you need to be," Melvin says, adding that three companies have already toured the site by air. When one is ready to build, the space will be, too. "At the heart of this all is quality jobs, quality companies," he says.

Dirt and dust might cover some of Greensboro's green space over the next few years, as the city continues to reinvent itself. Bulldozers and cranes are just as common as cars on down town Greensboro streets—with major projects underway to the tune of a \$400 million investment. High Point Road, which runs alongside the Greensboro Coliseum, is getting a facelift before it hosts the next ACC Basketball Tournament, Road crews are working on 15 more miles. of the Greensboro Urban Loop, Mayor Vaughan believes Greensboro is on the verge of a big boom and when the dust settles, the green will be on more than trees and grass. "I just love this city, I think we are turning the corner and I'm excited about that."

Rosemary Plybon Kennerly, a writer and host for Greensboro Television Network, lives in Greensboro with her husband and four children.



VF Corporation, based in Greensboro, owns brands such as The North Face, Wrangler, Nautica, 7 For All Mankind, Timberland and Jansport.

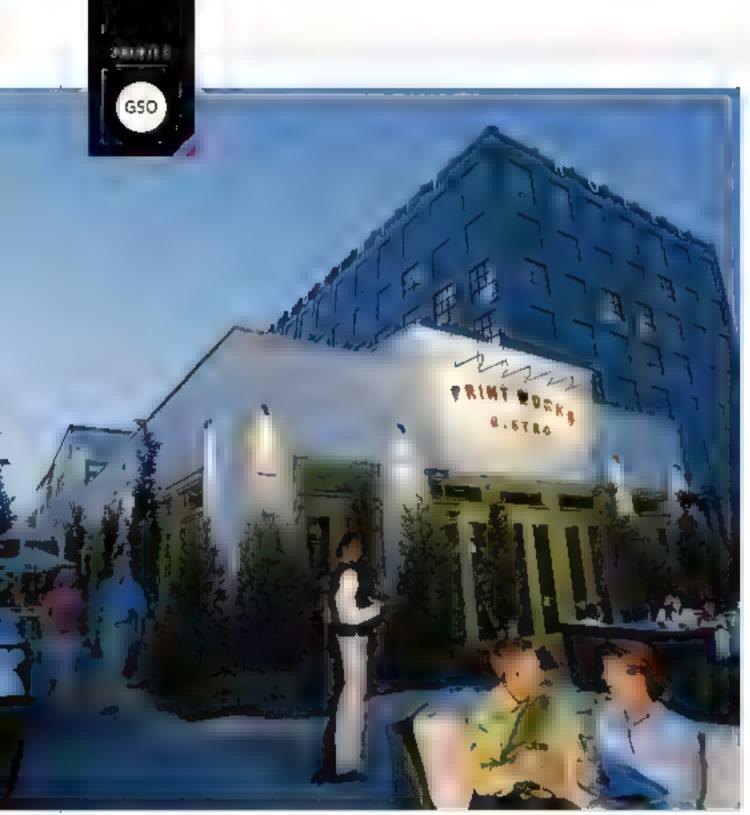
Cone Health >> Healthy Communities

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# Triple the Fun

WITH ITS BUSTLING DOWNTOWN, CUTTING EDGE HOTELS AND EATERIES—PAIRED WITH A BUZZY CULTURAL SCENE-GREENSBORO SERVES AS THE PERFECT GATEWAY FOR EXPLORING THE CHARMS OF THE PIEDMONT TRIAD by JASON OLIVER NIXON

"The Gate City is so wonderfully diverse," says longtime Greensboro real estate agent Katie Redhead. "I love the history, the manufacturing background paired with the current state of business innovation and the wonderful architecture. The people are genuine and caring—it's really a big small town." Founded

in 1808 and largely built on free-flowing cash from textile mills, Greensboro mixes a heavy dash of the old South with a forward thinking,

FROM LEFT: Proximity Hotel and Print Works Bistro; Tanger Family Bicentennial Garden; Greensboro Symphony Orchestra.

sophisticated sensibility. In recent years, the city's downtown has stepped up: A weekend evening will see folks of all ages walking along Elm Street and choosing between white-tablecloth dining options and craft breweries before hitting the Carolina Theatre, the Greensboro Symphony, a bar or a nightclub. Throw in plenty of culture, 99 mines of trails, 9,000 acres of parks and and say he lo to a city that's rolling out the welcome mat.

#### Diversity Rules Downtown

"Downtown Greensboro is filled with endless options," says Dan Riedel, the colowner of tour company Carolina History & Haunts. "The restaurants, the music, the nightlife, tours, breweries, baseball, shopping, parks, theaters, museums, galleries and history are all within a few blocks of each other. This was a city that once emptied out at night. No longer."

During the day, the area, roughly book-ended by Lee Street and Friendly Avenue, brings



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FROM LEFT TO
RIGHT: Biking
In Guilford
Courthouse
National Military
Park: Reynolda;
the ACC Women's
Baskethall
Tournament at the
The Graensboro
Coliseum Complex.

together a wonderful mix. Grab a cappuccino at The Green Bean and take in the downtown scene. Window-shop or visit any of the numerous galleries, specialty shops and artist collectives. Have a picnic lunch at City Center Park and sit by the waterfalls and enjoy Tunes at Noon every Wednesday from May to September The utterly unique Elsewhere, a living museum that occupies a former thrift store, is another downtown must see, with ever changing exhibits incorporating repurposed materials.

### Festivals and Celebrations

From September 11 to 13 this year, Greensboro welcomes the National Folk Festival, a massive celebration of arts, culture and heritage. Greensboro was selected from a field of 32 cities to host this free, three-day family-friendly outdoor event celebrating its 75th anniversary this year. More than 100,000 expected attendees will enjoy music representing every part of the United States, dance performances, food of all cultures, storytelling, puppet shows, crafts and more.

The five-year-old 17DAYS Arts & Culture Festival has firmly established itself as a destination event. From September 11 to 27, more than 70 arts and entertainment presenters and organizations hold events dedicated to music, theater, dance, visual arts and cuisine over the course of 17 days.

The Eastern Music Festival, now in its 54th year, takes place during over the course of five weeks (June 27 to August 1) and features music of all styles from classical to contemporary.

#### **Hotel Stories**

Sitting on the terrace at historic Print Works Bistro, named after a former Cone Mills cotton finishing plant, well accessorized bloody many cocktails sail by on servers' trays and the scent of wisteria fills the air. It's Sunday brunch, and a mix of brightly ciad church goers and city slickers kicks back at this chic eatery that sits adjacent to the Proximity Hotel, which, like Print Works, is LEED Platinum certified

The dramatic hotel lobby boasts a stunning cantilevered front desk and industrial stylings that seem plucked from Los Angeles or Solio. The Proximity's rooms are wonderfully comfortable and thic, too, and feature floor-to-ceiling windows that prove that being green also can be glamorous—look for further evidence in the 100 sculptural solar panels that crown the hotel's roof

Thank local Quaintance-Weaver Hotels and Restaurants for crafting this high-style hostelry that sits just down from the Friendly Center shopping village. Just up the street, The O. Henry Hotel, named for the famed American short story writer who was born in Greensboro in 1862, has more traditional decor. Up the street in the other direction is Lacky 32 Southern Kitchen, the group's Southern-flavored stand-alone eatery that pairs terrific wine selections with dishes such as wild-caught American shrimp and grits with andouille sausage.

### Dining by Design

In recent years, the Greensboro food scene has exploded. Of course, there is still plenty of traditional fare, such as the BBQ at long running institutions such as Stamey's. Many visitors are surprised to find that Greensboro has an exuberant Vietnamese cooking scene that can be appreciated in the form of bowls of pho at Van Loi II or pan-Asian delicacies at Sa.gon

### HIGH POINT UNIVERSITY IS PLEASED TO ANNOUNCE

## THE SCHOOL OF HEALTH SCIENCES & THE SCHOOL OF PHARMAGY

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The School of Health Sciences and the School of Pharmacy will advance client and patient centered care through excellence in teaching scholarship, evidence based clinical practice, and community engagement.

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### The School of Health Sciences offers:

Bache or of Science in Athletic Training
Bache or of Science in Exercise Science
Master of Physician Assistant Studies
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Daniel Erb PT. PhD Dean School of Health Sciences



Ronald Rogan RPh, PhD Dean, School of Pharmacy



Eric Hegedus
PT. DPT. MHSc OCS, CSCS
Founding Chair Depart
ment of Physical Therapy



Joiene Henning EdD. ATC LAT Char Department of Athletic framing



Tony kemerly PhD Char Department of Exercise Science



Unda Sekhon

DHSc PA-C

Founding Chair.

Department of 
Physician Assistant Studies



Peter Gai RPh. Pharma BCPS Praiessor and Associate Dear for Academic Affairs



Joy Greene
PharmD
Projessor and Assistant
Dean for Expenential
Education



Scott Hemby PhO Professor and Char of Basic Pharmaceutical Sciences



Buddy Lingle RPh, PhD Professor and Associate Dean for Studen, and Professional Affairs



Kevin Ford PhD. FACSM Director Human Bomechanics and Physiology Laboratory



James Smoliga DVM. PhD Associate Director. Human Biomechanics and Physiology Laboratory



ueffrey B Taylor
Pt Opt. Ocs SCS. CSCS
Director a. Clinical
Education. Deportment
of Physical Therapy



Mark Tealard PhD Professor of Physical Therapy



Alexis Wright
PT. PhD. DPT. FAAQMPT
Asseron Professor of
Physical Therapy



Nancy Groh

EdD ATC LAT

Clinica Education

Coordinator Department

of Affiliatic Training



Yum Nguyen PhD. ATC. LAT Assistant Professor of Athletic Training



Sara Arena PhD Assistant Professor of Exercise Science



Jillian Davis PhD Assistant Professor of Exercise Science



Ted Eaves
EdD ATC LAT. CSCS
Instructor of
Exercise Science



Kimberly Reich PhD Assistant Professor of Exercise Science



Kyle Sunderland PhD Assistant Professor of Exercise Salence



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Mark Archambault
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Physician Assistant Studies



Ashlyn Bruning
MMS, PA-C
Director of
Chineal Education
Physician Assistant Studies



Stephen Meyers
MD
Medical Director
Physician Assistant Studies



David Pilanzo
PhD PA-C
Oxec (or of
Didactic Education
Physician Assistant Studies



Etyse Walkins MS. PA-C Assistant Professor of Physician Assistant Studies







FROM LEFT TO RIGHT: Greensboro Children's Museum, Statue of General Nathanael Greeneat Guilford Courthouse

Military Park; Formers Market.

Downtown at Table 16 on busy, pedestrian-friendly Elm Street, new world cuisine takes center stage in the form of semolina oysters with caramelized okra and triggerfish with Spanish chorizo and black turtle beans. Also downtown, Crafted serves colorful tacos in a high-energy setting.

Enjoy craft brews, such as Southern Pale Ale and Buckshot Amber Ale, paired with pub fare at Natty Greene's Brewing Company, Further-affeld favorites include the much-lauded 1618 Seafood Grille or its nearby offshoot, 1618 Wine Lounge; Josephine's Kitchen, featuring an eclectic menu with Southern flourishes; and Sticks & Stones for finely tuned clay-oven pizzas, all topped with locally sourced ingredients. And you can't go wrong at Smith Street Diner. for classic breakfast fare, including house-made biscuits with gravy

### The Sports Scene

On a sunny summer afternoon, there's no better alfresco adventure than catching a Greensboro Grasshoppers baseball game downtown at stunning NewBridge Bank Park. Settle in for a hot dog and cold beer as you take in an always-festive minor league game. The city earns another of its nicknames, Tournament Town, for the ongoing parade of athletic events that are held at its top-notch facilities. Eager to get in on the action instead of just being a spectator? Kersey Valley, located just a short drive from downtown Greensboro, has zip lines, a ropes course and outdoor laser tag.

#### **Culture Club**

History buffs can revel in Blandwood Mansion,

which dates back to 1795, and the Greensboro Historical Museum, where visitors can enjoy exhibits that fill the former First Presbyterian Church, Don't miss the historic house in the museum's Mary Lynn Richardson Park.

At the Greensboro Ch.ldren's Museum, children can explore Our Town and permanent exhibits that span 33,000 square feet. Kids can build castles in the construction zone exhibit, explore the Edible Schoolyard Garden and ride a kid-sized train in the Train Depot

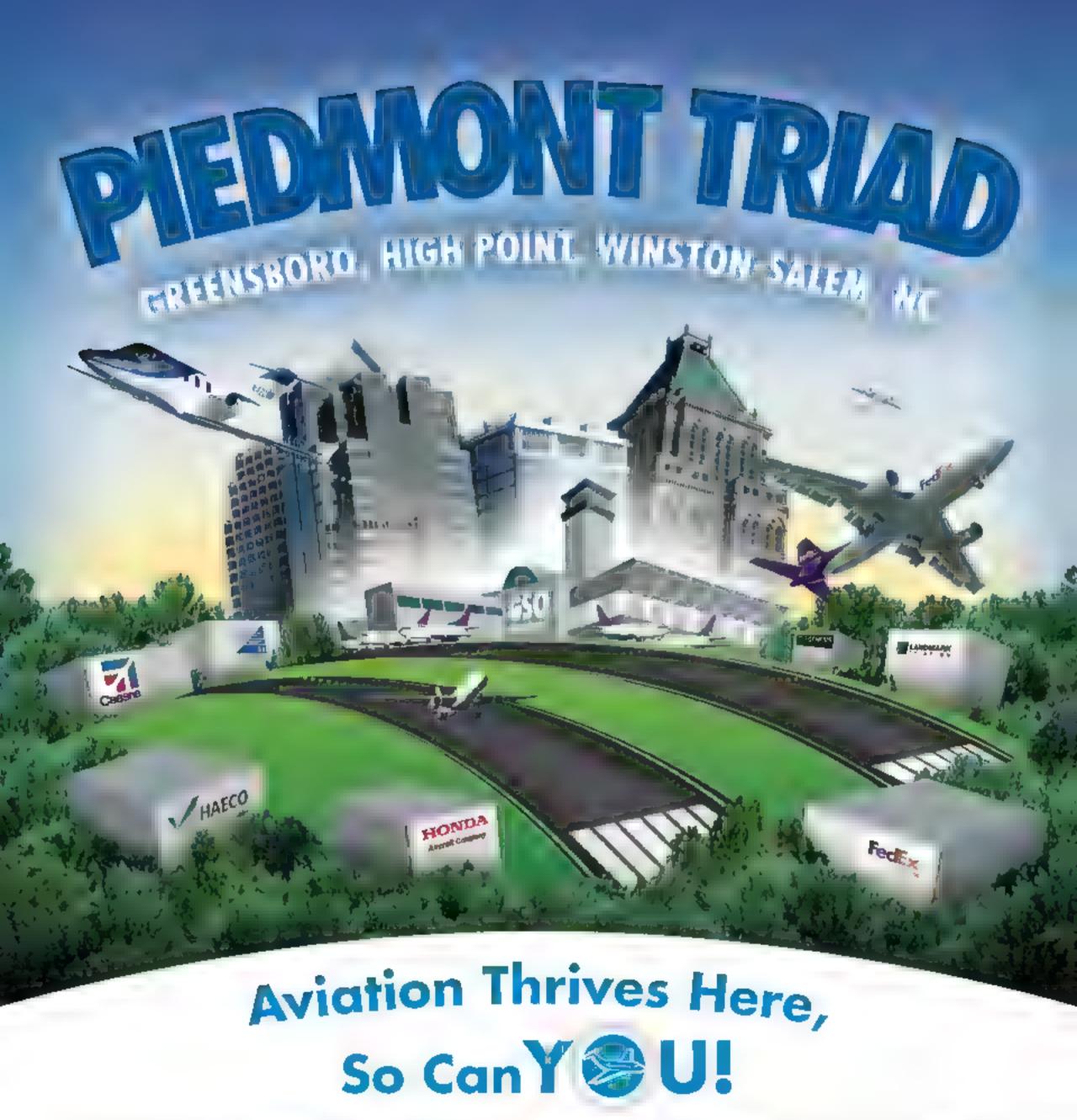
The Tanger Family Bicentennial Garden was created in 1976 in honor of the United States' Bicentennial Celebration. The 7.5-acre garden boasts paved walking paths, a winding stream, bronze sculptures and mass seasonal plantings.

### **High Point Highlights**

The twice-annual High Point Market attracts 75,000 plus buyers, retaiters interior designers. and manufacturers to the "furniture capital of the world" to peruse the latest and greatest home furnishings. The event generates more than \$5 billion in economic activity, though it is not open to the public, and is strictly tothe-trade. But what happens when the market carpets roll up every spring and fall?

"We have so many positives, and there are wonderful revitalization projects in the works," High Point Mayor Bill Bencini says. "We have an energized community and are ready for new chapters."

There are exceptional new eateries that have recently opened around town, including 98 Asian Bistro with its monumental Buddha sculpture (and dream-worthy crispy fried string beans) and Lulu & Biu, which serves Italian



Greensboro, North Carolina's thriving aviation sector is supported by strong education and training programs, a growing base of aviation and aerospace related companies, and available sites at Piedmont Triad International Airport That is why Honda Aircraft Company, HAECO, and BE Aerospace have chosen the Piedmont Triad as their home







#### My Greensboro

## RHIANNON GIDDENS

MUSIC:AN

LOCAL ROOTS: I lived in McLeansville/Sedalia the first part of my life and in Greensborp from 7 or so. on. And a good portron of my family is all here, too!

**FAVOR-TE EATS IN** GREENSHONO/THE THIAD: My hands-down favorite restaurant is Lucky 32. They have fantastic food with great Southern Playor Go on a Tuesday and get the bonus of some wonderful music by IOCA: MIUSICIANS.

MUST-SEE: The International Civil Rights Museum in Greensbard-in the Woolworth's where the first sitting were held. by NC A&T students—is a wonderfui piace.

ONLY HERE: O Henry was born in Greensbord, and every year the Historical Museum puts on 5 by O. Henry—live plays based on O. Henry short stories—the local talent here is strong!

Must-po: Go see one of the original Apparachian plays-with-music by local dream team \_aurelyn Dossett and Presion Lane commissioned for Triad Stage, our very own highly regarded regional theater









CLOCKWISE FROM LEFT: Beers at Natty Greene's; Blandwood Mansion; Guilford Courthouse battle reenactment,

small plates. For drinks, DeBeen Espresso and the Brown Truck Brewery (opening this summer) have visitors covered from morning till evening.

Innovative retail, in the form of the Blo Dry C.ub and Green Door Whee, Works for every thing bike-related, keep shoppers occupied Hotel options offer a range of choices to suit any traveler's style, from the historic J H. Adams Inn. on North Main Street to the just-opened Radisson in the heart of downtown.

For more local exploration, there's powerhouse High Point University, which has seen explosive growth in the past decade; the Bienenstock Furniture Library, home to the largest collection of books on furniture and interior design in the world, and TAG, Theatre Art Galleries, with their ever-changing, always engaging exhibitions.

#### Winston-Salem Wonderland

Cobblestone streets crisscross Old Salem, a community that was founded by the Moravians in 1766. Take in the postcard-perfect brick houses and flower-filled gardens, stroll the pathways that meander through Salem College and peek into God's Acre Graveyard. Stock up on Moravian sugar cookies at the Winkler Bakery at the Old Salem Museum and Gardens before lunching in the wonderfully atmospheric Tavern in Old Salem, which dates back to 1816.

Just blocks away from historic Old Salem Museum and Gardens lies downtown Winston-Salem and its skyscrapers. The city has invested heavily in rethinking its urban core as well as promoting its position as a technology and innovation hub. Stroll West Fourth Street and enjoy any of the numerous restaurants from Mozelle's to The Old Fourth Street Filling Station before catching an art flick at the A/perture cinema or a symphony performance at the Stevens Center.

Next up might be a visit to Reynolda, the stunning former home of the R. J. Reynolds family. Fans of the decorative arts will appreciate the 1917 home with its original period furnishings, pipe organ and deco-styled bar-nightclub and glamorous swimming pool. After your tour, stroll over to the estate's bucolic Reynolda Village, housed in the former dairy and other outlying buildings (and situated next to Wake Forest University, with which it is affiliated), for a beautifully edited selection of shops, galleries and eateries. Favorites include the Village Tavern, Gazebo and Adornment Needlepoint, Finish off your day with a spin through Winston's historic West End, with its wonderful antiques shops and cozy cafes. \

Sky gtobal lifestyle editor Jason Oliver Nixon is: also the co-owner of the High Point, North Carolina-based interior design and product development firm Madcap Cottage



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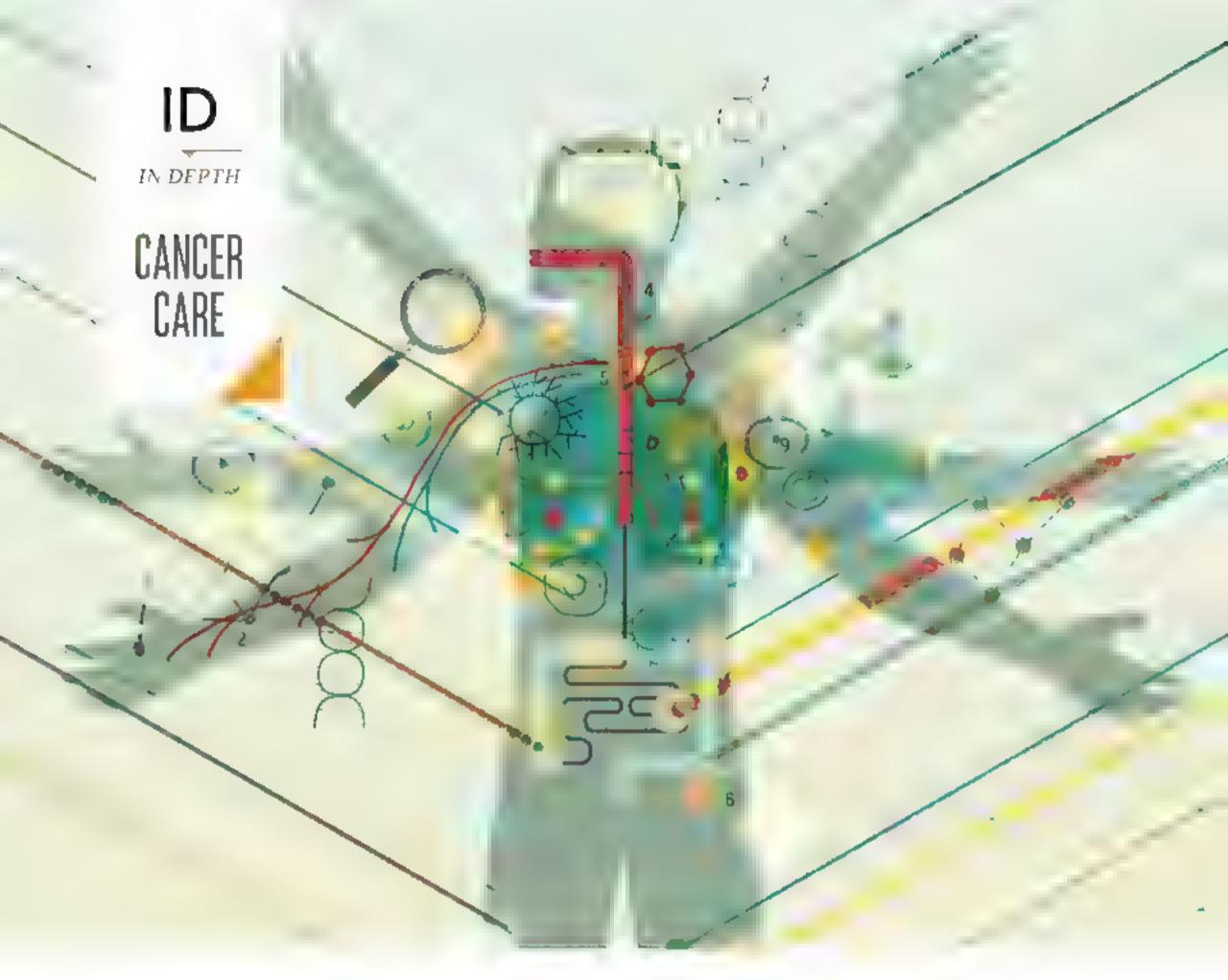
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SCOTT HAMILION
1984 Olympic Gold Medalist
and cancer survivor 1



# Dispatches from Cancer's Front Lines

in the battle against cancer, doctors and researchers are making promising progress with new testing methods and innovative treatments by KEVIN FEATHERLY

en Burns' recent six-hour TV documentary, Cancer; The Emperor of All Maladies was a journey through the long, frustrating fight against cancer. But it ended on a hopeful note, examining two areas of research that are gaining renewed momentum

The first is cancer screening, which holds out hope for nipping cancer in the bud before it takes firm root. The second is immunology, an old idea

now coming of age, in which the body's natural disease-fighting mechanisms are armed to kill off cancer tumors. Delta Sky spoke with experts in both fields to get a gauge on advancements in these fields.

#### **ENCERSCREENING**

Cancer screening has something of a checkered past.

Pap smears, colonoscopies, mammographies and prostate specific antigen tests for prostate cancer have





all helped catch cancers early—when the disease is most treatable. The Pap smear in particular has been a startling success, helping reduce the cervical cancer mortality rate by 80 percent in Iceland and 50 percent in Finland, according to the National Cancer Institute. Similar numbers have been recorded in large populations tested in the United States and Canada, according to NCI.

Up to now, however, some forms of screening have had negligible benefits. Mammograms, once encouraged for all adult females, turns out to work mostly in older women. The evidence is thin that PSA screening really helps reduce overall prostate cancer mortality. More precise screening methods are needed, experts say.

"As it stands right now, the only way to make any tangible impacts on cancer mortality is to screen better," says Vadim Backman, a researcher and professor of biomedical engineering at Northwestern University. "Producing more drugs that cost \$200,000 a year and prolong life by only half a year or one year—that is not really the route we want to go."

Pancreatic cancer is bad news—it has a 6 percent survival rate after five years. The organ is located deep in the body where it is difficult to image or harvest sample tissue, so it resists simple screening. However, it is known to release a protein, mesothelin, that serves as a kind of early warning flare. Still, there has never been a sure-fire way to detect that protein.

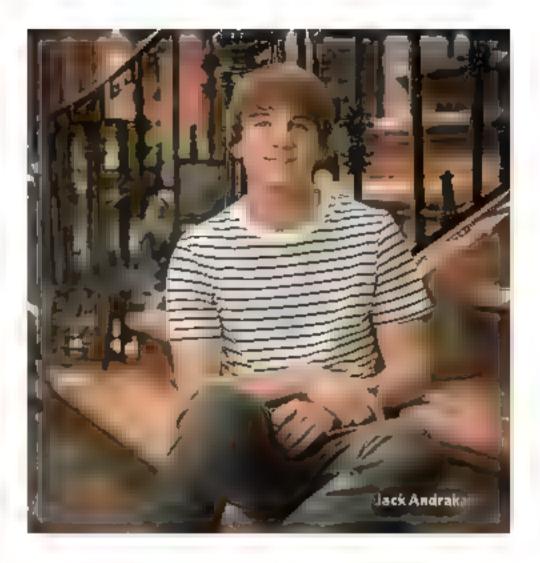
Enter teen prodigy Jack Andraka, a Crownsville, Maryland, high school senior who got interested in pancreatic cancer when a family friend died from it. In 2012, he found a simple way to detect mesotherin that involves a tiny sample of blood, microscopic nanotubes and a strip of blotting paper. It is almost identical to the glucose test used by diabetics.

Following an idea that came to him in a flash during high school biology class, he obtained cells from a commercial pancreatic cancer cell line and mixed them into a solution with electrically conductive nanotubes. He coated strips of absorbent test paper with the brew and examined them

"What happens is that protein will shed off the cells and go into this network of nanotubes," he says. "Antibodies wil. iatch onto that protein, because it acts like a lock and key. That forms this beefed up molecule, and that spreads these nanotubes apart."

As nanotubes separate, there is an increase in electrical resistance—the distant nanotubes offer fewer pathways for electrons. That electrical resistance, he says, signals the presence of mesothe.in. Andraka measured that phenomenon using a \$50 ohmmeter from Home Depot.

For the discovery Andraka won a \$75,000 prize in



the Intel International Science and Engineering Fair and a Smithsonian American Ingenuity Award. It has been criticized by some scientists for its lack of peer review (it remains unpublished) and for some of Andraka's claims about its speed and accuracy. However, Andraka's mentor, former Johns Hopkins pathologist and pancreatic cancer researcher Anirban Maitra, has called him "an Edison for our times."

Andraka is working with several companies to license the test so it can be run through clinical trials. In the meantime, he is preparing to check in next semester as a freshman at Stanford University, where he will study bioengineering and continue his research.

Andraka is nothing if not optimistic, and thinks his screening method—which he says costs 3 cents per test, takes five minutes to run and is more than 90 percent accurate—is universal enough for early detection of various cancers, as well as AIDS, Alzheimer's and other diseases. He harbors few doubts that he will succeed. "In the next five to 10 years," he says, "this will be on the market."

#### APERSONALMATTER

One in 40 women will develop uterine cancer in their lifetime and more than 10,000 in the United States will die from it in 2015, says Jamie Bakkum-Gamez, a gynecologic oncologist and researcher at the Mayo Clinic. But early detection approaches are lacking, she says. Which is too bad, because when the disease is caught early patients have a greater than 95 percent chance of surviving at least five years.

Bakkum-Gamez's research suggests that DNA markers indicating the presence of cancerous or precancerous cells are shed from the uterus to the lower reproductive tracts of women. So she is leading a trial that involves self-administered early detection screening using familiar personal hygiene products. When

## 10 years ago, Rex's treatment wouldn't have been possible.

At just 18 months old, Rex was diagnosed with stage 4 neuroblastoma, a type of childhood cancer. Since that day in September 2013, he's endured 14 surgeries, seven rounds of chemotherapy, 12 radiation sessions, six rounds of immunotherapy and more than 50 blood transfusions.

Rex has great courage and strength. And unlike many children in the past, he has hope. He's among the first and one of the youngest children to have received a new treatment made possible by research supported by the St. Baldrick's Foundation. Rex's family is proud to report that his last two scans show no evidence of the disease.

Inspiring success stones like Rex's depend on continued research. The St. Baldrick's Foundation is the largest private funder of pediatric cancer research grants, funding new discoveries and bringing worldclass care to children like Rex, no matter where they live.

To help children with cancer enjoy longer, healthier lives, please visit:

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Conquer Childhood Cancers

"I consider St. Baldrick's the most forward-looking and robust philanthropic foundation for childhood cancer."

Crystal L. Mackall, M.D. Chief, Pediatric Oncology Branch, National Cancer Institute

"Many struggling early career scientists are being driven out of the research realm because funding cannot be guaranteed. Obtaining a grant from the St. Baldrick's Foundation can therefore be that one thing that saves the science career of a creative young physician."

Jennifer Salstrom, M.D., Ph.D. 2013 St. Baldrick's Fellow; University of Colorado, Denver















the screening test is eventually available, the plan is that women will be able to mail self-cohected samples to the clinic or testing center for analysis. When a DNA marker indicating the possibility of cancer or precancer is detected, the patient would be summoned in for biopsies and further testing.

"The current standard of care for a woman who is having abnormal bleeding or other symptoms that could suggest uterine cancer is that they have an endometrial (uterine) biopsy," Bakkum Gamez says. "What we are trying to design is a more comfortable and better tolerated test."

The screening method is being tried in an ongoing clinical trial involving 1,000 women 45 years old and older who present uterine cancerlike symptoms. One goal of the current clinincal trial is to demonstrate that DNA is spontaneously shed from women's endometrium and can be reliably detected using personal hygiene products. This would provide evidence that self-collection for early detection is feasible.

Such a breakthrough would be timely, she says, because as rates of obesity and other risk factors climb, the incidence of uterine cancer threatens to rise too.

"What we are developing is a test that really centers around the patient and ease of use," she says. "We're also utilizing a collection device that is well accepted I think these are features that are important when it comes to developing a screening test for women."

#### LETTHERE BEINGHT

Northwestern's Backman is developing another fasci-

nating screening breakthrough. It involves a spectroscopy device that Backman developed, which bounces light particles—photons—off harvested cells. Light diffracts off healthy cells at certain angles when healthy, and at other angles when cancerous or pre-cancerous.

The device Backman developed can sense structural changes in cells down to about 20 nanometers, orders of magnitude closer than ever before possible. That allows him to study alterations in the chromatin—the combination of DNA, RNA and proteins in the nucleus of cells that determines whether it becomes a brain cell, a muscle cell, a rung cell or otherwise.

In tests involving thousands of patients so far, Backman has learned that chromatin alterations occur at the very beginning of carcinogenesis. Amazingly, the changes are identical no matter what kind of celt or cancer is involved

Further, he has found that the changes are not localized. Chromatin alterations are found in all adjoining cells. He says it is almost as if cancer fertilizes the territory where it hopes to spread by altering all the cells' chromatin structures—even before disease takes root.

This is a game changer, Backman says. If spectroscopy is used to screen for lung, head or neck cancers, for instance, it means that cells can be harvested simply by brushing inside the patient's cheek.

The technology is licensed to Nanocytomics, a spinoff of Northwestern University, which is commercial

use. Preliminary tria.s are complete

# Kathleen

#### THE CHALLENGE OF CHILDHOOD CANCER

St. Baldrick's Foundation is a driving force in funding childhood cancer research. CEO Kathleen Ruddy speaks about the difficulties faced by kids with cancer.

DELTA SKY: in 80 percent of kids diagnosed with cancer the disease has spread by the time of diagnosis. What's being done to work toward ear lend agnosis?

KATHLEEN RUDDY: Most symptoms of childhood cancers are so common—fevers, bruising sore imps, for instance—that they rarely indicate cancer Another reason so many are diagnosed at

an advanced stage is simply the rapid spread of cancer in young bodies. Most research on early detection focuses on specific groups. For those who are fighting or recently fought cancer we must not only preventire apseibut detect it as quickly as possible. Some of idren and teens have a genetic predisposition to cancer so they need frequent testing.

**DS:** Understanding that each cancer and patient is different. what are some of the differences between treating k ds with cancer versus adults?

KR: The types of cancers that strike children are different, and the vast majority of new drugs developed for cancer are for adults, Last month the FDA approved only the third new drug in 20 years that was developed specifically for a childhood cancer.

Perhaps the biggest difference is the effect therapies have on developing bodies and minds. Chemotherapy and radiation work by attacking rapidly growing cancer cells. In a child sibody, healthy cells are also growing rapidly, so freatments can harm the development of vital systems.

By theit me they are 45 years old more than 95 percent of childhood cancer survivors will have a chronic health problem and more than 80 percent will have severe or life-threatening conditions.

Many of the greatest breakthroughs in cancer treatment—chemotherapy gene therapies and more—have come from childhood cancer research Sold scoveries in childhood cancer make an impaction adults as we



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# Is Cancer Preventable?

A mounting body of research says yes. In fact, you have more power than you think. Here's how to reduce your risk. BY KAREN ASP

tis the one word nobody wants to hear concer it is the second-leading cause of death in the United States, and the American Cancer Society estimates that more than 1.6 million new cancer cases will be diagnosed in 2015 alone.

B eak as that may sound, there's encouraging news about how much you can influence your cancer risk, even in spite of family history. "Only five percent of all cancers can be linked to genet coinner tance, while the remaining 95 percent is related to diet, lifesty eland environmental toxins," says Dr. Mitchell Gaynor assistant clinical professor of medicine at Well Cornell Medical College in New York City and author of The Gene Therapy Plan (Viking, 2015).

New statistics from the American Association for Cancer Research show that more than half of all cancer deaths are related to preventable causes, two of the offenders being tobaccouse and weight issues. That dovetails with a 2012 study that found that more than half of all cancer is preventable.

So how can you lower your risk? Years ago, the ACS issued guidelines for cancer prevention, many of which echo recommended lifestyle.

behaviors for heart health, and although the guide lines have been amended throughout the years, one of the largest studies to examine their efficacy was recently published. This study, from the American Journal of Clinical Nutrition, revealed that crose adherence to these guide lines can ower cancer incidence and death from cancer.

Trouble is, though, getting people to adhere to these healthy lifestyle guidelines is a challenge. "Although the good news is we have strong evidence that cancer can be prevented, the bad news is that we tend to ignore this as a society," says Dr. Graham Colditz, lead author of the 2012 study and professor of medicine at Washington University School of Medicine in St. Louis.

One surprise that might help push more people into action? "We now know that most adults have dormant cancerice is in their body, and if you haven it been diagnosed with cancerit's essential to keep those dormant cancericelis in dormancy," says Gaynor adding that those who have been diagnosed with cancerican still work to move those active cancericelis back into a dormant stage. Genes, after all, are dynamic and can be changed, regardless of family history or decades of bad habits such as being overweight or smoking.

# REDUCE YOUR RISK BY ADOPTING THESE FIVE BEHAVIORS:

**QUIT SMOKING.** According to the ACS, all cancer deaths from tobacco are preventable

#### MAINTAIN A HEALTHY BODY

WEIGHT Know what a healthy weight is for your height by calculating your body mass index, which is based on your height and weight. Then work to keep that weight stable lavoiding being too heavy or underweight.

BREAK A SWEAT. Adults should log at least 150 minutes of moderate y intense exercise or 75 minutes of vigorous activity or a combination of the two every week, per the ACS

IF YOU DRINK ALCOHOL, DO SO IN MODERATION, For women, that's no more than one drink a day and two for men

BEAT A PLANT-HEAVY DIET. Consume at least 2.5 cups of fruits and vegetables a day limit processed food and red meat and opt for whole versus refined. Gaynor also advises following his "rule of thirds". One-third of your calories should come from healthy carbohydrates such as whole grains, one-third from healthy protein (including lean meats, eggs and raw vegetables), and one-third from healthy fats, with a 3-to-1 ratio of omega. 6 to omega. 3 fatty acids (such as those found in deep-water fish, chia seeds, pumpkin seeds and flaxseeds).

and validation trials that could lead to FDA approval begin in the next several months. If everything goes well, Backman says, lung cancer screening tests may be launched in chinical care in early 2016, with colon cancer tests following later that year

"If we can do for them possibly what science has done for cervical cancer, we might be talking about a reduction of lung and colon cancer by about 90 percent," Backman says That alone, he says, might also reduce the overal, cancer mortality across all cancers by almost half. And there is no reason to stop there.

"We have never been this close to actually making a really serious dent on cancer," Backman says. "It is a very exciting time."

1mmunotherapy-the idea of enlisting the body's own defense to attack and kill cancer—is an idea that first emerged in the 19th century. It seems a no brainer Cancer has evolved with the human species as has the human immune system. What's more, the immune system evolves as it is exposed to disease, just as cancer evolves to defeat therapies used against it.

But until recently,

Cindi's Breast Cancer Treatment Plan

# BREAST SURGERY RADIATION THERAPY KEEPING UP WITH HER DANCE STUDENTS

Cindi M from Springfield

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immunotherapy—which all but ignores tumors in favor of unleashing the body's own defenses—has not had much of audience in the cancer research world. Most of the action has been in finding drugs and other genetic therapies to kill off developed tumors.

#### THEBRAKES

Jim Allison is chair of the University of Texas MD Anderson Cancer Center's Immunology Department. He was an immunology enthusiast in the 1980s, way before it was cool. As recently as 2004, he attended a cancer conference at which he was the only immunology researcher present, either as a speaker or attendee.

Many have since come over to his side. Allison's work led to the development of the drug ipilimumab, marketed as Yervoy and approved by the FDA in 2011 for the treatment of metastatic melanoma. It has been impressively effective, Alison says that one 5,000-patient retrospective study showed that 22 percent of melanoma patients who were treated with the drug were still alive 10 years later. Those results are unheard of, he says.

In the 1990s, Allison started examining a molecule, CTLA-4, which gets activated on disease-fighting T cells when they detect an antigen and switch on.

By then, a lot of people knew how T cells function and it was believed that beefing them up might help the body fight off cancer, but it never quite seemed to work. What Allison realized is that CTLA-4 is activated on T

"WE HAVE NEVER BEEN THIS CLOSE TO ACTUALLY MAKING A REALLY SERIOUS DENT ON CANCER. IT'S A VERY EXCITING TIME."

 VADIM BACKMAN, RESEARCHER AND PROFESSOR OF BIOMEDICAL ENGINEERING AT NORTHWESTERN UNIVERSITY

cel.s in order to instruct the immune system when it is time to stand down. CTLA-4, in effect, represents the immune system's brakes

The problem is that when cancer forms, CTLA-4 puts the breaks on way too early, switching off the body's immune response before the cancer gets killed. That led A.lison to his key insight. "I just remember thinking if we could keep these babies from turning off, maybe they could take the tumors out," he says. "It was something that hadn't been tried."

In other words, if he could cover the brakes and keep the immune system in play longer, T cells should be more effective in battling cancer, The result was Yervoy, an anti-CTLA-4 drug.

Other important insights have come since then. Among the most important is that Yervoy is even more effective when used in combination with other checkpoint inhibitors, including nivolumab, which inhibits the PD-1 molecule (the acronym stands for "programmed cell death").

Nowadays, there aren't nearly as many skeptics. In 2013, Science magazine named cancer immunotherapy its "breakthrough of the year," spotlighting A.lison's work in particular.

John Sampson is chief of the neurosurgery division of the Duke University School of Medicine in Durham, North Carolina. In early 2015, he appeared on a CBS-TV 60 Minutes broadcast that touted a breakthrough treatment for glioblastoma, one of the most difficult-to-treat brain cancers. A phase I trial, which stemmed from the work of Duke researcher Matthias Gromeier, involved injecting an altered poliovirus directly into glioblastoma tumors. In a few cases, results were spectacular.

In the popular imagination, the glioblastoma trial represented the idea that the virus would kill the tumor outright. Instead, Sampson believed the virus represented the face of anticancer immunology and would stimulate an antitumor immune response that would kill the tumor. In patients who did well, an immune reaction was detected. It is still unknown if the virus kills the tumors directly or if it produces an immune response.

However, another trial that is much closer to A. lison's approach is being tried at Duke, and Sampson is right in the middle of it.

That study, published online in the journal Nature in March 2015, involved using a tetanus booster shot to prime the immune system to be, in effect, on high alert when a vaccine made up of dendritic cells was introduced into patients. The Duke researchers extracted patients' white blood cells, coaxed them to grow immune response activating dendritic cells and then loaded those up with viral antigens to produce a vaccine, which they hoped would fight the brain cancer

Ironically, patients who received the tetanus boost or were the control group. Tetanus was chosen only because everyone is immune to it. The actual hope was that a different vaccination against cytomegalovirus a virus thought to exist inside gliobiastoma tumors—would be the effective one.

That vaccine did not work especially well, Sampson says. However, the patients who received the tetanus booster got a huge, unexpected benefit. Apparently, Sampson says, tetanus produces a chemokine, CCL 3, that stimulates dendritic cells to migrate into lymph nodes where they can be transported to tumors. Unexpectedly, they found that tetanus seems to open the door to the lymph nodes, allowing beneficial dendritic cells inside to do their work.



# One focus: a shared commitment to improve the lives of cancer patients everywhere.

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On average, he says, half of the patients lived five years or more in the tetanus group. "It produced a dramatic increase in their survival," he says.

The same researchers are now planning a new study to determine whether successful dendritic cell migration could be used as a way to predict glioblastoma patients' chances of survival.

#### emarkably better than expected?

Yervoy featured prominently in another recent trial, this one for prostate cancer, which was headed up by James L. Gulley. Gulley is director of the Medica. Oncology Service and head of an immunotherapy clinical group. at the Center for Cancer Research, part of the Bethesda, Maryland-based Nationa. Cancer Institute. He and his team of researchers presented their results at the Genitourinary Cancers Symposium in Orlando, Florida, in February 2015.

Gulley became interested in developing immunotherapies for prostate cancer in part because it is the unusual form of cancer that cuts research ers an important break—it takes a long time to become deadly. "There is time enough to generate an immune response," he says. "You don't have to jump right to another therapy just to keep the patient alive."

The 30-patient trial was intended to find out if the poxyirus-based vaccine PROSTVAC, which generally is well tolerated by prostate patients, might be more effective when used in combination with the checkpoint inhibitor Yervoy. Patients, all of whom received PROSTVAC, were tested using escalating doses of Yervoy Results were then compared to a previ-

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ous test in which men received lower doses of the two-drug combination

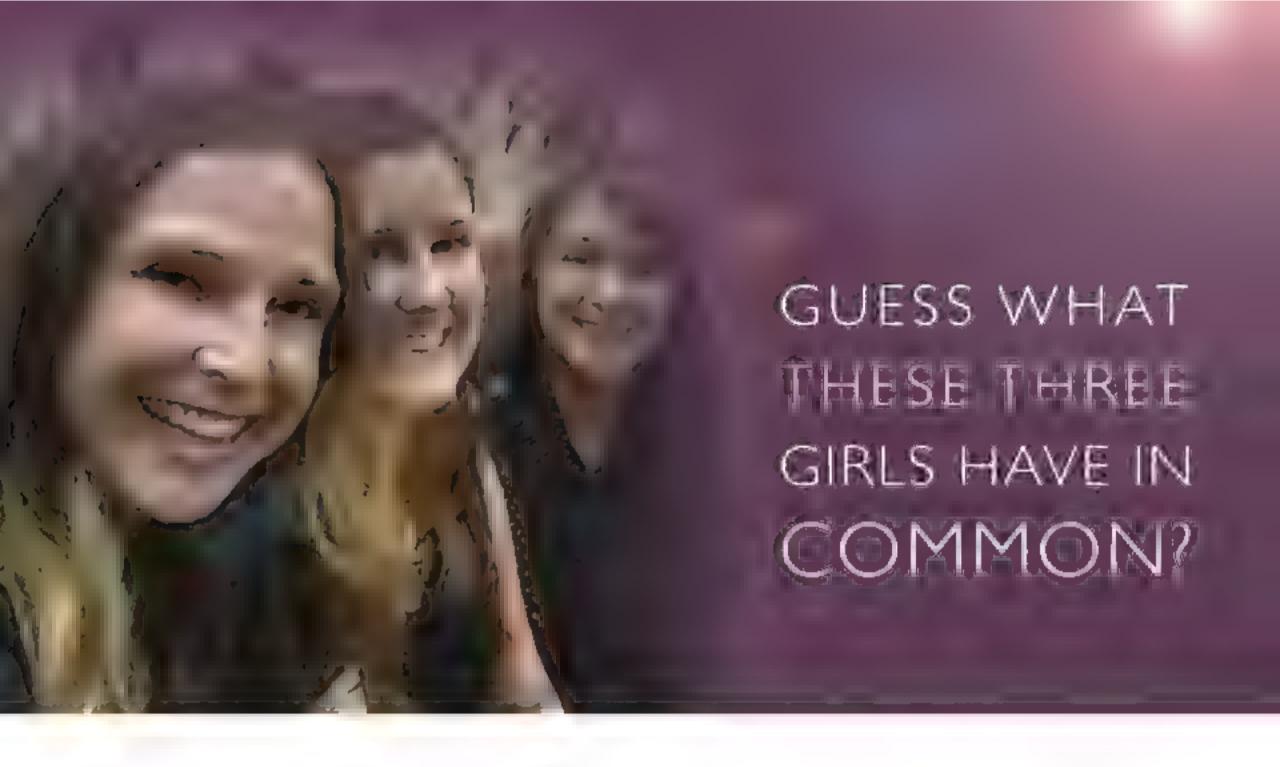
The predicted survival rate for patients with active prostate cancer was 18 months. But the overall survival rate for all the men in the two-drug therapy trial was 31 months. For those who received the maximum dosage, the average survival rate was 37 months.

"So those patients that were at the higher dose really did remarkably better than expected," Gulley says. "It's a relatively small study but it highlights the potential for improvement in outcomes if you combine a therapeutic vaccine with an immune checkpoint inhibitor."

Gulley says that we are past the point where it is a mystery whether immunotherapy works. It clearly does, just not in everyone. The first studies involving Yervoy. for example, showed that 70 to 80 percent of patients did not respond at all, while the 20 percent who responded had incredible results, many reaching the functional equivalent of a cure. The question now, he says, is how to get the remaining 80 percent to respond. He is placing his bet on combination therapies, he says.

Duke's Sampson sees immense promise in immunotherapy, but he has no illusions that it represents cancer's destroyer, "Certain.y, for some diseases, they are going to be a cure, and for others, they are going to be a component of therapy," he adds. "I think it is just going to be one of the things we have in our armamentariumalthough I think it is going to be a big part of that armament."

Leave it to boundlessly optimistic teenager Andraka to see past all such limits. "With all of the new tools that are coming out. I think we will be able to take down cancer," he says. "Probably in the next 20 years." ■



# NOPE. GUESS AGAIN...LUNG CANCER!

#### SHOCKING? IT'S TRUE. ANYONE CAN GET LUNG CANCER.

The Bonnie J. Addario Lung Cancer Foundation (ALCF) and its sister organization, the Addario Lung Cancer Medical Institute (ALCMI), initiate and fund many groundbreaking studies including the Genomics of Young Lung Cancer (GoYLC) study.

GoYLC is researching the biology of lung cancer in those from 17-39 upon diagnosis. Emily (age 30), Corey (age 23) and Sandy (age 31), were diagnosed at 28, 22 and 29, respectively. Breast cancer and leukemia research has demonstrated that diagnosis at a younger age is associated with a distinct biology. Advances in technology, such as comprehensive genomic profiling may identify new genetic sub-types needing and leading to targeted treatment strategies for lung cancer. Upon the launch in mid-July, 2014, GoYLC was flooded with participants, which demonstrates the acute need for this study. HOPE IS ON THE HOR ZON.

"I never believed that anyone like me could get lung cancer." -Corey

To join the fight, please donate today at wewontquitonyou.org, lungcancerfoundation.org or alcmi.net.









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## DOLLY PARTON Y EL GREAT SMOKY MOUNTAINS PARKWAY, EN TENNESSEE

cantante, actriz y empresaria, pero nunca ha olvidado sus raices en las montañas de Tennessee Cuando visites su estado natal, Do.ly recomienda tomar un paseo de 40 minutos hacia el sur desde Knoxville hasta los pintorescos 22 kilometros de. Great Smoky Mountains National Parkway, "Es mi camino a casa y hacía Great Smoky Mountains, a través de Seviervi-

Le, Pigeon Forge y Gathinburg" dice Dolly. ¿Necesitas alguna otra razón para un viaje por carretera? Hace 30 años Parton le dijo a Barbara Walters: "Algun día tendré un hotel en la propiedad Dolly wood" en Pigeon Forge. Su sueño se ha cumplido y lleva el nombre correcto, DreamMore Resort, abierto este verano, Visitalo y de pronto te encontrarás con este famoso personaje. — JENNIFER BRADLEY FRANKLIN

#### Ripley's Aquarium of the Smokles

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#### Sevier County Courthouse

"El artista Jim Gray me esculpió una estatua que está en el patio de la corte. Mi padre dijo que, sin importar que tan famosa fuera, la estatua siempre sería una casa

#### The Old Mill

"Allí tienen algunos de los mejores fritos servidos con las comidas caseras. Lo que lo hace especial es que fae uno de los molinos donde mi padre flevaba el maiz para ser molido"







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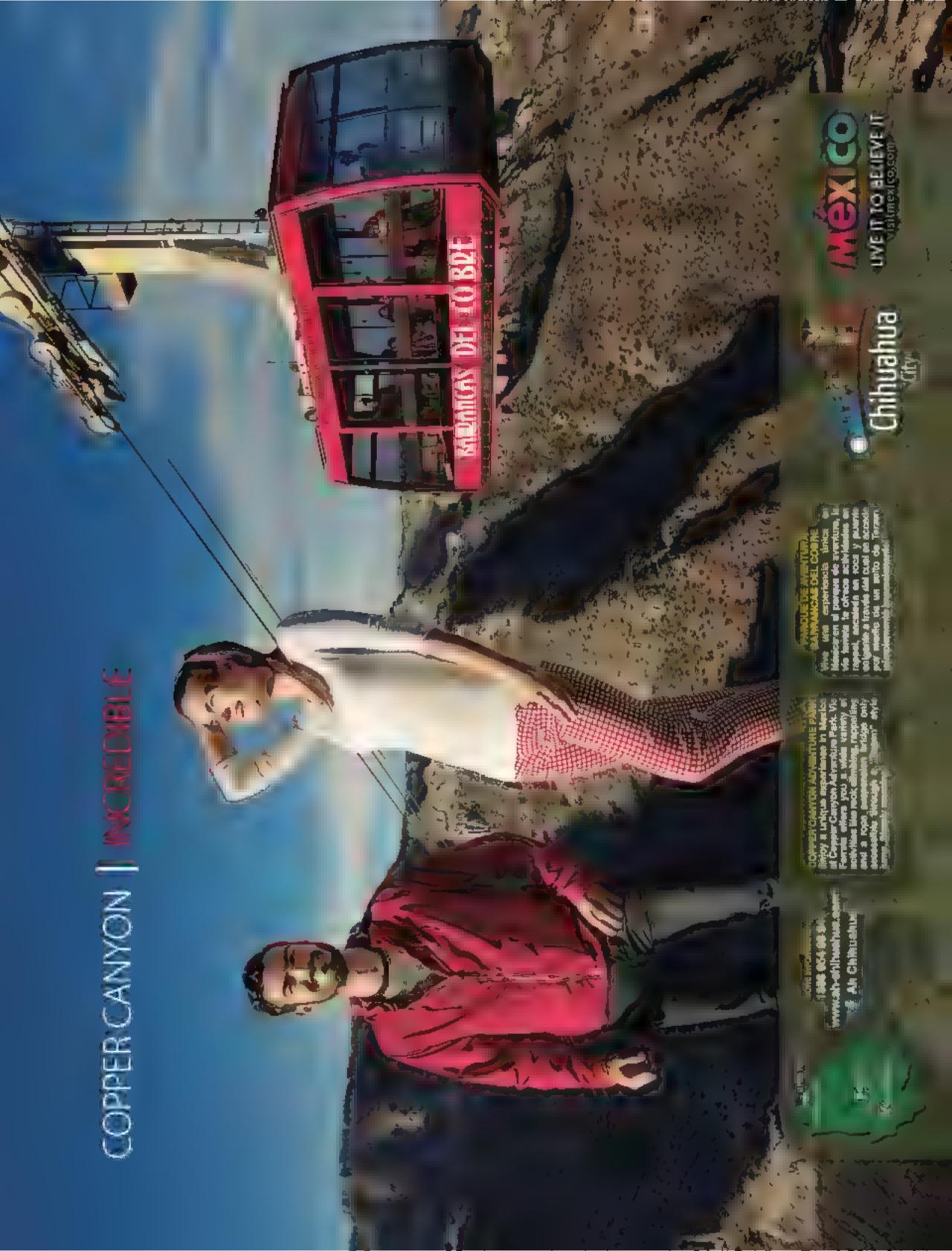
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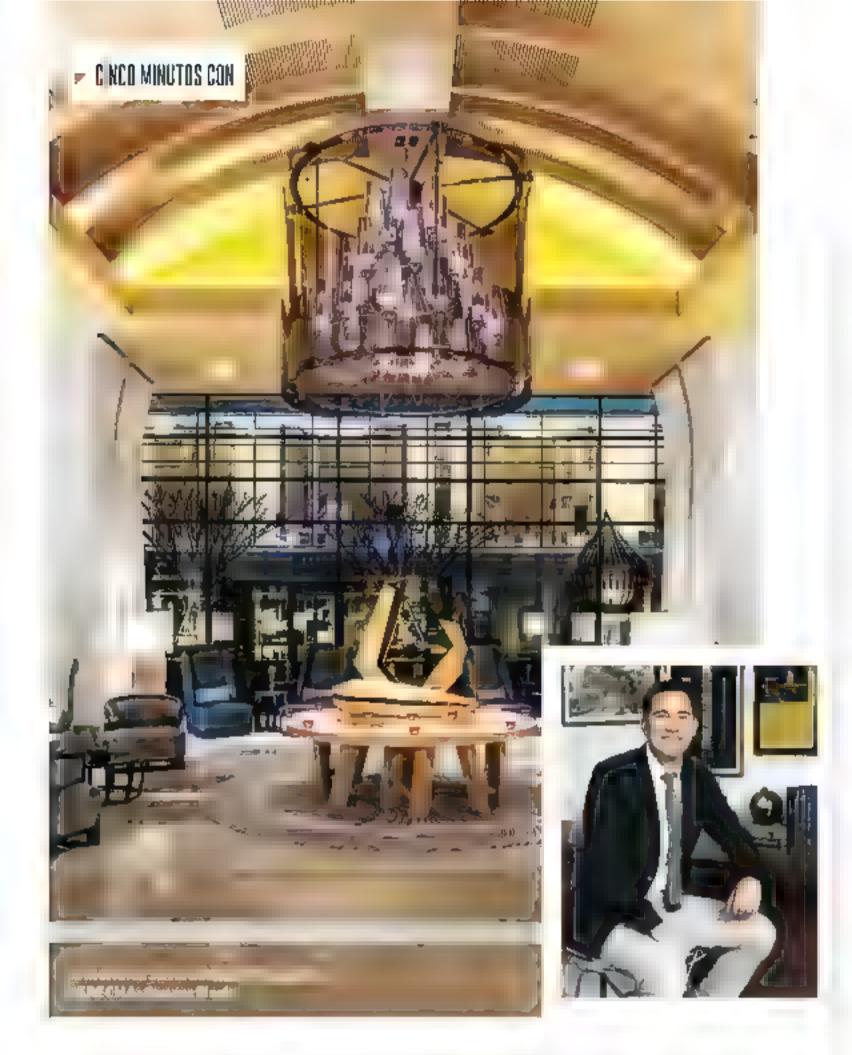
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# GEORGE FLECK

VICEPRESIDENTE DE GESTIÓN DE MARÇAS GLOBALES PARA LE MÉRIDIEN, WESTIN Y SHERATON HOTELS.

Para George Fleck, un notel no debe ser solo un lugar para dorm r (aunque es importante, por supuesto), debe ser parte de la experiencia ai viajar. Fleck viaja más de 300.000 kilómetros al año en su función de supervisar, diseñar y diferenciar las "marcas exclusivas" de Le Méridien y Westin, Starwood Hotels & Resorts. Starwood dirige diez cadenas hote eras coformadas por más de 1 200 hoteles alrededor de imundo. Después de incorporarse a Starwood en 2002 como el director de ventas de via es de negocios para W Chicago Lakeshore (Wies otra marca de Starwood), el oriundo de Alemania está ahora creando las marcas Le Méridien y Westin a nivel global. Cuando no está viajando, lo encontramos en su ciudad de residencia. Nueva York

-por gene rebeck

## SKY: ¿Cómo se distinguen las marcas Westin y Le Méridien?

Meridien, nuestra audiencia objetivo es el viajero curioso y creativo, y para el Westin, es el 'exitoso y triunfador'. El exitoso es aquel que desea no interrumpir su rutina, en especial su estilo de vida balanceado. El 'curioso y creativo' es visionario, no teme explorar nuevos lugares y siempre esta en busca de autenticidad, originali dad y contenido cultural en los viajes.

#### ¿Cuáles son las oportunidades más notorias de Starwood con estas marcas?

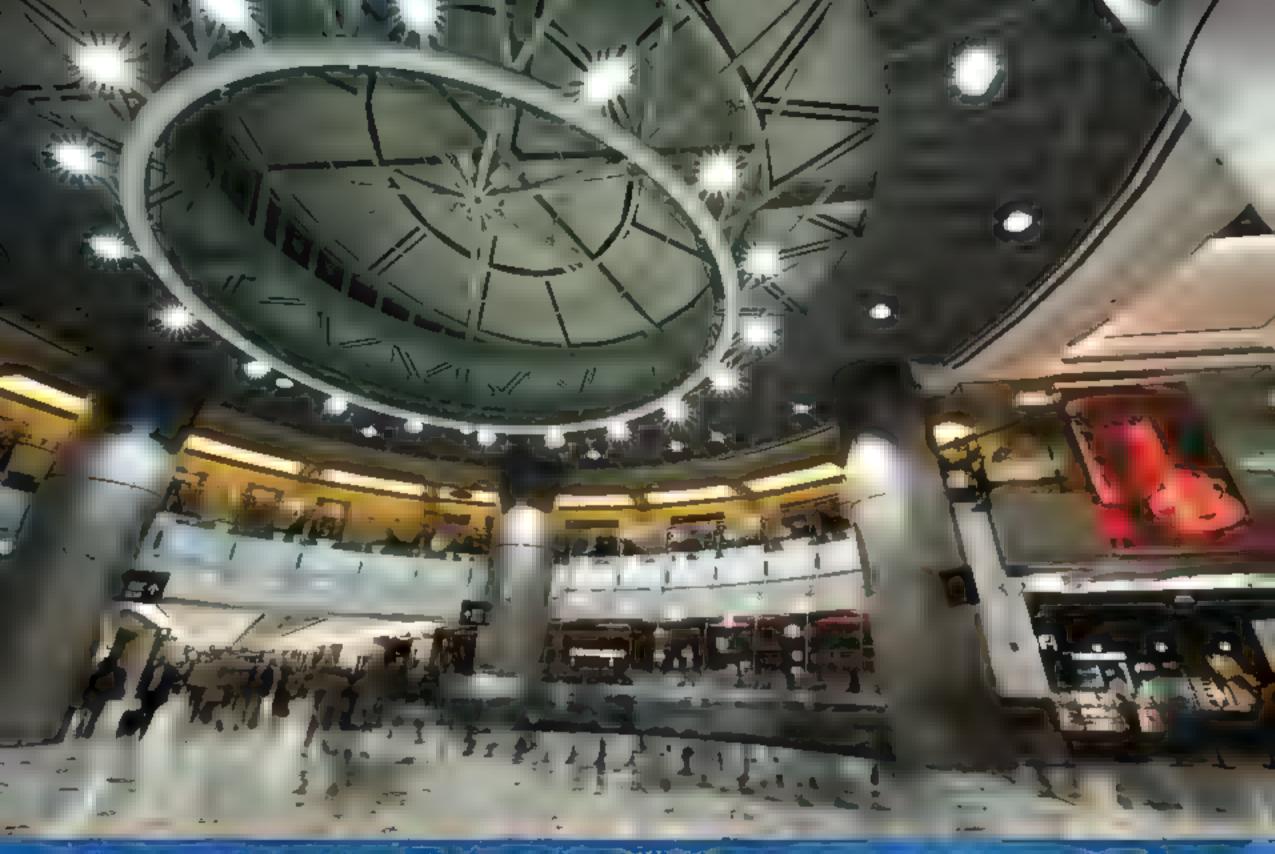
Le Méridien tiene oportunidad de crecimiento en los Estados Unidos. En los ultimos 18 meses hemos adicionado 10 propiedades en destinos exclusivos e interesantes, como en Atlanta e Indianapolis, donde existe gran ambiente cultural y artístico. Westin puede desarrollarse en Europa, África, el Medio Oriente, la zona del Pacifico en Asia, especialmente en China e India.

## ¿Has cambiado la experiencia de los huéspedes?

Una de las iniciativas fue el lanzamiento del nuevo concepto de
vestibulo para transformarlo en un
recibidor original y realizar la manera
como los huéspedes experimentan
las marcas a traves de la programación y diseño del vestibulo. En Le
Méridien, estamos asociados con un
servicio de música de Paris llamado
Nouvelle Vague, que provee el sonido
en los recibidores. Ellos reinventan la
música pop y punk transformándola
en un estilo de bossa nova y salon.

#### ¿Te han influenciado los viajes que haces con frecuencia?

Hay muchas ciudades a las que me gustaria regresar después de haber vivido en tantos lugares por 20 años, como Barcelona y Singapur. Espero que esto influencie la manera como analizamos la programación de nuestra marca porque al final es la forma como lo hacen los clientes. Ellos son viajeros en busca de cultura.



# EL MEJOR CENTRO COMERCIAL DE MIAMI CUENTA HASTA CON ESTACIONAMIENTO PARA AVIONES

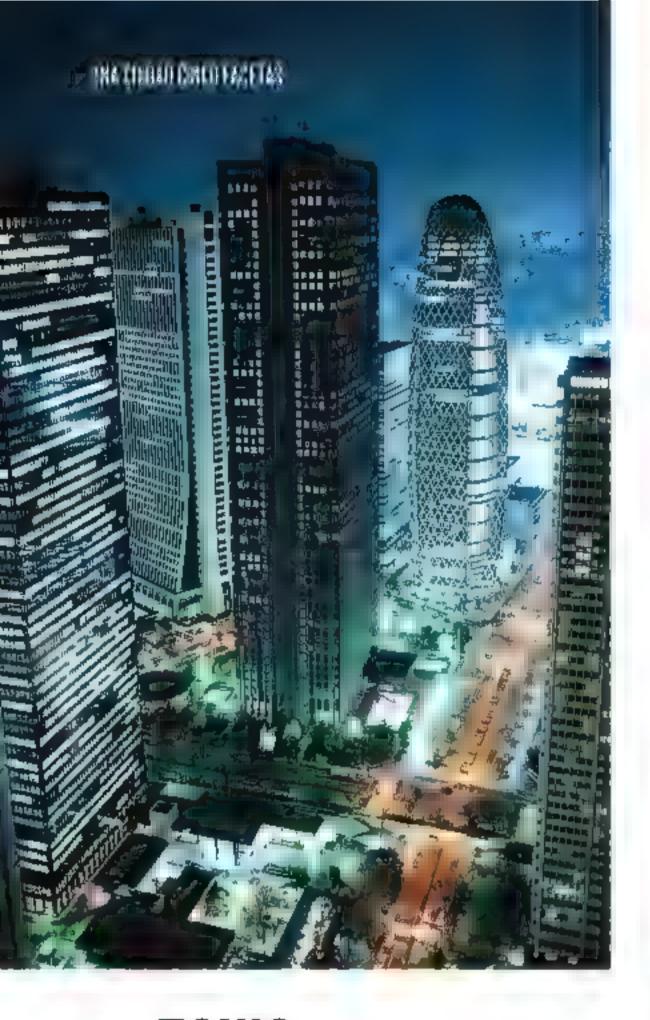
Con más de 200 tiendas y restaurantes, liegar al Aeropuerto Internaciona de Miami es como ir a su centro comercial favorito. Lo tenemos todo moda, joyería, equipos electrónicos, restaurantes gourmet, com da para llevar grandes opciones para regalos, compras de última hora tiendas il bres de impuestos y mucho más. Así que si su destino es Miami cuando aterrice preparese para ir de compras a un gran centro comercia.





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#### AFICIONADOS AL DISEÑO

#### **ALDJAMIENTO**

#### Aman Tokio

Quienes buscan et refinamiento estético celebraron el año pasado cuando Adrian Zecha. trajo su reconocido estillo athoter Aman, localizado en el centro de negocios Otemachi en Tokio. Las 84 habitaciones son modernas, minimalistas y sin duda. japonesas amanresorts.com





#### AMANTES A LA GASTRONOMÍA

#### **ALOJAMIENTO**

#### Palace Heise

En este impresionante hoter con vista al Palacio imperial, los amantes de la gastronomia disfrutan de la comida gracias a las exclusivas experiencias y opciones ofrecidas por chefs famosos en.palacehoteltokyo.com





#### EN FAMILIA

#### ALGJAMIENTO > Four Seasons en Marunouchi

Varias de las 57 habitaciones en este hotel son las más grandes de Tokio. Los servicios para niños, como las batas de baño, las galietas y reche noctumas, y los menús diseñados para: los jovencitos lo convierten en uno de los preferidos para las familias, fourseasons.com





# TOKIO 🕾

ESTA ECLÉCTICA CIUDAD OFRECE ALGO PARA TODOS, POR ELIZABETH WOODSON

ara los visitantes, Tokio puede parecer una ciudad con multiples trastornos de personalidad: es una metropoli moderna y futurista repleta de aparatos electrónicos (posee los baños más sofisticados del planeta), o un lugar de recreolieno de niñas adolescentes que desean ser como Paris Hilton. También tiene la reputación de ser la capital de la moda. de avanzada donde sus diseños pioneros atraen la atención global. Y, en medio de los edificios de acero al descubierto y de los distritos con publicidad hiperactiva, encontramos un lugar que cada vez más acepta su cultura y tradición -con un toque moderno de distinción, por supuesto. Ahora, gracias al nuevo servicio directo al aeropuerto Haneda (a unos 20 minutos del centro de Tokio) el acceso a las muchas facetas de la capital japonesa es mas fàcil que nunca.



#### TRADICIONALISTAS



#### **∢ALQJAMIENTO Suke**roku no Yado Sadachiyo

Este pequeño ryokan (hoter tradiciona ) en el corazón de Asakusa ofrece todo para un alojamiento distinguido alestilo japonés, que incluye ias 20 habitaciones con tatamis (esteras), colchones estilo fulón, puertas shoji y mesas a niverdel piso, sadachiyo.co.jp.



#### VIDA KOCTURNA

#### ALGJAM, ENTO > Andaz Takyo Toranomon Hills

En los áltimos 6 pisos del segundo edificio más alto de Tokio, está uno de los hoteles más ocupados de la ciudad gracias a la increfble vista desde las 164 habitaciones. Lo mejor de todo es ei bar en la azotea. tokyo. andaz.hyatt.com





#### EN LA MANANA PAoyama y Omotesando Walk

Pasea por estos dos vecindarios contiguos donde encontrarás hermosos proyectos arquitectónicos modernos (como la nueva tienda Herzog & de Meuron-designed Mit. Miu), boutiques con estilo y pasarelas reales donde abundan toda. clase de diseños.

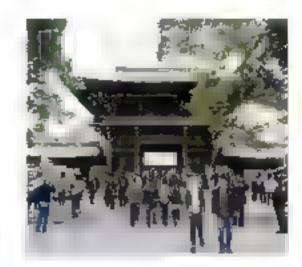


#### AL MEDIO DIA Meiji Jingu Shine

Tokio ha estado a la vanguardia de la moda por décadas. Este gran Santuarro Shinto, construido en 1920 y juego en 1958 después de la II Guerra Mundial, es uno de los monumentos arquitectónicos más bellos de la ciudad, meijijingi...or.jp

#### POR LA TARDE Tokio Midtown

Explora los museos contemporáneos y las galerías, como 21\_21 Design Sight (un espacio para exhibiciones creado por Tadao Ando y issey Miyake) y una gran variedad de diseños modernos en la zona de Roppongi



#### HORA DEL DESAYUNO Tsukiji Fish Market

Comienza el día bren temprano en la mañana visitando el famoso mercado de pescados de Tokio y presencia la venta de atunofrecida por miles de doiares. Luego disfruta de sushi a la horadel desayuno en Sush: Dai, abicado fuera del mercado.

#### HORA DEL ALMUERZO > Quintessence

En este restaurante ganador de tres estrenas Michelin y donde cambian el menú a diario, es fácil conseguir una mesa en tas horas de la tarde. La comida con influencia francesa e ingredientes. japoneses se impone en la jarga fista de espera, quintessence, jp.



#### **HENLATARDE**

Tokio Food Tour Estos paseos enfocados en la comida a menudo se. inician con demostraciones y recciones culinarias. como los tatteres de preparación de pasta sobay las clases de amezaiku (golosina tradicional (aponesa)



#### MATUTINASE Imperial Palace

Dedica las últ mas horas de la mañana al aire libre en los verdes. parques de este palació que sirve como la residencia principal del emperador japonés. Reserva una gira por anticipado para entrar a edificios exclusivos en el parque. sankan.kunaicho.go.jp



#### POR LA TARDE > Tokio Ohashi Land

Este maravilloso lugar lleno de golosmas está ubicado en la Estación de Tokro. Disfruta de la única selección de duices (algunos preparados en la cocina del jugar) cortesía de los fabricantes de duices más populares de Japón.



En Tokio predominan los restaurantes con temáticas "por ejemplo, temas de princesas y robots incluidos en el menú). Me gusta este restaurante infantil donde los meseros vestidos como ninjas sirven la comida de manera teatrai y hacen trucos, *ninjaakasaka.com* :



#### EN LA MAÑANA> Kamawanu

En esta tienda puedes comprar tenuguis - pequeñas toallas de algodón pintadas a mano e impresas con diferentes motivos utifizadas para envolver cosas, cubrirse la cabeza o como decoración, kamawanu.co.jp.

#### HACIA EL MEDIODIA Asakusa

Este es el encanto del antiguo Edo (Tokio) ubicado en el distrito rivereño lleno de templos (como el templo budista Sensō-ji, ej más antiguo y famoso de la ciudad), con tiendas de artesanos y restaurantes tradicionales perfectos para la hora del almuerzo.





#### ◆PARA CENAR Hinokizaka

La antigua tradición de 500. años, kaisek (una cena tormai con varias entradas. inspirada en sazones de estación) está de moda en este restaurante en el piso. 45 dei Ritz-Carlton, Estas creaciones superan la fantástica vista panorámica de ia: ciudad, ritzcarlton.com



#### Café de l'Ambre

Recarga tus batenas despues de una noche de fiesta en Ginza kissaten, una cafeteria de más de 65 años. donde todo es añejo (desde la antigua lostadora de café y los granos seleccionados que con frecuencia. tienen décadas de envejecimiento, hasta la técnica de servido que se hace a través de filtros de tela).





#### PARA CENAR Shin Minomoto

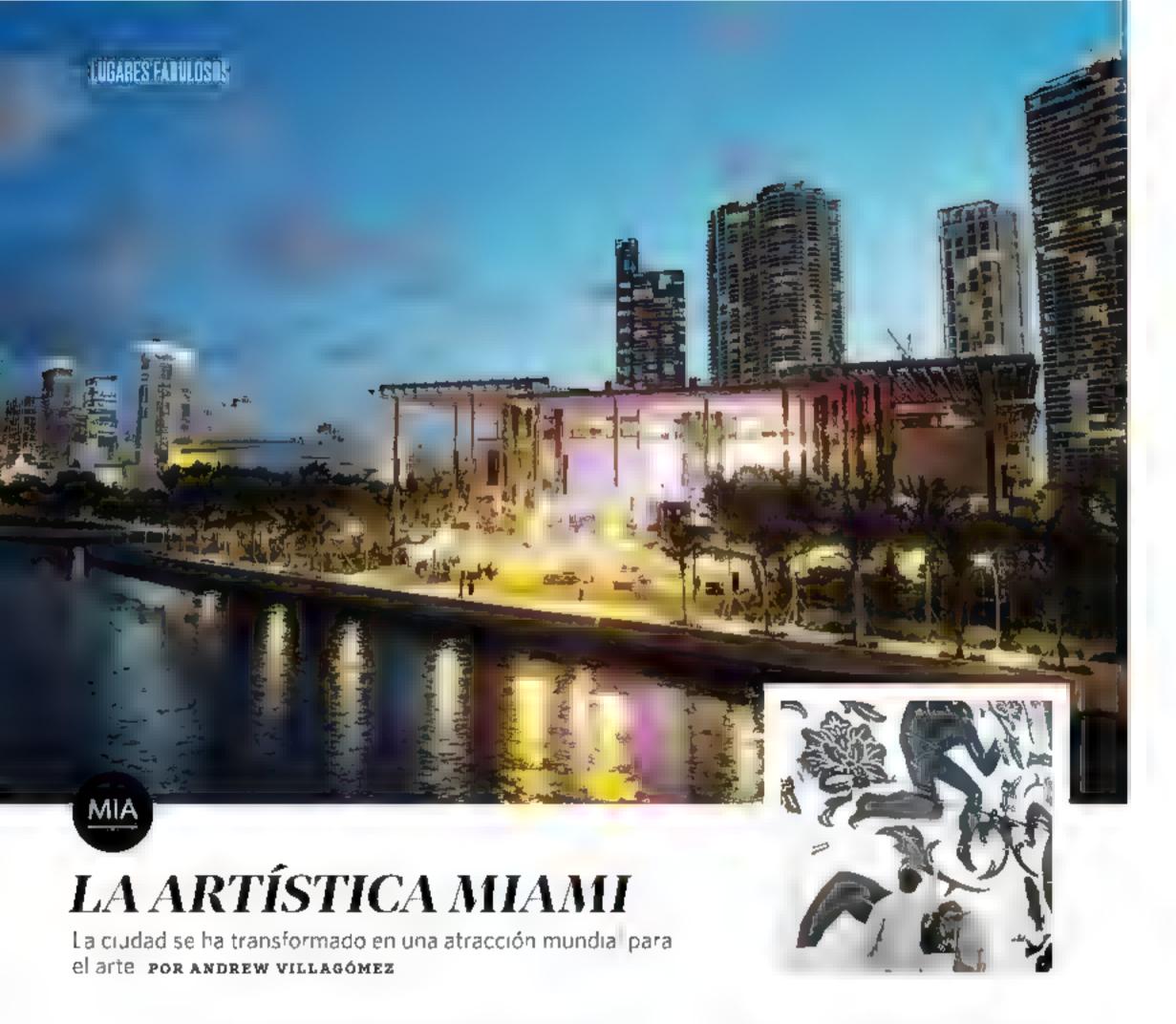
Mézciate con la ciase trabajadora de Tokio en esta pequeña. y bulliciosa izakaya (taberna) ubicada por debajo de la vía térrea Yamanote. Encontrarás comida de mar del mercado. Tsukiji andystish.com/Shin-Hinomoto

#### ◆DESPUÉS DEL ATARDECER The Peak Bar.

inicia la noche en el distrito de Shinjuku en este bar "inteligente" en el piso 41 del Park Hyatt. Luego energizate en el restaurante Robot, donde quizás se presenta el más extraño espectácujo de cabaret del mundo, tokyo.park.hyatt.com, shinjuku-robot.com



Para más Información sobre Tokio visita deita.com/ skymagazine.



or cast 100 años Miami Beach ha atraido a millones de visitantes debido al caluroso sol y a su ambiente de diversion. En 10s ultimos años, la ciudad
se ha transformado en un centro internacional
del arte donde se destaca el nuevo museo Pérez
Art Museum Miami Ubicado en un moderno
edificio diseñado por los famosos arquitectos Herzog &
de Meuron, el museo presenta piezas de arte moderno y
contemporáneo. También se destaca la tienda donde encontrarás objetos de arte y articulos poco convenciona
les, el bar/restaurante a orillas de la bahía y las galerías
al aire libre al frente de la Bahía Biscay ne.

Hacia e, norte de Miami está el vecindario de Wynwood, hogar de **Wynwood Walls**. En los ultimos seis años Walls ha invitado a más de 50 famosos artistas calle, eros y de grafiti de 16 países para exhíbir sus trabajos. El arte varia desde murales coloridos y simétricos hasta piezas con inspiración y carácter. Cerca a **Wynwood Art District** también encontrarás una gran cantidad de galerias.

Y, por supuesto, los aficionados al arte saben que la meior época para visitar la ciudad y deleitarse es durante **Art Basel**, la celebración mundial del arte que se lieva a cabo en Miami Beach en diciembre. Durante el fin de semana miles de visitantes pueden aprecíar trabajos de más de 4.000 artistas internacionales en galerías rotativas provenientes de 250 de las más famosas galerías que están a la vanguardia del arte moderno y contemporáneo. Las exhibiciones se llevan a cabo en el Centro de Convenciones de Miami Beach y en eventos realizados por toda la ciudad.

Sin importar si vas de visita para apreciar el arte o para descansar en la playa, no te pierdas los centros de compras o a los excelentes restaurantes. En South Beach, Collins Avenue ofrece mas de 30 tiendas de diseñadores, como Kenneth Cole y Versace, y a lo largo del turístico Ocean Drive encontrarás cantidad de tiendas informales, hoteles al estilo Art Deco, la famosa mansión de Versace (ahora abierta como un lujoso hotel) y una gran cantidad de bares y restaurantes que se extienden hasta los andenes a lo lar-

DE IZQUIERDA A DERECHA: Museo Pérez Art Museum Miami; Penthouse en Thompson Miami Beach; Wynwood Walls.

go de la calle al frente del mar. Entre los restaurantes se destacan Prime 112, un lugar contemporaneo con buenas carnes, y Larios On The Beach, que pertenece a Gloria y Emilio Estefan, donde sirven comida cubana moderna y tradicional. Durante los fines de semana visita Wet Willie's South Beach, considerado como el mejor lugar para bebidas frias en la ciudad, y Palace Bar, un bar gay famoso por los desayunos/almuerzos los domingos.

En South Beach visita Lincoln Road, un centro comercial al aire libre con tiendas internacionales como Zara, Urban Outfitters y Original Penguin. La calle esta ilena de cafeterias, heladerias y bares. Cerca de Lincoln Road está Bodega Taquería y Tequila, que combina los tacos con un lugar clandestino para bebidas alcohólicas. Al frente puedes comprar dellcias mexicanas y por detrás del camión de comida está la entrada a un agradable lugar donde encontrarás tequilas artesanales. También visita Bal Harbour Shops, al norte de Miami Beach. Es un lugar lujoso donde quizas te toparás con celebridades mientras andas de compras en sitios como Tiffany & Co, Prada, Chanel y Oscar de la Renta, 🤻



#### DÓNDE HOSPEDARSE:

E hotel Thompson Miami Beach con vista al océano esta ubicado un poco a norte. de Miami Beach y trene fácil. acceso ai centilo de Miamily. a South Beach Tiene dos piscinas, un centro de saludicon g mnasia un spaltres bares y el restaurante Seagrape que prepara piatos con ingredientes ionales 24 horas alidia.

#### DÓNDE COMER:

v stae iconico The Forge Restaurant & Winebar. Abjerto en los años 20, este lamoso restaurante de carnes tiene ana opulenta. decoración y ofrece unas 80 clases de vino por vasos Encontrarás platos como un atun yerowiin Wellington et higado graso chamuscado y una gran variedad de calines.



# ASADO PARA PAPÁ

Celebra el d'a de papá con estas deliciosas hamburguesas por ingrio hoffmann

A veces se dice que el hombre de la casa está a cargo de los asados. No estoy de acuerdo. Sin embargo, aunque creo que los hombres son muy buenos cocineros de barbacoas, a mi me encanta cocinar de esta forma porque disfruto de la comida asada. Puedo asar de todo, desde ensaladas hasta postres y para el Dia de. Padre he decidido animar a mis amigas para que cocinen en la parrilla para el hombre de la casa.

Una gran idea para celebrar este dia es preparar mis hamburguesas latinas con salsa de ceboila y jalapeños caramelizados y mayonesa de pimiento rojo. La mezcla de carne de salomillo con chorizo crea una hamburguesa jugosa llena de sabor tal como el se la merece. Que la disfruten mucho, ¡Feliz Dia del Padre! ¬

# HAMBURGUESAS LATINAS CON SALSA DE CEBOLLA Y JALAPEÑOS CARAMELIZADOS Y MAYONESA DE PIMIENTO ROJO PORCIONES, 6

#### MAYONESA

- 2 p mientos rojos asados medianos (embotellados), escurridos
- ¼ de taza de mayonesa Sal koshe
  - P mienta negra reci én mot da

#### HAMBURGUESAS

- ¾ de libra de solomi lo de res molido
- de libra de espaldilla de resimo ida.
- libra de chorizo mexicano crudo, sin piel y desmenuzado.
- 1 cebolla amar la grande, rallada
- 1/2 taza de panirallado
- 1 Cucharada de Adobo Delicioso (pagina 8)
- 2 cucharadas de acerte de cano a
- 6 rebanadas de queso mozzare la o Oaxaca.
- 6 panes para hamburguesas de grano entero o integrales

#### SALSA

- 2 cucharadas de ace te de oliva.
- 2 cebollas grandes amarillas, cortadas a la mitad y en rodajas finas. Sal kosher.
  - Pimienta negra recien mofida
- taza de rebanadas de chile , alapeño en bote la, escurridas.
- 12 taza de azúcar moreno oscuro
- Para hacer la mayonesa de pimiento rojo, haz puré los pimientos en una licuadora o procesador de alimentos. Añade la mayonesa y mezcia hasta que quede suavely luego sazona con sally pimienta. Pasa la mezcia a un recipiente, cubre y refrigera por lo menos 4 horas o toda la noche prefer blemente.
- Para preparar las hamburguesas, mezcia bien con la mano el solomillo molido, la espaldi la molida, el chorizo, la cebolta, el panirattado y el Adobo Delicioso en un recipiente grande. Haz 6 hamburguesas sin presionarlas demasiado porque pueden ponerse duras, florra con papel mantequilla un molde para hornear y coloca las hamburguesas una altado de la otra en una sola capa. Cubre y refrigera por lo menos 30 minutos. Esto ayudará a que las hamburguesas no se desarmen.



- Para cocinar la salsa, callenta el aceite en una sarten a fuego medio-bajo. Añade la cebo la y sazóna a con sal y pimienta. Agrega los chiles jalapeños y el azucar moreno Cocina por unos 15 minutos, revolviendo ocasiona mente, hasta que la cebolla y los jalapeños estén caramelizados y tiernos. Pása os a un recipiente y deja enfr ar
- a aire libre a fuego medio. Cep. la la rejilla de la parril a hasta que esté bien impia. Engrasa igeramente la rejilla con el ace te Coloca las hamburguesas en la parril la y cubre con la tapa de la parril a Cocina por unos 15 a 20 minutos (debido a que contienen chonzo crudo, no cocines por menos tiempo), dando vue ta allas hamburguesas cada 5 minutos, hasta que esten cocidas y se sientan firmes cuando se las presiona en la parte superior con un dedo. (O calienta una sartén a fuego medio-alto. Echa las hamburguesas y cubre. Cocina por unos 15 a 20 minutos, reduciendo el fuego segun sea necesario y dando vue ta alias hamburguesas cada 5 minutos, hasta que estén bien cocidas). Durante los ultimos minutos, pon una rebanada de queso sobre cada hamburguesa. Sácalas de la parril la
- O Para cada hamburguesa, unta aproximadamente a cucharadas de la mayonesa en el interior del pari. Añade una hamburguesa y encima écha e un par de cucharadas de la saisa. Si rive caliente.

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#### DOING IT ALL

**CONTINUED FROM PAGE 71** 

pharmaceutical company instead, to avoid uprooting her family. Detoitte said OK.

"Women start to think at different points in their careers, 'Can I do it all?'" says Engelbert, who now has a 14-year-old son and a 17-year-old daughter attending Villanova University in the fall, "The answer is yes [to doing it all, not having it all—a term she dislikes], but you have to ask for that flexibility. And it's important to know that your job demands and skill sets will change over time and that sometimes you might have to do something you don't like for three to six months." And what about companies that don't value flexibility or gender balance? "Culture is hard to change," says Engelbert. "But when you look

Deloitte has made strides toward toppling the white guy culture that Engelbert first encountered in the Reagan era. Of the firm's 24,000 projected new hires in the next fiscal year, 66 percent are expected to be minorities and women. But Engelbert knows there's more work to do. The Wall Street Journal and Forbes have pointed out the gap between the relatively high percentage of female CPAs in the professional services sector (40 percent, according to 2013 data from the American Institute of Certified Public Accountants) and the much lower percentage of women in highlevel accounting positions (17 percent at large firms, says the AICPA).

at companies around you and they're all changing, you don't have a choice."

"I think it's important that I can be a role model," says Engelbert, "You'd be surprised at how many young women and men say, 'Cathy, it's great that you raise two kids, coach their sports teams, attend everything,"

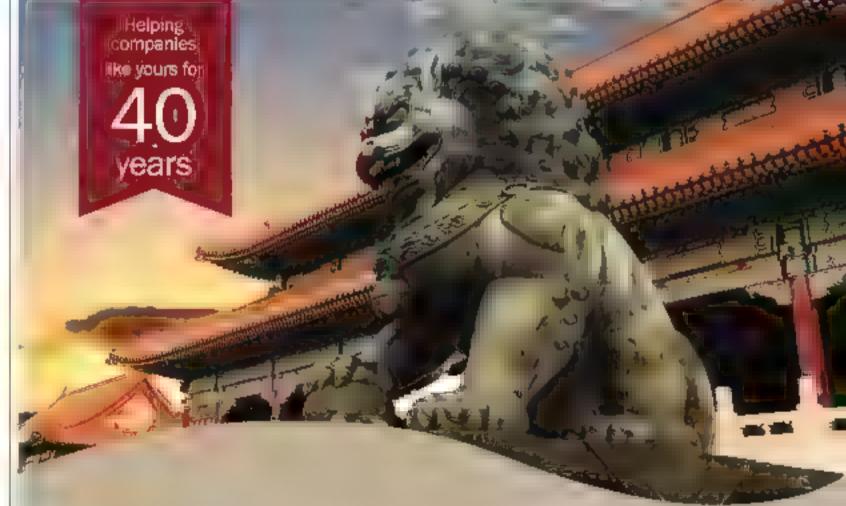
Aside from rallying Deloitte's troops, Engelbert is focused on driving innovation-both internally and on the client side. "We're trying to be innovative around people," she says "When you have 70,000 employees, you have to think about how people want to work—and how they want to be evaluated." She's referring to the firm's radically overhauled performance review pilot, which launched in mid-2014 and replaces old-school methods such as number rankings and 360-degree reviews (where multiple people scrutinize each employee) with four straightforward questions

answered by one team leader. For example: "Given what I know of this person's performance, I would a ways want him or her on my team (answered on a five-point scale from 'strongly agree' to 'strongly disagree')." Anyone who's ever endured the Kafkaesque song and dance that is your typical performance review will likely hope this streamlined approach rubs off on Deloitte's clients.

Engelbert is also focused on hiring data scientists, cybersecurity specialists, STEM graduates and experts in risk, strategy and human capital in addition to accounting audit and tax specialists—a savvy strat-

egy, given that the digital space seems to reinvent itself every other week: "We're very focused on the digital strategy of companies in retail and consumer products and in health care, where the digitization of records is changing the way health care information will be delivered," she says.

Maybe it's because she comes off as passionate and down to earth in person, but Engelbert manages to make even the unsexy world of spreadsheets and analytics sound halfway interesting. Imagine how fascinating she must seem to young Deloitte hires plotting their own rise to the top.



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Design Aficionado: Aman Tokyo (Doluke Room interior) Lucas Vallecilles/Gotty Images (Apyama): Sira Anamwong/Shutterstock com Mei; lingo Shinter Michael Weber MOTIF): Food Laver Teerawor Rhyakuh; Tsakig Fish Marke 1: Bloomberg: Contributor/Ger y Images (Quintessence): John & Lisa Mervill/Getty Images (man making sobe goodles): Family Traveler: Shutterstork.com- Tokyo imperia) Palace Landmork Tower! Night Owl: Michael Moran (Andaz Tokyo Root Top Bor): Tatsuye Miuro (Cofé de l'Ambre): Shelley Bearse (Shin Hinomoto): Naoto Qhikawa (The Ponk Bar)

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Raymend Patrick Tokio Afficionados ai diseño: "ucos Vallecillos (Aoyama y Omotesando Walk): Si a Anamwong / Shutteratock, com Meiji lingu Shine). Amantes a (a gastronomía: Yuriko Nakao/ Bloomberg/Getty Images (Quimessence): .ahn & .isa Mer/til/Getty Images (Tokio Food Tour). En familia: Luf:lkus/Shut:erstock.com (Imperial Palace). Vida nocturna: Michael Moran (Andaz Tokyo). Tetsuya Miura (Cale de "Ambre): Naoto Ohkawa (The Peok Bar).

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Warner Bros. 6: 11. (2). Olsney 'ABC / Chiris Heldermanas-Benge (2). Cartoon Network (3): MBO:/Mark Schaler (4); College:/Hayes/NBC (5). ABC (6). Tersy Steiner: 11: Kimberly French/NBC Universal (8): Michael Courtney:/FOX (9): Paramount Pictures Animal Ion (10).

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Laurie Spalinam/Twinntieth Century Fox (The Second Best Exolic Mangold Hotell. Jon Pack/Terry Steiner (1) Terry Steiner (2): Sonv (3). DicamWorks | Distribution Co. L.C./Disney (4): Warner Bros (5): From the Bosement (Feisc). Entertainment in Motion | The Rise and Rise of Bitcoin): SHOWT (MEIs aregistered in ademark of Showtime Networks Inc. a CBS Company "Nurse Jackle" (4): Showtime Networks Inc. and Lions Gate Television. Inc. All rights reserved. TED (TEOTalks): HBO (The Junk Fox 'Fargo): CBS 'Extant': BBC | The Missing | NBC | Iniversal (Weekund Fix Girlfriend's Guide to Divorce) | Patrick McElheriney/NBC (The Mindy Project), CBS The Good Wille)

#### THE CENTER FOR REGENERATIVE MEDICINE A NON-SURGICAL TECHNIQUE TO FIGHT AGAINST ARTHRITIS AND SPORTS INJURIES



The Knee Diaries: SJ is a 60-year-old male with the chief compaint of knee pain who visited The Center for Regenerative Medicine over a year ago. He was diagnosed with bone-on-bone osteoarthritis of the left knee, causing much pain and discomfort; at that point he was told only a total knee replacement could help him. He is otherwise healthy. On exam he had point tenderness to the medial side of the left knee (medical lingo: inner side). An X-ray showed severe arthritis of the knee (X-ray on the left) Patient started receiving treatments at The Center for Regenerative Medicine. Today he is feeling better (X-ray on the right)

This is how it works. The physician introduces Cell Therapy into damaged, arthritic cells by means of a precise injection. This process is followed by several other modalities, including Collateral Artery Flow Exercises (C.A.F.E.), in order to accelerate the process. Depending on tissue damage, severity of the condition and the size of the joint that needs to be injected, people usually need a series of 1 to 6 treatments to improve. There is usually no downtime, and people can go back to their usual activities or work immediately. The treatments can help most musculoskeletal problems such as low back pain, neck pain, knee pain, shoulder pain, whiplash, sciatica, tendinitis, sprain, strains, torn ligaments and cartilage damage.

Located in Miami, Florida, The Center for Regenerative Medicine includes a team of professionals that are dedicated to improve your quality of life, paving the way to enhance the science of non-surgical orthopedic medicine. World champions, sports legends, professional and amateur athletes, dancers, and people with just plain pain and arthritis go to The Center for Regenerative Medicine for nonsurgical orthopedic care. Using the facility to improve their condition, thousands of successful cases have been treated over the past twelve years.

For more information and to read more on "The Knee Diaries", please visit <a href="www.arthritisusa.net">www.arthritisusa.net</a> or call (305) 866-8384.

#### WESTWARD BOUND!

CONTINUED FROM PAGE 78

disappeared behind a sudden mass of dark storm clouds and the wind began to gust and the rain started to pelt down upon us and the raft rode down the river sideways . . . it didn't tickle so much anymore. We paddled hard that afternoon, my daughter looking determined in a fleece lent to her by our rafting guide while I silently coveted said fleece. The first half of our rafting adventure was fun and filled with laughter, and the second half was a test of character that will probably be remembered for much longer. No one complained, and it made our late afternoon d.p. in the pool at our next destination, the Chico Hot Springs Resort, even more rewarding. The resort sits in Montana's Paradise Valley, a wide, golden expanse of rolling hills, with the Yellowstone River running through the middle, the Absaroka Range to the east and the Galiatin Range to the west. The singer/song writer John Mayer also lives there, as nearly everyone will tel. you.

We pulled into the Flying Dia mond Ranch the next morning and spent some time getting to know the cowboys and hearing about their land and horses before pulling ourselves into our saddles for a two hour trail ride. We rode up through the hills to a grove of evergreens where we stopped for a break (more treats!) and took photos. The horseback riding was the highlight of our daughter's trip—she was excited and not the least bit in timidated by the prospect of riding a horse-and she had plenty of energy left over for the after lunch plitata set. up by our guides.

Our final evening was fun for the kids, who got a pizza party by the pool, and an indulgence for the parents, who were able to enjoy adult conversation, wine and rib eye amid the polished pioneer décor at Chico's well-regarded restaurant. The resort isn't fancy, but it has vintage elegance to spare, with a refreshing dash of plastic-cups-of-Moose Drool beer by the pool thrown in. After dinner, we happily reunited with our kids and headed back to our rooms, relishing our memories and trying not to think about the long drive home.

# LHES RANN PRIDE

# 30.000 FEET

N FLIGHT NEORMAT ON & ENTERTA NMENT

**DELTA SALUTES** 



### DELTA CELEBRATES PRIDE

This month Delta employees are participating in a host of parades, fest vals and other events around the country sponsored in part by Delta during LGBT Pride Month Delta employees, family and friends from coast to coast marched in de ebration of Pride and the LGBT community. This month, Delta sponsors Utah Pride and is the official air line of 2015 Pride Festiva's in Los Angeles, Minneapolis-St. Paul, New York City and Seattle. Pride is an opportunity for people to come together to delebrate diversity and promote unity and equal rights within the lesbian, gay bisexual and transgender communities. In the fall, Delta is also a proud sponsor of Atlanta Pride

DID YOU KNOW?

On May 9, 1945, Deita transported the first shipment of living vegetable plants by air, with 160,000 tomato plants from Georgia, flown 700 miles to Ohio. Two Department of Agriculture specialists went along to test the reaction of the plants to hight, and a photograph of the shipment was used in *TIME* magazine on May 21, 1945.

#### SKY'S THE LIMIT



Who: Diana Mitcham. flight attendant Based In: Detroit

#### Favorite Destination: Beijing, China

- Walk through the parace grounds of the Forbridden City and rerive history from the Ming to Qing dynasties.
- You can find clothing made from silk and other fine tabnes at the Silk Market.
- Tiananmen Square was built right in front of the Forbidden City. Today, you'll find museums, monuments and the honor guard ceremony
- The Brown Door restaurant is an inexpensive local favorite. Make sure to get the Potato Haystack.

#### PILOT'S PICK



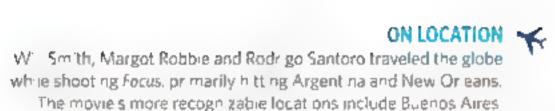
Who: First Officer Jeff Downing Based In: Atlanta

#### Restaurant: Picante Martins

at Newport Beach, Los Angeles

If you are looking for authentic Mexican food, visit Picante Martins on Balboa Island, it's a tiny take out restaurant on Marine Avenue. The food is excellent, the carnitas are the best. Afterward, you can stop next door for a Balboa Bar (ice cream treat) at Dad's Donut & Bakery Shop, another local favorite picantemartins.com





luxury Faena Hote, and the Big Easy's NOLA Motorsports Park

#### MORE ENTERTAINMENT THAN ANY OTHER AIRLINE

Enjoy free entertainment in all cabins on international flights and in the First Class cabin and Comfort+ domestically Free and pay-per-view options are available in the Main Cabin on domestic flights

For more information on free entertainment, Closed Captioning **20**, headphones and in-flight purchases, see page 143

#### **NEW RELEASES**

- The Big

  Big. Tomory

  Television
- Once Upon a Time Television
- Rije a Show Television
- 4. Girls
  Television
- 5. Parks and Recreation Television
- 6. The Goldbergs
  Television

- What We Do in the Shadows Moyle
- 8. Seventh 5on Movie
- Backstrom Television
- The Spongebob Movie: Sponge Out of Water Movie 22
- 13. Gotham Television
- 12. Focus Movie

#### 3 WAYS TO WATCH

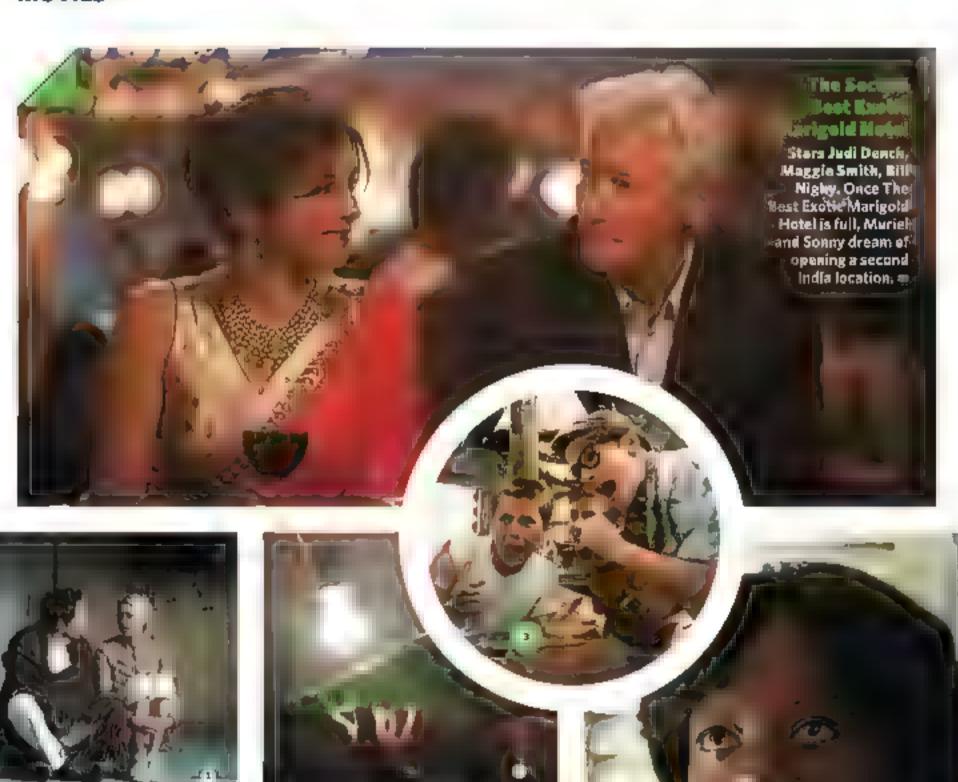
- Seatback Screens
- In-Flight
  Streaming
  on your
  laptop,
  tablet or
  smartphone
- Overhead Screens

Look for the color green to see which movie and TV programs are free in the main cabin.

SEEPAGE (36 FOR PHOTO CREDITS DELTA SKY / JUNE 2015 139

## ▲ DELTA STUDIO

#### **MOVIES**





#### 1. While We're Young Stars Ben Stiller, Naomi

Watts, A middle-aged husband and wife befriend a young couple. linding that they enjoy the you this energy that has been reintroduced to heir ives

#### 2. A Year in Champagne Stars Martine Saunier

Would lenowhed wine. importer Martine Saunier guides viewers through six vintee houses exploring the againd the scenes Champagne scene

#### 3. Stand by Me Stars Wil Wheaton, Jerry O'Connell, River Phoenix, Corey Feldman, Alcoming of-age tale of four boys. who venture out to find. the body of a missing boy, thought to have

been murdered

4. The Help Stars Emma Stone, Viola Davis. A young wilder interviews the brack women who are hired help for high society white families in her Miss ssippi fown exposing the racism. they face every day

#### 5. The Hobbit: The Battle of the Five Armies Stars Martin Freeman.

Bilbo Baggins and his companions must go to war with the armies. of the neclipmancer to protect the core vi Mountain 🔳

#### FEATURED MOVIES

#### STRONG WOMEN

The Helo Gone with the Wind The Cofor Purple New Brackett Eli asi i Attenda The Devil Wears Prada The Hunger Games Mockingray Part.1■ Erin Brockavich

#### SUMMER

Grease Pass Timus of Ridadmont High Dazed and Confused Before Sunr ... 14729 and by Min adep silear Day 5001 Days of Summer Do the Right Thing.

#### **ACTION & ADVENTURE**

€xodus. Gods and Kings == Taker 3 🔤 Fast Five The November Man-Night at the Museum Secret of the Tomb cand Ho 🐠 Quantum of Soia, e. P = 0Interstellar

#### DOCUMENTARY

A Year in Champagne nsMileQ Life Hiself Finding Visuan Males Fore English

#### INTERNATIONAL TITLES

A Stitch of Life Ball Big Brother The Hon Standing in W 99 10 Meet Miss Anciety An indirect or Calls Happy New Year Soarneak -Yours Mail-osh us ma Legisthan

SKY KIDS Brave Manage WALL E Tall Life Print 6: 5 Water I How to Train You: Dragon

#### COMEDY

The Second Bost Expbu-Mar gold Hote -Focus White We're Young C Warrenne The Love Punch cer's Be Cops 22 Joing Screek ...

"I think there's a lot of pressure to do music quickly (on felevision) these days, it susually part of another show or between special guests—whatever you have in the amount of time. you need to get those things right. And it's kind of a shame, because what you're making is a document of somebody, and you should be trying to make it as good as it can be."

-From the Basement creator, Nigel Godrich, on his Inspiration for the in-the-studio concert series.

#### TELEVISION



#### The Rise and Rise of Bitcoin

A documentary on how the revolutionary digital currency carne to be the man behind it and the social and political impact it will have around the globe



#### Nurse Jackie

Give into the higher power of Nurse Jackie. Watch select episades on board! New episodes Sundays at 9/80 on Showtime®





#### TEDTalks

TED brings together fascinating thinkers a risis and tec inclogists to give the talk of their lives in 18 minutes or less Find more at TED.com.

TED



#### The Jinx

This miniseries digs into the ide. utireal estate hear and key suspect nia series of unsolved crimes. Robert Durst beginning with the investigation of the 1987 disappearance of his wife.





#### Fargo

Inspired by the film, a manipulative drifter influences smalltown insurance agent Lester into committing murder. Mean while, local police attempt to solve a series of crimes.

#### YOU MIGHT ALSO L'KE:





The Missing

### Weekend Fix

Extant

Actor Omar Milier and fashion designer Andres Izquieta travel to various locations spontaneously using only triends, locals and social media tips to find resturants, hote 5 and sites

#### YOU MIGHT ALSO LIKE



The Endless Summer Revisited



Yahoo' News with Katie Couric World 3.0

#### The Mindy Project

Successful ob-gyn Mindy Lahin. navigates her hectic personal and professional ife in a small NYC medical practice with the help of her quirky friends and co-workers.

#### YOU MIGHT ALSO L'KE:



The Good Wife



Girlfriends' Guide to Divorce



Free live satellite TV is available for a licustomers on more than 100 B737 B757 and B767 aircraft on fligh is within the continental united. States and while over the Hawa an islands. Channel ineup is subject to change. Delta is not responsible for interruptions of service

# STUDIO"

#### ×

#### LISTEN FOR FREE



#### **Playlist Feature**

On a laircraft, you can **create your own custom playlist.** Follow the menus within the
"Listen" section for more information.



Kodaline Coming Up For Air



Olly Murs Never Been Better



Johnny Cash A. San Quentin



Luther Vandross
The Illumnte Luther Vandross



Country singer and songwriter **Kenny Chesney** is currently on the road for his Big Reviva. Tour following the September 2014 release of his sixteenth studio album, *The Big Revival*. This month he's hitting Solider Field, Georgia Dome, Lambeau Field and many more, with special guests.

Kenny Chesney Til It's Gone

Pitbull ft. Ne-Yo Time of Our Lives

Lee Brice Orinking Class

One Direction Night Changes AC/DC Play Ball

Fifth Harmony Sledgehammer

Hozier From Eden

Carrie Underwood Something in the Water

V sit b ilboard.com/de-ta

Take a survey and get a free music download.

Calvin Harris ft. Ellie Goulding Outside

Taylor Swift Brank Space

J. Cole Apparently

Kelly Clarkson Heartbeat Song



Deita offers 16 unique, custom-produced 45-minute programs for your enjoyment. On most aircraft, two programs are paired together to create one 90-minute channel.

- Sleep Soundly
- Chill Conceived
   Sillbi
- Go for Baroque
- Crassical Romance
- Bi board Hits
- More Sillboard ∺its
- D. Irie Mix
- Country Party
   TED Ideas
- n Flight
- InterviewwWith Oi Parker
- Ritmo
   Caliente
- Love Songs
- Alt-Indie Rock
- Good Things
   Happen in
   Threes
- Spot ight.
   The Cult
- Jazzy Women

## DELTA ARTIST SPOTLIGHT

#### **Nate Ruess**

As the frontman of Fun. Nate Ruess won two Grammys for the 2012 album Some Nights, with Best New Artist and Song of the Year Ruess has collaborated with Pink, Eminem and Elle Goulding and more recently worked with Beck and Jeff Tweedy for his solo debut album, Grand Romantic out this month





#### DJ Irle Mbt

Join world-famous, Miami-based DJ Irle as he spins the hortest hits, including tracks from Sial Kelly Clarkson, Usher and Jay Z.



#### Country Party

Am't no party like a country party! Keep the mood upbeat with tracks from Reba, Brooks & Durn, Jason Aidean and more



#### Interview with Of Parker

The screenwriter of both Best Exolic Mongold Hotel films chats about adapting he book and hanging out with Judi Dench



#### Alt-Indie Rock All of your alt-

indie favorites.

can be heard here, form Sheater-Kinney and The Shins to Tim Burgess and Monade

CONCERTS

LAS VEGAS (LAS) Calvin Harris June 5-6 (2) 3, 20 (2), Lee Brice June 5
MANCHESTER (MAN) Maroon 5 June 1 George Ezra June 3, 7 Taylor Swift June 24



Follow Sky magazine on Spokify to hear boarding musiliand other play ists

## FREE OVERHEAD MOVIES **JUNE 1-30**

A programming is offered in English and other anguages based upon route

U.S. Eastbound/Northbound Cinderella Español

U.S. Westbound/Southbound The Second Best Exotic Mangold Hote España.

From Ałaska/Hawaii/Mexico/ Caribbean/Central America

The Second Best Exotic Mangold Hotel Españo

To Alaska/Hawaii/Mexico/ Caribbean/Central America Cinderella Españo.

Japan to Micronesia\* Cinderella 日本語

Micronesia to Japan A Stitch of Life\*\* 日本語

CABIN

Guam, Palau, Saipan, Subtitles in English





#### 1. A Stitch of Life Stars Miki Nakatani, Ichie inherited her grandmother's dressmaking shop, using the old sewing machine and making popula-√Vestern style ciothing for locals with whom she interacis-

2, The Second Best Exotic Marigold Hotel Stars Judi Dench, Maggie Smith, Bill Nighy. Once The Best Exotic Mangold Hote is full Murie and Sonny dream of opening a second



#### 3. Cinderella Stars Lily James, Richard Madden, Cate Blanchett Beaut ruf Elia is treated cruelly by her wicked stepmother and stepsisters, but things begin to change when she meets a

charming stranger in the fores.

## IN-FLIGHT ENTERTAINMENT INFORMATION

DOMESTIC FLIGHTS\*

DELTA ONE™/ A. entertainment and earbuds or FIRST CLASS noise-canceling headsets are free COMFORT+\*\*\* All entertainment and earbuds are free Most entertainment is free (HBO, Showt me and new TV shows are \$1 per episode, new movies are \$6 each and earbuds are available for \$2).

#### INTERNATIONAL & TRANSCONTINENTAL FLIGHTS

India ocaiion

All entertainment and earbuds or noise-canceling headsets are free.

All entertainment and earbuds are free

All entertainment and earbuds are free



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Ergonomica: y designed earbuds are available on flights worldwide as part of our partnership with Billboard.



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#### Closed Captioning

A selection of on-demand movies is available for customers. who are deaf or hard of hearing. Tities with captions are noted in the on-screen video description and are high, ghted with the con on the following pages of Sky. To turn captions on or off, just touch the 🖭 icon on your screen once your video. starts. Captioning is available via seatback screens, noted to the right of each title. De tails committed to providing a great entertainment experience for all customers. To that end, we're adding closed captioning to all new aircraft and to fleets being equipped with new enterfainment systems—an average of two aircraft per month through 2018. Capt oning is currently available on all A330\_B737-900ER\_B747, B777, most B767-300ER and some 8757 a reraft.

# INTERNET ONBOARD



vision has services voice and viseo calls via the Wi-Fi portal are not permit ed on board at any time. Silen ico monitor cat on such as email resting and instant messaging is always permit ed white your device is the plant mode.

#### DELTA OPERATES THE WORLD'S LARGEST WI-FI ENABLED FLEET WITH MORE THAN 1,000 AIRCRAFT

# Does this plane have Wi-Fi?

Find out fast! Just

look for the Wisymbol near the
boarding door, overhead or
next to your row number

#### How to connect

To connect turn on your Wilf - enabled device in airplane mode connect to the "gogoinflight" signal and launch your browser



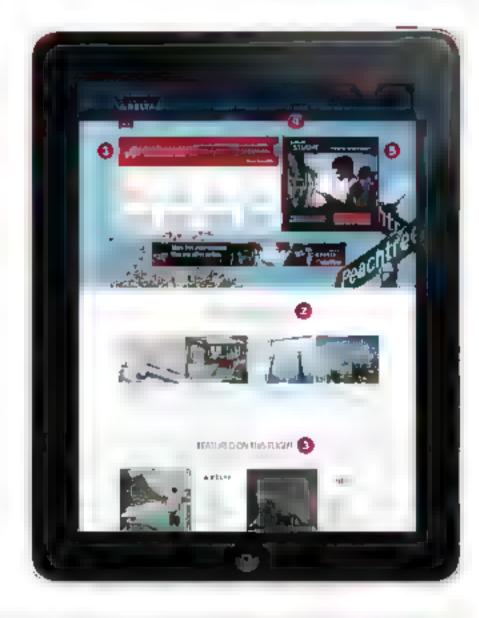


## Questions about Gogo? Contact Gogo Customer Care

customercare@gogoarr.com or 877-350-0038

#### Live Chat

In the air air gogoair com On the ground gogoair com



### Gogo has the U.S. covered

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Enjoy free access to everything from exclusive shopping deals to Deitainews and products within our Featured On This Flight section.

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Click on the My Flight link to track your fight on our moving map, check real-time information on your fight progress, and get details about your aircraft. Simply click on My Flight on the portal and keep yourself up to date

#### @ Entertainment

Remember, Delta Studio\*\* in-flight streaming is available without purchasing a Wi-Fi pass!

## Power Up

110- voit outlets provide power to charge notebook computers, e-readers and tablets. USB ports provide power to charge a small electronic device, such as a smartphone. Look for them on the following aircraft

ARPLANE	8717- 200	B737- 700	8737- 800	8737- 900ER	8747- <b>400</b>	B757-200 select nincraft	B757-300	8767- 300	B767- 300ER	\$767- 400GR	B777	A330	BBDM	MD90	CRAPOO select pinagis
110-VOLT	All Tows	Rows	Rows 1-4 all aircraft Rows 10-2 selec aircraft	All	Rows 4-3 3 <sub>6</sub> -3 and 72-80	Rows 1-4 and 8 27 or - 7 or all rows	Ai rows	Rows	Rows 1-6 and 3-22 or 9-and 7-26	Rows 1-10 and 15-24	Rows 2 and 29 38	Raws -6 and 0-9	Rows 4	Rows 6-4 400 10-12	Rows 4
USB	A, rows	All unats	All snat, with seatback screens	Ali seats	Att Shars	All mats with seatback screens	An leafs	All seats	All sea a	Ankeau	Ai seass	A <sub>I</sub> seats		Rows 1-4 and (0-12	

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# DRINKS + EATS

#### FEATURED BEVERAGES

#### Raising the Bar

Grey Goose Vodka and Jack Daniel's Single Barre Tennessee Whiskey have been added to the spirits available in the Delta One™ cabin. In addition, customers in First Class Delta Comfort+™ and the Main Cabin can now enjoy Finlandia Vodka

#### Margarita Featuring Avión Tequila \$8

A south-of the border favorite featuring Avion Tequila. Available on flights within North America.

#### Stirrings Caipíroska \$8

A popular Brazilian and Argentinian cocktaîl, featuring Stirrings Calpiroska and Skyy Vodka. Available on all flights to and from Latin America and the Caribbean.

#### GREY GOOSE

SINGLE BARREL







#### EATS

On board flights of 900 miles or more and select Caribbean and Latin American markets, you may purchase the individual snacks below or try our EATS treats and tapas snack boxes. EATS purchases are not available on Delta Connection's ngle-class aircraft











Oid Wisconsini Beef Salami Slices
Pepperidge Farmi Baked Naturals
Wheat Crisps, Rondelé Peppercorn
Parmesan Cheese Spread, Pepperidge
Farmi Cheddar Goldfish Crackers
Weichis Fruit Spacks, Mixed Fruit,
Oreon Cookies, Mentosii Mint





Stacy's Brand—Pila Chips, GoPicnic\*\*
Garden Hummus Dip Dipin\*\*
Pepper & Artichoke Brush let a
Crunchmaster\* Multi-Grain Crackers
with Sea Salt, Olympos\* Pitted Greek
Olive Mix with Herbs, Vacaville Fruit
Company Snackins Mediterranean
April of s Madi & a Amonds
Dancing Deer Baking Co.\* Sweet
Lemon Cookie Nibbles, Varda
Chocolatier\* Dark Chocolate
All continuous Products are g. 1

p. 9c 9 - 0 - 0 - 11 - 9c

Deha Aur ions accepts credit and delist rands only for attenboard purchases. Deby Aredit cards or rash are accepted on intra-Asia routes. Delta Connection\* Rights with single-class service accept cash only. ATM cards are not accepted. Debit cards are only accepted if they bear a mayor credit card fogo.



Don't leave savings up in the air **Receive a 20% savings** in the form of a statement credit\* on eligible Delta in-flight purchases after using your Delta SkyMiles Credil Card

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#### Alcoholic Beverages

Alcohol may be served only to customers 21 years of age and older. By FAA rule, we may not serve alcohol in customers who appear intoxicated. Only alcohol provided by Delta and served by flight attendants may be consumed on board.

#### SPIR TS \$B

Avidin Tequila
Bacard Rum
Baileys hish Cream
Bombay Sapphire Dry Gin
Canadian Club Reserve Whisky
Courvoisier V.S.O.P Cognac
Dewar's Scotch
Finiandia Vodka
Grey Goose Vodka\*
Lack Daniel's Single Barre Tennessee
Whiskey\*
rank Daniel's Tennessee Honey Whiskey
Jack Daniel's Tennessee Whiskey
Voodton: Reserve Smail

#### WINES \$8

Red or White

#### DOMESTIC BEER \$6 Miller Lite

Batch Bombon

SPECIALTY BEERS \$7
SweetWaler 420° Blue Moon'
Ballast Point' Heineken
Brooklyn Brewery' Samuel Ada

Ballast Point\* Heineken
Brookfyn Brewery\* Samuei Adams
Steha Bos on Lager

application of the Samuel Princer
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America (including the United States, Canada, Mexico. Central America and the Caribheard accept credit/teblt are well and the local place the areavailable in the Main Cabin on North American lights. Delta One" single-class Rights accept cash only in First and Delta One<sup>ne</sup> catury, all been wine and specis. are companied as a complete usuing of renewand champagnes available in Delta One<sup>14</sup> please refer to your menu or ask a flight attendant for raday's selection. In Delta Comfort+ and the Main Cabin on intercentimade and drawn as a more care opencomplementary in Delta Comforts in on all Rights to and from Canada, Mexico, Central America and the Caribtwo the in again are may meet up office only in the second of the second ik and if all lenders to their depicts are report for the region and the region of the payer's as well as complimentary been wine and spirits. On Boston/Chicago/New York Clip/Washington, D.C. Onta complementary wines and beers (some complimentary beverages may not be available on Shuffle Highla". On os ou a stollar da darb go-

dene and the lobowing heers: Adder Job. Leguritas Brown, and the lobowing measure. Allergen information for all food products is available from flight attendants upon request on Delta-operated flights departing from the following cities: Amsterdam (AAAS), Athens- ATH), Barcolona (BCN), Brussels (BRU), Copenhagen (CPH), Orbilin (DUB), Düsseldorf (DUS), Frankfust (FRA), London (LHR), Madrid (MAO), Malaga JASP), Manchester (MAN), Millan (MXP), Munich (MUC), 18cq (NCE), Pans (CDG), Pisa (PSA), Progue (PRG), Rome (PCO), Stannon (SNN), Stockholm (ARN), Stuttgart (STR), Venice (VCE), Zenich (ZRH),

as well as Starbucks\* collegic complimentary Wenter

#### Complimentary Beverages





















#### SOFT DRINKS

Coca-Cota Coca-Cota Zero Diet Coke Fresca Sprine XUAT

#### MIXERS

Mr. & Mrs. "T" Bloody Mary Mix Seagram's Ginger Ale Seagram's Sparkling Seltzer Water Seagram's Tonk: Water

#### JUICES AND BOTTLED WATER

Minime Mark Apple Juice
Minime Maid Tranberry
Apple Cockfull
Minute Maid Orange Juice
Tomato Juice
Sonied Mater
LaCroix Sparkling Water
Milk

#### HOT DRINKS

Starbucks® coffee Starbucks VIA® Ready Brew Decaf Bigelow Tea Harney & Sons Tea\*

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Delta Air Lines is groud to serve products from

Hot all beharages are available on all flights

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Delta recycles cans, plantic bottles and cups, newspapers and magazines on flights into a characteristic or did. Rebates from Delta's Indight Recycling Program benefit Habitat for Humanity Ask of light attendant if recycling is an option on today's flight.

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# IN-FLIGHT INFORMATION

#### PORTABLE ELECTRONIC DEVICES







Laptop.



DVD Player





Persona Air Purifiers



Remote Control Toys

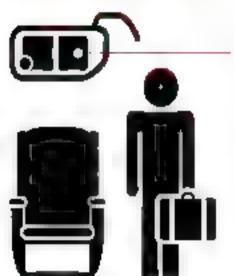


TV.

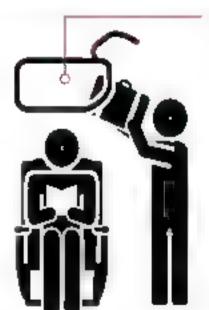


ing gentla get a migration of the median graph in order of the migration of the second of the second

#### CARRY-ON BAGGAGE



Stow carry-on tems in overhead compart ment or under seat. Items you need to access should be stowed under your seat.



Use caution when stowing stems overhead

Pets must remain in closed hard- or soft-sided carriers a. a mes



Cabin issues on your flight? Please share your feedback at cabin.mlc@delta.com.

#### ALSO OF NOTE





flight when in
Airplane Mode and alle
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cable of

#### Please Be Considerate

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#### **Spare Batteries**

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#### Tobacco



**Never Permitted** 

# AT YOUR SERVICE

YOU ASKED, WE ANSWERED

## "TODAY" ON THE FLY DELTA APP

With the new Fiy Deita appifor
Phone and Android you get
everything you need for your trip all
on one screen. Versatile, capable
and reliable the appidoes practically
everything you need to make your
travel plans and keep them on track

#### **Flight Details**

Starting 24 hours before your flight, the app will automatically display the new "Today" screen, which gives you a quick and easy way to view gate and terminal, boarding time, seat assignment and even your spot on the upgrade est

#### All in One Place

It also gives you one-tap access to your boarding pass, bag tracking status, Wi-Fi purchase and more.



#### Easy Connect

f you have a connecting flight, simply swipe forward to view all of the same options for each leg of your journey

## Need help rebooking, changing seats or printing a new boarding pass? You can

### Fly Delta app

now use:



#### Kiosk



#### 6 delta.com



## Delta Sky Club: Retreat from the Ordinary

De ta Sky Club\* is an award winning lounge where you can work or relax in style. And with Clubs worldwide, finding a reprieve is easy

#### Members Enjoy

- Fully stocked bars with complimentary house beer, wine and spirits
- Fresh, healthy food offerings, served a. day
- Persona ized flight assistance
- Complimentary Wi-Fraccess
- Sate lite TV for sports, news and more
- · Private showers at select locations



Plus, you can indulge in premium wine, beer, champagne and spirits for purchase at the Delta Sky Club Luxury Bar in addition to our complimentary bar offerings. Stop into a Club or visit **delta.com/skyclub** to purchase or renew your membership today and learn about membership options.





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Winner of the 2013 APEX Avion
Awaru for Besi Single Achievemen

in Passengers Experience

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## Controlling the Unexpected

- Please check the Flight Information Screens for up-to-date flight information These screens may be located near a Need Help? Center or gate area.
- f you have missed your
   f ght due to a delay or
   cancellation, you will be
   automatically rebooked on
   the next available flight
- You can scan your existing boarding pass at any available Delta scanner to receive your new fight information. Delta scanners are located at our Need Help? Centers or in select gate areas at many Delta airports.
- We' make every effort to reroute your checked baggage to your next flight

#### DO YOU HAVE OTHER QUESTIONS?

Call 1-855-548-2505 Tweet us @DeltaAssist

#### FEEDBACK?

Have a comment or complaint regarding your Delta experience? Share your feedback at delta.com/talktous Please have your flight details available, including flight number, date and departure and arrival cities:

# **WORLDWIDE PARTNERS**

#### ALLIANCES THAT TAKE YOU FARTHER





# SKYTEAM

### Welcome to an oasis of tranquility . . . The SkyTeam Exclusive Lounge.

Step into a SkyTeam Exclusive Lounge and unwind. In this peaceful place, the buzz of the terminal is behind you and our jush botanical walk adds a breath of fresh air to your trave solf business calls our complimentary internet and recharge out etsible place you keep things rolling smoothly along. You will find us at London Heathrow's T4 is stanbul and Sydney land keep an eye out for another SkyTeam Exclusive Lounge opening soon in Duba. Visit us there or at any of our more than 600 lounges, and enjoy a little preflight or stopover relaxation. Check out our Lounge finder at **skyteam.com** or download the SkyTeam app

## **SKYTEAM**

Delta wants you, as a world traveler and a valued customer, to have more flex bility and more choices in your global travel. So we've joined with 19 strategically based airlines to create the SkyTeam global air line at lance, but I upon the principle "Caring more about you" How do we care more about you? By taking care of your needs throughout your travels:

#### Planning Your Trip: Special SkyTeam Offerings

- Round the World Travel Pass and Planner
- America, Africa, Asia, China, Europe, Taly, Mexico and Russ a Trave Passes
- SkyTeam G obal Contracts and Global Meetings
- Guaranteed full-fare Economy Class reservations for SkyTeam Elite Plus customers with 24-hour notice on ong-hauliflights

#### At the Airport: Passenger Perks

- · Seamless connections with single check-in
- Access to more than 600 airport lounges worldwide
- Sky Priority® Check In, Sky Priority Boarding and Sky Priority Baggage Handing, as well as Preferred Seating and reciprocal lounge access depending on Enterstatus.

#### In-Flight: Consistent Service

- In addition to the language of each carrier.
   Engish is spoken on every flight.
- Special meals across all international flights

#### When You Arrive: Earning Frequent Flyer Miles

- You can earn\* and redeem miles with every SkyTeam air ine.
- Frequent flyers are able to book Mult. Carrier Awards, enabling them
  to use any SkyTeam carrier with one single Award Ticket, offering
  travel opportunities for fewer miles.

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#### Delta is moving to Terminal 1 at Pudong International Airport

All Delta flights will now arrive and depart from Terminal 1 at Shangha is Pudong international Airport (PVG). This move will allow more convenient connections and a seamless customer experience when flying with Delta or air the partners China Eastern and Shangha. Air thes. Our checkin counters will be located at Aisie Lin Terminal 1.

Deita customer service agents will be available at the airport to help should further assistance be needed. Remember to visit delta.com or download the Fly Deita app for up-to-date information and gate notifications. We hope to see you on board soon!

## OTHER TRAVEL PARTNERS

In addition to our SkyTeam partners, De tala so has other travel partners that offer codeshare flights and frequent flyer agreements. Together, we are committed to offering you high quality service, convenient travel options and more opportunities to earn and redeem miles. Visit de talcom/ partnera rimes to learn more

	SKYMILES* PARTWER	DELTA CODESHARE PARTNER
Air Tahíti Nui		
A aska A rines	•	•
GOL	•	•
Hawaiian A r ines**	•	•
Virgin Atlantic	20	•
Virg.n Australia	•	•
WestJet		•
Redemption only ** nter-Island only	Accrual only	

## Heathrow Heads Up: We now fly from LHR terminals 3 and 4.

Before you lift off to or from Landon prease note that Delta flights operate from LHR T3 and T4, FI ghts operated by Virgin Atlantic are in LHR T3. Be sure to check your flight status at delta com or via the Fly Delta app to confirm your terminal nformation 21/2 hours prior to departure And visit delta com/virginatlantic for additional travel information, including the many benefits you enjoy through our partnership with Virgin Atlantic



#### T3 Flights

Boston (BOS) New York (EWR) New York (JFK) Los Angeles (LAX)

#### T4 Flights

At anta (ATL) Detro t (DTW) Minneapolis-St. Paul (MSP) Philadelph a (PHL) Seattle (SEA)



#### Since its inception in January 2014, more than 4 million passengers have flown the Delta & Virgin Atlantic Joint Venture.

This summer, Delta and Virginia Atlantic offer 39 daily round trip transat antic flights between the United Kingdom and 15 destinations across North America, with 10 daily flights between London Heathrow and New York (JFK and Newark). The partnership has been recognized by its customers with Delta awarded 2014 Airline of the Year by Air. Transport World Magazine and Virginia awarded 2014 Best Long hauf Airline by UltraTrave Awards.

As the industry's first transatlantic Joint Venture, the partnership between Delta, Air France/ KLM and Alitalia continues to offer more choices and more convenient and frequent flights.

Regardless of which a rline you choose, you will enjoy access to a broad transatiantic network, with access to 13 global hubs offering more than 7 500 daily flights to more than 540 destinations. De ta, Air France-KLM and A. talla offer customers one of the largest airport lounge networks in the industry.

















SAUDIA



A TRANSPER





AIRFRANCE /









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# SKYMILES



If you're reading this and not enrolled in the SkyMiles \* program, you're not getting all you can out of your trip. Get rewarded when you fly with us with a SkyMiles membership. Visit delta.com/enroll to sign up. You can also request credit for the past 30 days' flights (including this one) at delta.com/mileagecredit.

## Earn Miles on More than Just Flights.

Love earning miles? Thanks to our SkyM, as partners, you can earn miles on more than just flights. Whether you're booking a hotel or car for your next business trip, shopping or dining out with friends or doing business with our partners, boosts your mileage balance faster. And remember, Delta is the only major U.S. carrier whose miles don't expire











## Use Miles for More than Just Award Travel.

You can use your miles in so many ways.

- Airfare: Book Award Travel to any of our 319 destinations in 59 countries
- Once-in-a-Lifetime Access: SkyMiles Experiences is your ticket to award shows concerts and more
- Charity: 5kyWrsh lets you do good by donating to 17 top charities
- Shopping: From fash on to electronics, SkyMiles Marketplace lets you use miles for the brands you love
- Deita Sky Club® membership: Relax away from the gate in any of 200 award-winning ocations worldwide.



FREE IN-FLIGHT ACCESS TO DELTA.COM ....
Visit new and create an easy-te-remember password!

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JOIN NOW AT DELTA.COM/ENROLL

MEDALLION LEVEL 4	SILVER	GOLD	PLATINUM	DIAMOND
Medamon Qualification Miles OR Medathon Qualification Segments  AND Medamon Qualification Dollars	25,000 OR 30 000,62 DAA	50,000 OR 60 AND \$6,000	75,000 OR 100 AND \$9,000	125,000 OR 140 AND \$15,000
Unlimited Complimentary Upgrades (Full Y Fare):	Воокіпд	Booking	Book ng	Booking
Unlimited Complimentary Upgrades (Discounted fares except E) <sup>2</sup>	1 Day	3 Days	5 Days	5 Days with Priori
Delta Comfort+*** Seats for U.S. and International Travel*	Complimentary 24 hours prior to departure	Complimentary 72 hours prior to departure	Complimentary at time of booking	Complimentary time of booking
Same-Day Confirmed and Standby Fee Waivers?			•	
Reliever Medaliten Qualification Miles	on mited	Unlimited	Unlimited	Unlimited
Medai for Mileage Bonus*	2 add tional miles per dollar*	3 additional miles per dollar*	4 additional miles per donar*	6 additional mil per donar*
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## SkyMiles Experiences: On the Field. Backstage. Front Row.

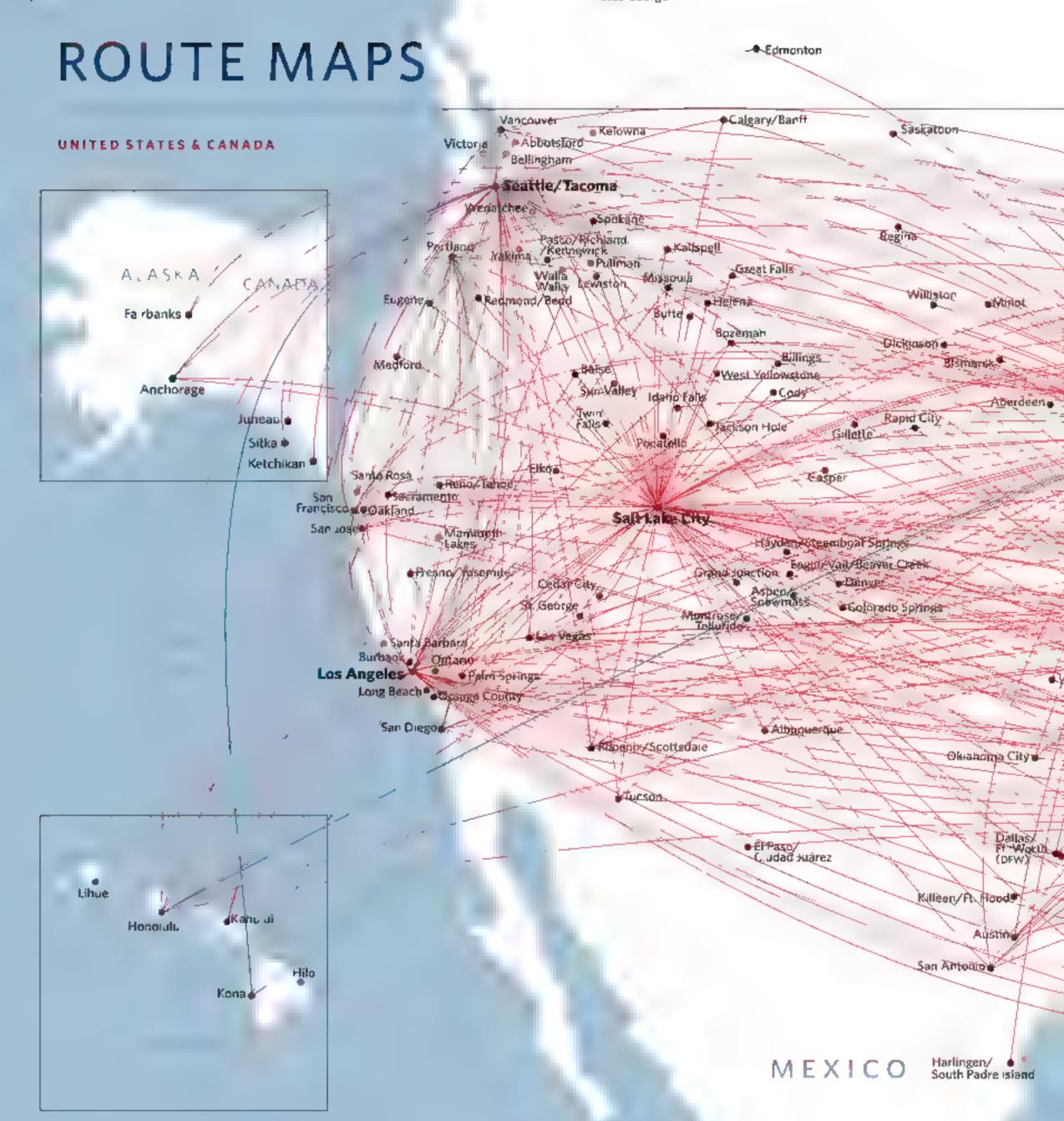
Did you know SkyMiles members can use miles to bid on incredible experiences like this that you can't get anywhere else? delta.com/experiences

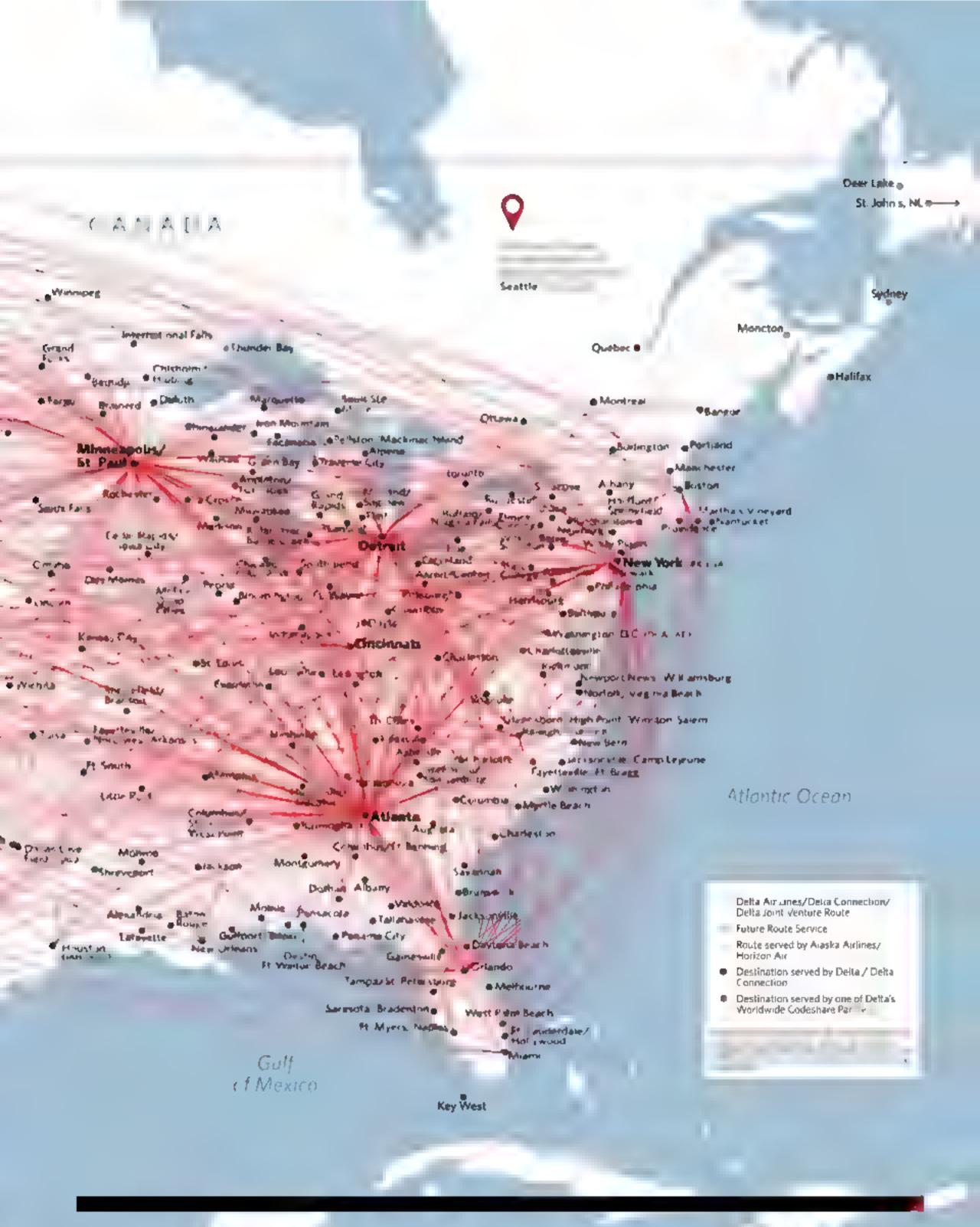


Habitat for Humanity International Winner: Nhai Cae, Platinum Medailion member

It would be too much of a cliché to say that the SkyMiles experience exceeded all my expectations. My friend Rick and I participated in an amazing effort with Delta and Habitat for Humanity International We enjoyed the beauty and many charms of Argentina, but meeting and working with the incredible host families and Delta volunteers is something I'll always remember So while it may sound like a cliché, Delta provided a truly life-changing experience."

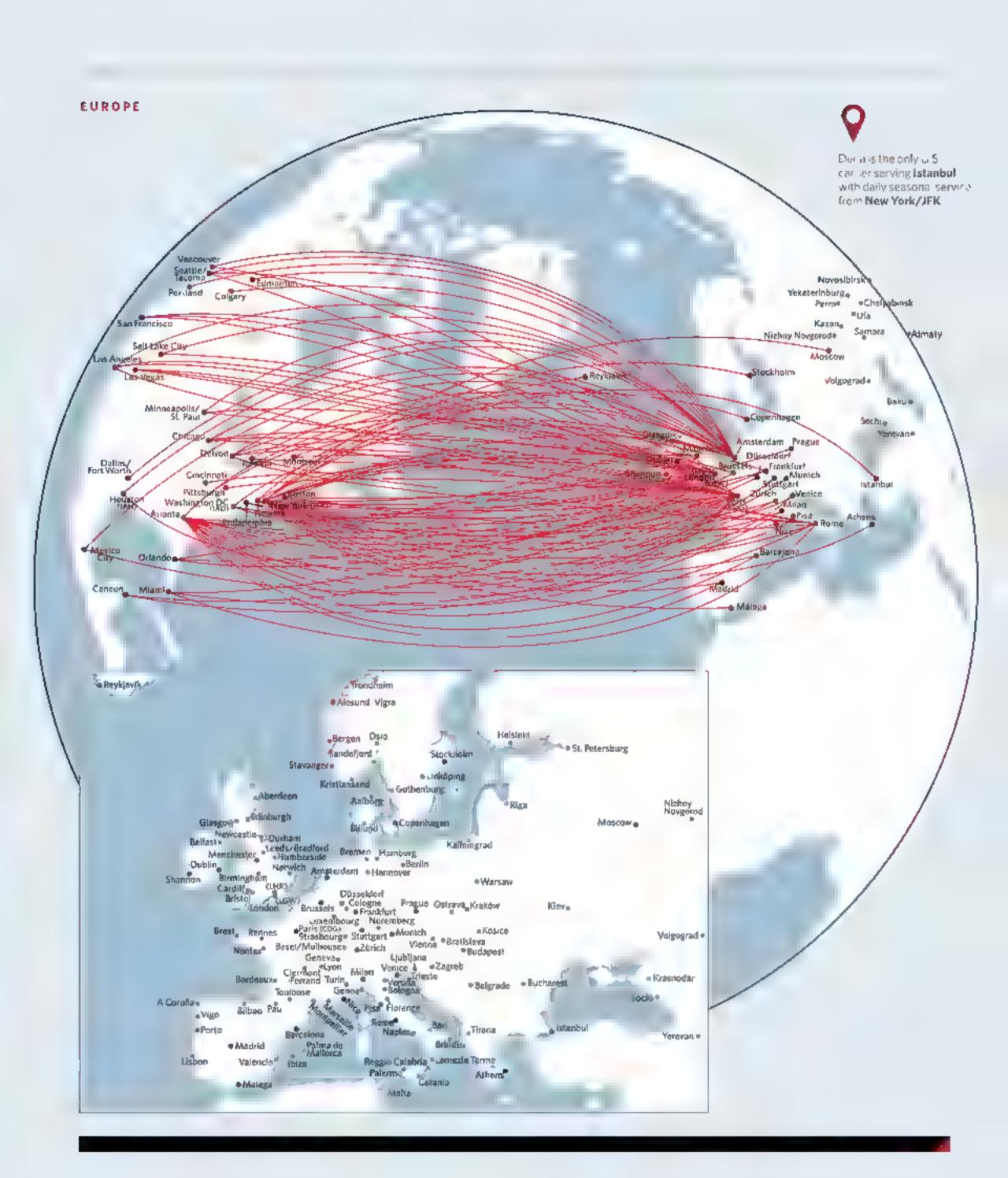
●Prince George



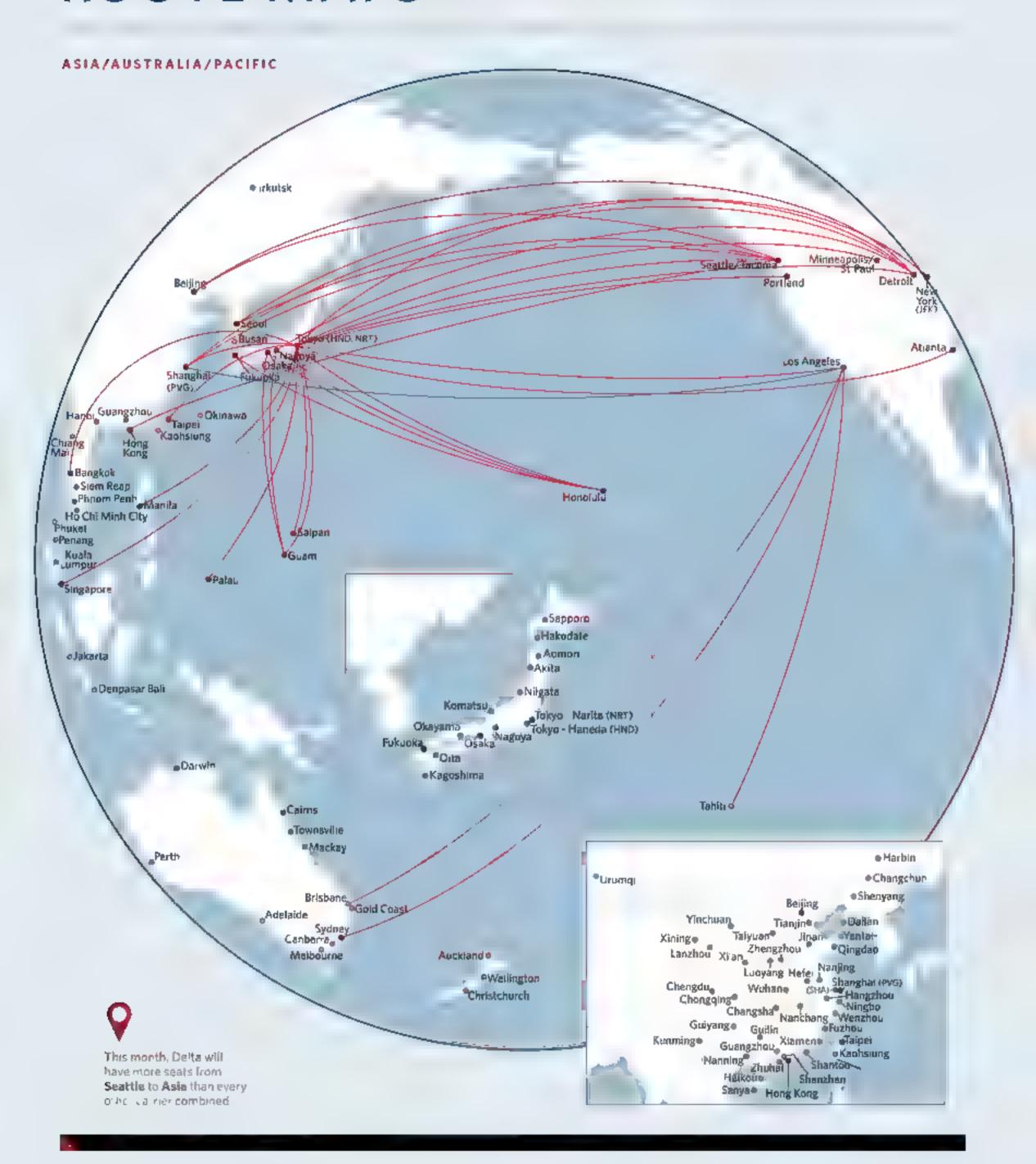


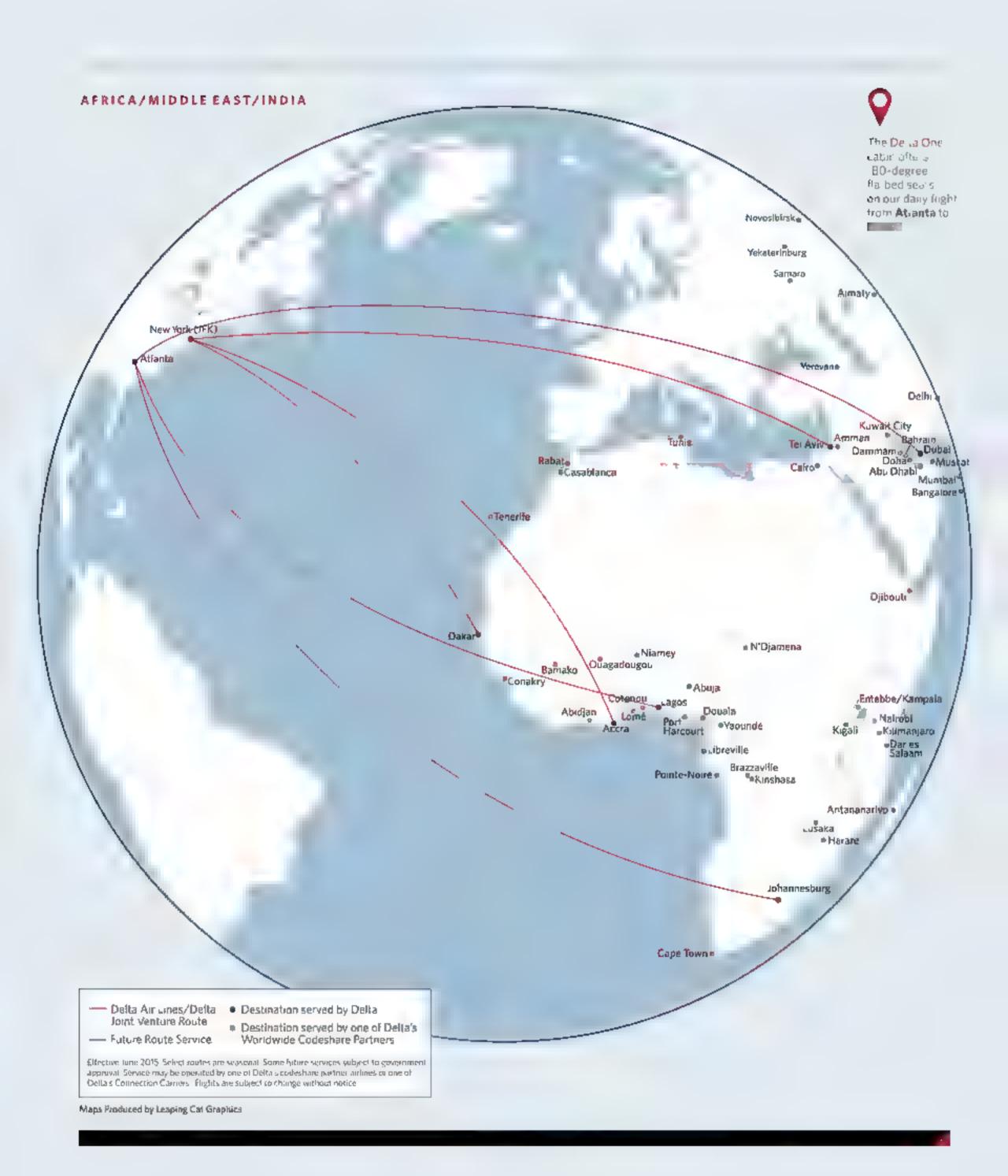
# ROUTE MAPS





# ROUTE MAPS





# PASSENGER INFORMATION

## AUTOMATED PASSPORT CONTROL (APC)

Background:

Automated Passport Control (APC) klosks are an efficient self-service technology that helps expedite international arrival processing for customers, including families traveling together. Passengers provide: a scan of their passport(s); capture a photo, respond to customs. declaration questions; confirm fight details, and claim a receipt for presentation to the CBP officers as a final step of their processing.

#### Delta Locations:

Hartsfield-Jackson At anta International Airport (AT.), New York/John F Kennedy International Airport (JFK), Seattle-Tacoma Airport (SEA), Minneapo is-St. Paul International Airport (MSP), Detroit Metropo itan Wayne County Airport (DTW), Los Angeles International Airport (LAX). Additional CBP Jocations, AQA, AUH, AUS, BQS, CLT, DEN, DFW, DUB, EWR, FL., -AQ. AH, MCO, MDW MIA, NAS, ORD PHL, PHX, RNO, SAN, TPA, YEG, YUL, YVR, YYZ



Eligibitity:

All U.S. C fizens, U.S. Lawful Permanent Residents, Canadian Citizens and International Visitors from V sa Waiver Program countries are eligible to use APC kiosks. Visa Waiver Program visitors must have Electronic System for Travel Authorization (ESTA) approval prior to travel and have visited the United States on at least one occasion after 2008.

Visit cbp.gov/travel/apc for more information.

# Security Streamlined With TSA Pre√

Want to cut in line and not feel guilty about it?

TSA Pre 

✓ is an expedited. screening initiative designed to help travelers enjoy a more convenient journey through the amport if you're eligible and selected by Transportation Security Administration (TSA) to participate, you'll be directed to a dedicated screening rane where you may not need to remove your shoes, racket or belt or your raptop from

The program is available at more than 130 airports nationwide. To find out. whether an airport offers TSA Prev visit tsa.gov for a rull list

Passengers are selected for TSA Pre-Con a flight-byflight basis by TSA. To ensure that you're eligible to be considered, you may

- Consider applying for enrollment in a Customs and Border Protection (CBP) Trusted Traveler Program. such as Global Entry NEXUS and SENTRI. Participants in Trusted Traveler Programs are likely to be selected for TSA Previon a consistent and predictable basis. Plus, these programs provide expedited passport. control and customs. screening upon arrivat into the United States and are a great choice for frequent international travelers.
- Apply for enrollment in the TSA Previ program, which provides a great option for those who may not have a passport but travel frequently within the United States Participants in the TSA Pre√ program are also likely to be selected on a consistent and predictable.
- Update/add your Secure Flight Passenger Data and, if applicable, your Department of Homeland Security-assigned Known Traveler Number (KTN) or PASS ID to your profile at delta.com/profile Then look on your boarding pass to see if you we been selected. for TSA Pre√
- If you are a participant in a CBP Trusted Program and are not a SkyMiles member. simply provide your KTN or PASS ID within each reservation at the time. of booking.

If selected, your boarding pass will include a TSA Pre✓ undicator.

Participating in one of The CBP Trusted Traveter programs or the TSA application program offers The best chance to receive expedited screening. For more information about TSA Pre ✓ visit delta.com/ tsaprecheck.

# TSA Presi

## **Global Entry**

Easy, Quick U.S. Entry for Arriving International Passengers

Save time entering the Jimed States by using U.S. Customs and Border Protection's Global Entry program This voluntary program allows preapproved, low-risk travelers to clear the

enfry process in minutes using automated kiosks,

Passengers participating in a reciprocal program with the following countries can also access the Global Entry

kiosks Germany Mexico, the Netherlands, Panama, Peru, and South Koreal Canadian clitizens and residents are eligible to access Global Entry krosks through membership in

the Nexus program. For Global Entry Information and to apply go to globalentry.gov,

# FOR PASSENGERS **NOT ELIGIBLE** FOR AUTOMATED **PASSPORT** CONTROL (APC)

CBP Form 6059B Customs Declaration

Before arriving in the United States, each traveler or head of family in possession of a visa or arriving under the visa waiver program for the first time is required to fill out a CBP Form 60598 Customs Declaration. Most of the questions can be answered.

with a "yes" or "no." The form must be signed and dated. Please print legibly, using black or blue ink Entries must be made in ENGL SH and in ALL CAPITAL LETTERS. The Customs Declaration Form will be distributed during the flight.

Sea apposite pagefor trans/ated Customs forms in Portuguese, Chinese and Spanish.

Upon Arrival

n addition to passport and document processing, all international visitors will have their fingerprints scanned by an inkless device and a digital photograph will be taken. This will add only seconds to the overal entry process

Antes de llegar a los Estados Unidos, se le solicita a cada viajero o jefe de familia que posea una visa, o que llegue a través del programa de exención. de visa por primera vez completar et Formulario CBP 60598 Declaración de aduana. La mayoria de las preguntas pueden ser contestadas con "sí" o "no". Se debe firmar el formulario y colocar la fecha. Escriba de manera legible, con tinta negra o azul Las entradas deben realizarse en NGLES y en LETRAS MAYUSCULAS E Formulario de Declaración de aduana será distribuido durante e vuelo

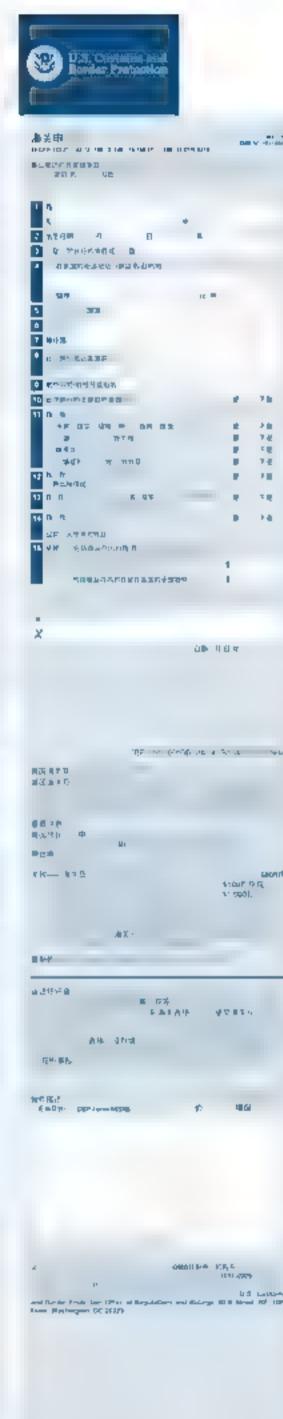
报之美 阿帕 併称 缩答成 都需要推写于两脚关与 边防局 6059B 海关甲报表 (CBP Form 6059B Customers Declaration)。大部分回题都可以回答"是"或"否"。 逐羽天和张表必明簽署姓名在 制。壽 黑色龙 临近水電星馬術性 必明中部工英文人物。才真 写。《海关申报表》(Customs Declaration Form) 将在飞 1,明月大发。

Antes de chegar nos Estados Unidos, todo viajante ou chefe de família portando um visto ou chegando sob o programa de isenção de visto pela primeira vez deve preencher o Formulário de Declaração da Alfândega CBP 60598 A maioria das perguntas pode ser respondidas com um "sim" ou "não". O formulário deve ser assinado. e datado. Escreva de forma legívei, usando caneta de tinta azul ou preta. As informações devem ser registradas em INGLÉS e em LETRAS. MAJÚSCULAS. O Formulário de Declaração da Alfändega deve ser distributdo durante o voo.













CIR Form ROWER (No. 1)

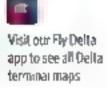
# TERMINAL GUIDES



TSA Pre√is available at all domestic amports



at most gates





#### HARTSFIELD-JACKSON ATLANTA

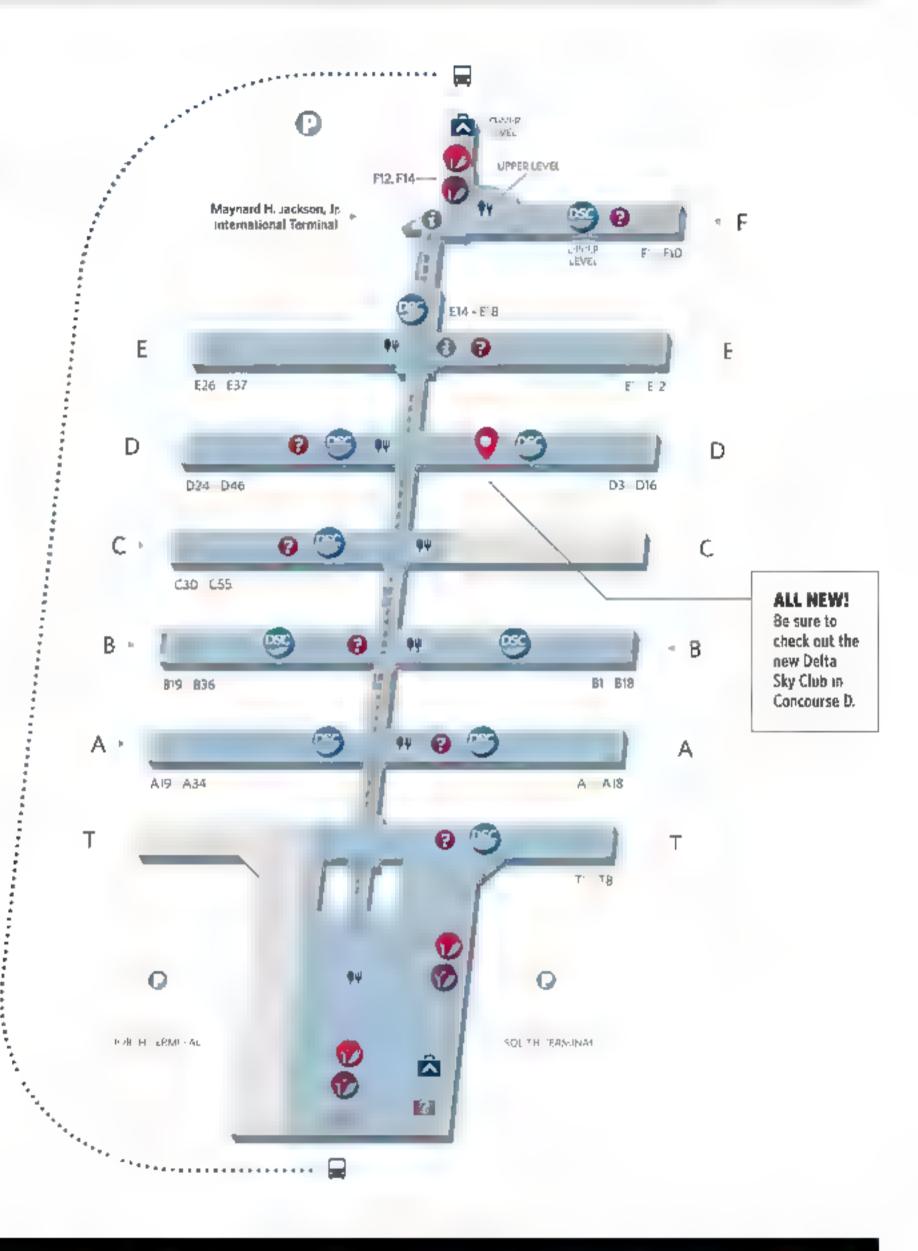
International Airport



GATE TI TO FI = 30 MIN.

## SKY CLUB

Concourse A on Upper Level,
Gate T6,
Gate A17.
Gate B10.
Gate 825.
Gate C37,
Gate D27.
Gate E15,
Concourse F on Mezzanine Level









CLAIM









COURT



SHUTTLE



TRAKŞIT





WALKWATS



PARKUNG



MEED HELP?

CEMIER



DNFQRMATIGN



SERVICE

OFFICE





UNIPROVEMENTS



THE



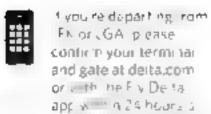
NEW YORK/

GATE A3 TO 855 = 15 MIN.

SKY CLUB

Terminal 2 on Mazzanine Level,

Gate B31



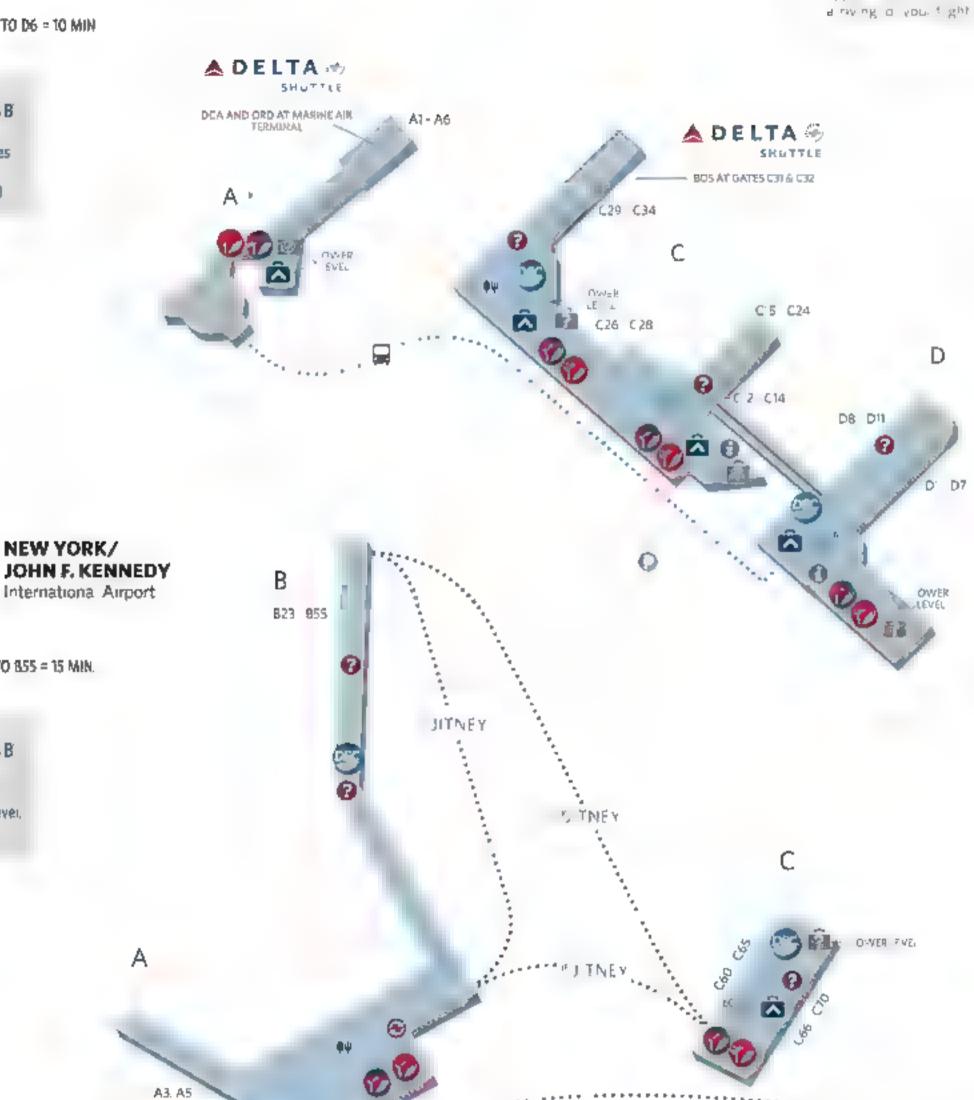


& DELTA

SKY CLUB

**Between Gates** C28 and C29.

Near Gate D11



**GETTING** THERE

ATL Miles to city center 10 By taxi. 20-30 minutes By bus, no bus By train 20 minutés

LOWER LEVEL-

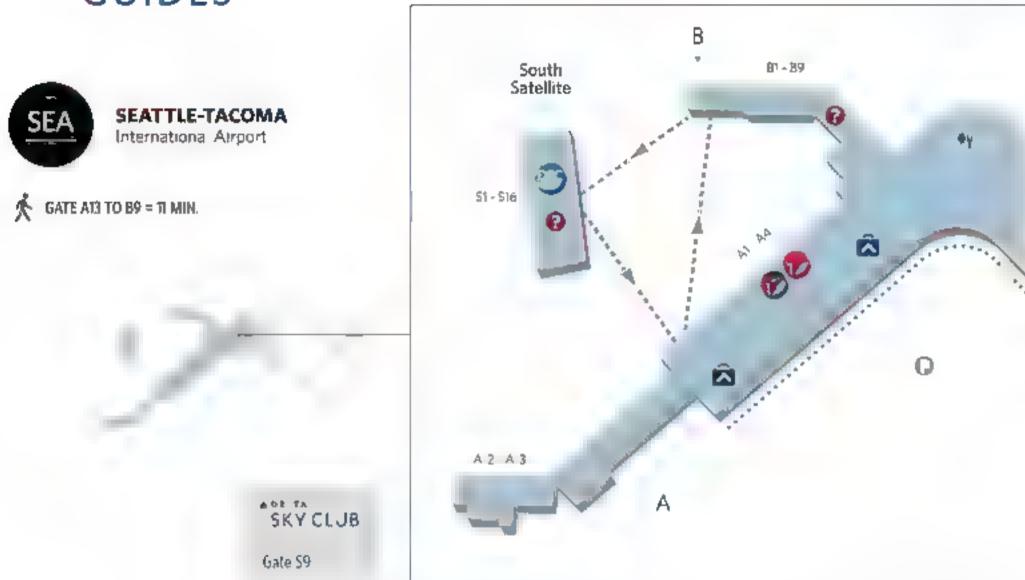
Теппров 4

> LGA Miles rocity center 12 miles to Midtown By caxi: 20-30 minutes By bus: 40 minutes: By train: 40 minutes

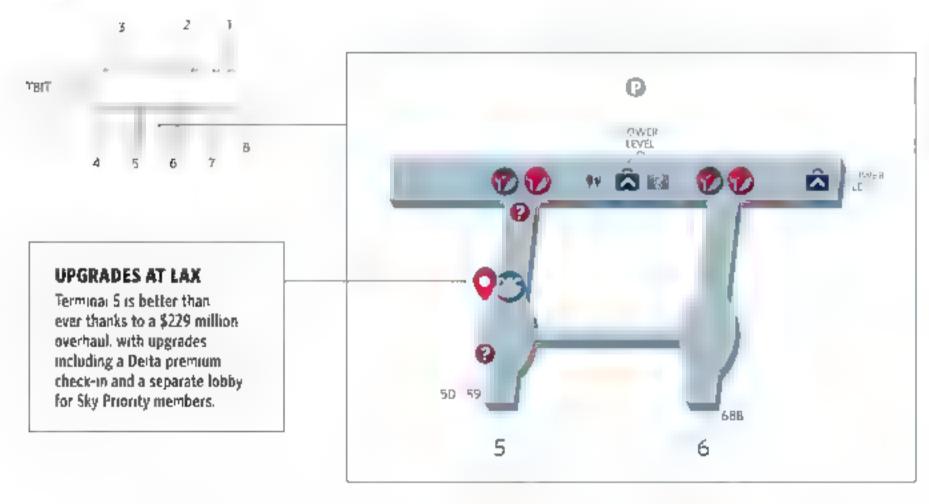
Terminal 2

> Miles to city center 15 miles to Midhown By taxi: 40 minutes-2 hours By bus, 1-2 hours By train Thour

# **TERMINAL GUIDES**







SKY CLUB Between Gates 53 and 55



























CEMPER



**INFORMATION** 





SERVICE

OFFICE

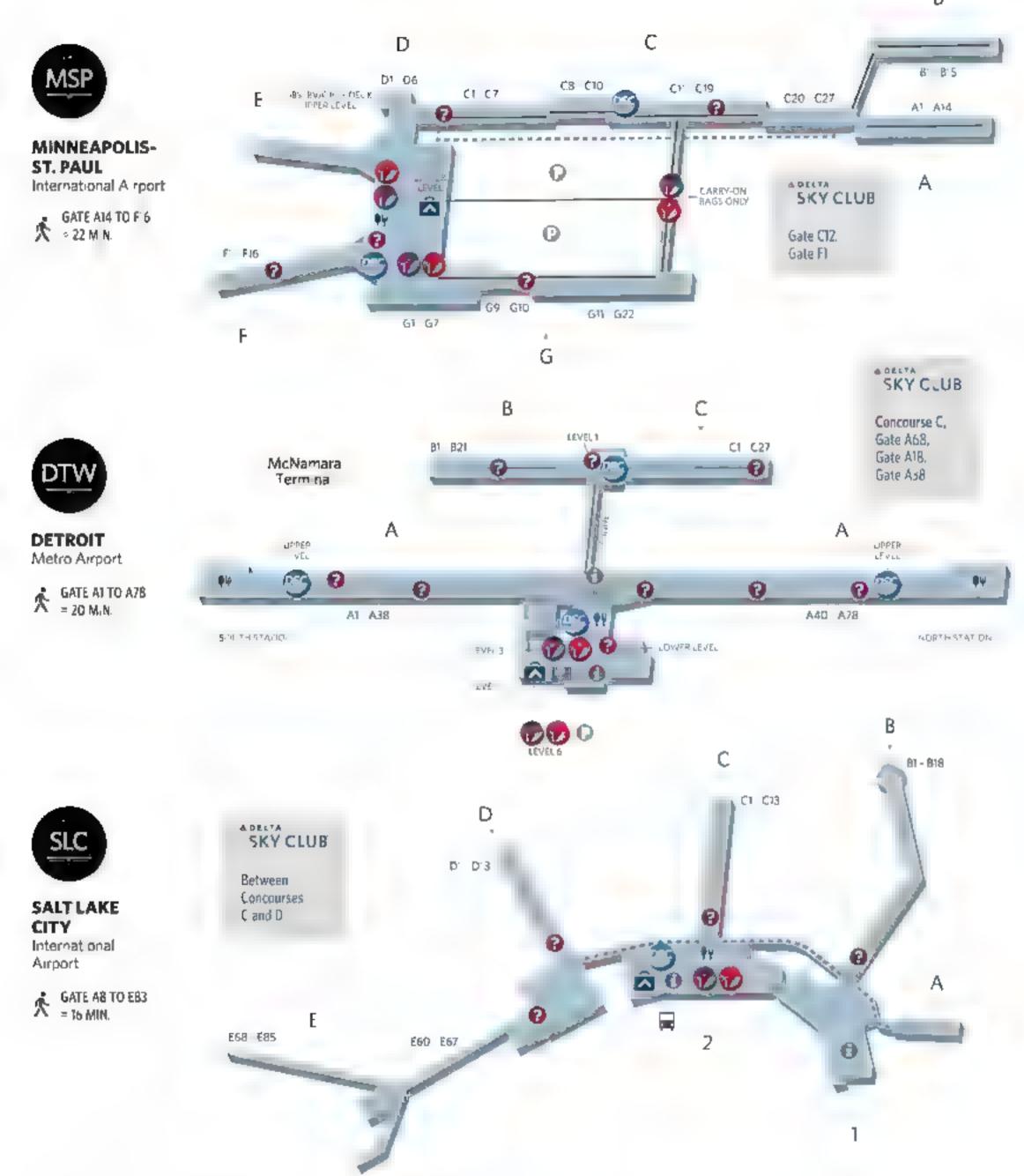


**EMPROVEMENTS** 









#### **GETTING** THERE

SEA

Miles to city center 13 By Jaxi: 10 minutes By bus 60 menutes By train: 35 minutes

LAX

Miles to city center 18 By taxi: 40-45 minutes By bus 65-80 minutes By Irain 672 minutes

MSP

Miles to Minneagrafis 10 By taxi: 20 minutes: By bus 30 mmutes By train 25 minutes By trains no train:

Miles to St. Paul 9 By taxi: 16 minutes By bus 20 minutes DTW

Miles to thy center 20 By taxi: 30 minutes By bus 90 minutes By training train

SLC

Miles to city center 6 By taxi. 15 minutes By bus 25 minutes By train: 20 minutes





#### LONDON **HEATHROW**

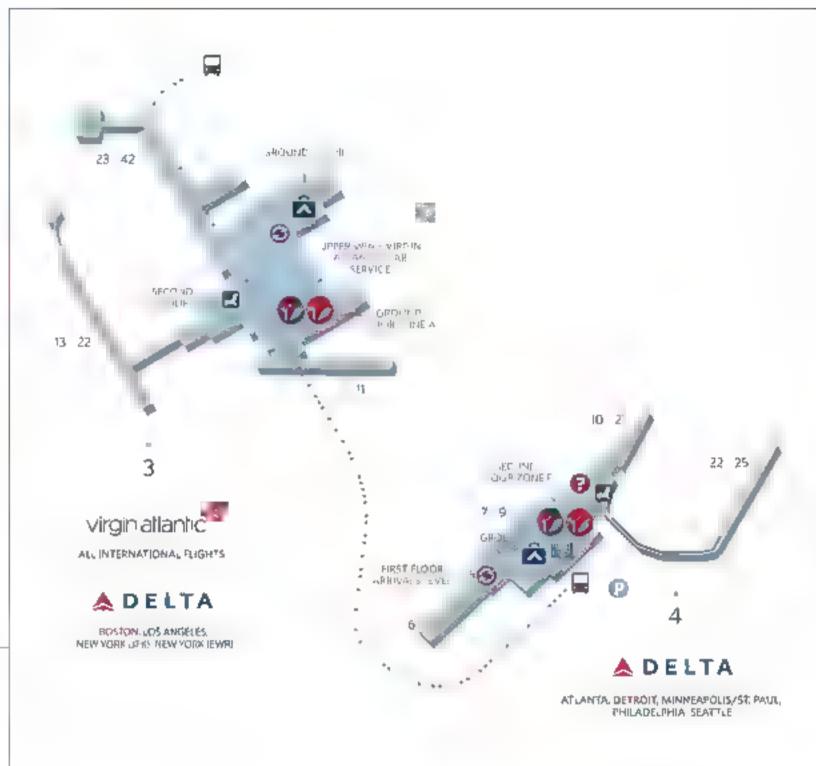
Airport

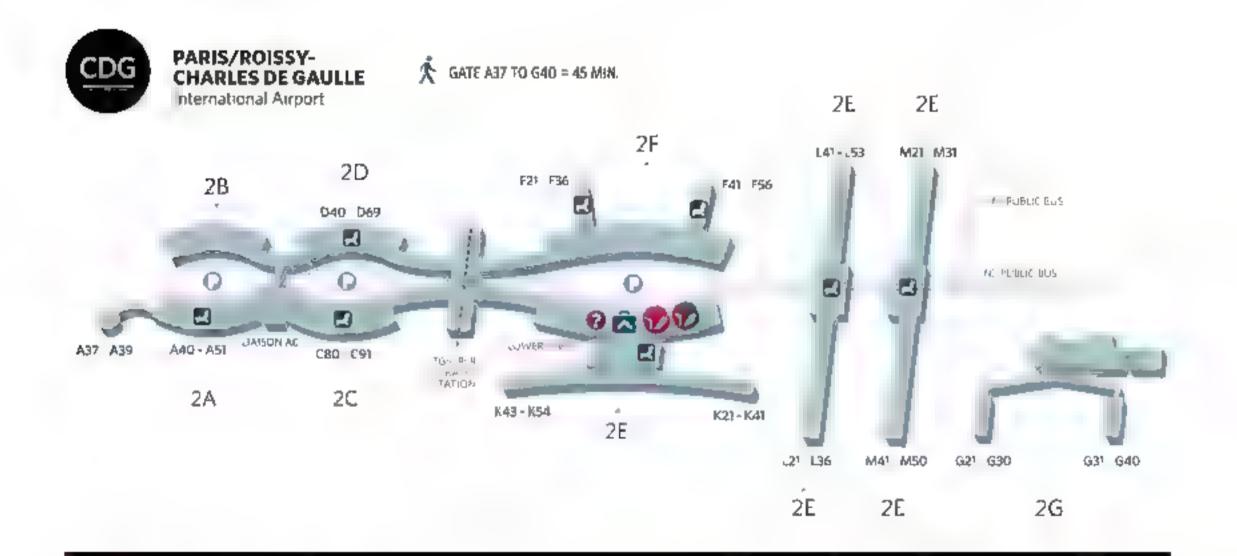
TERMINAL 3 GATE 1 TO 42 = 60 MIN.

**TERMINAL 4** GATE 1 TO 25 40 MIN.





































CEMPLER



**INFORMATION** 



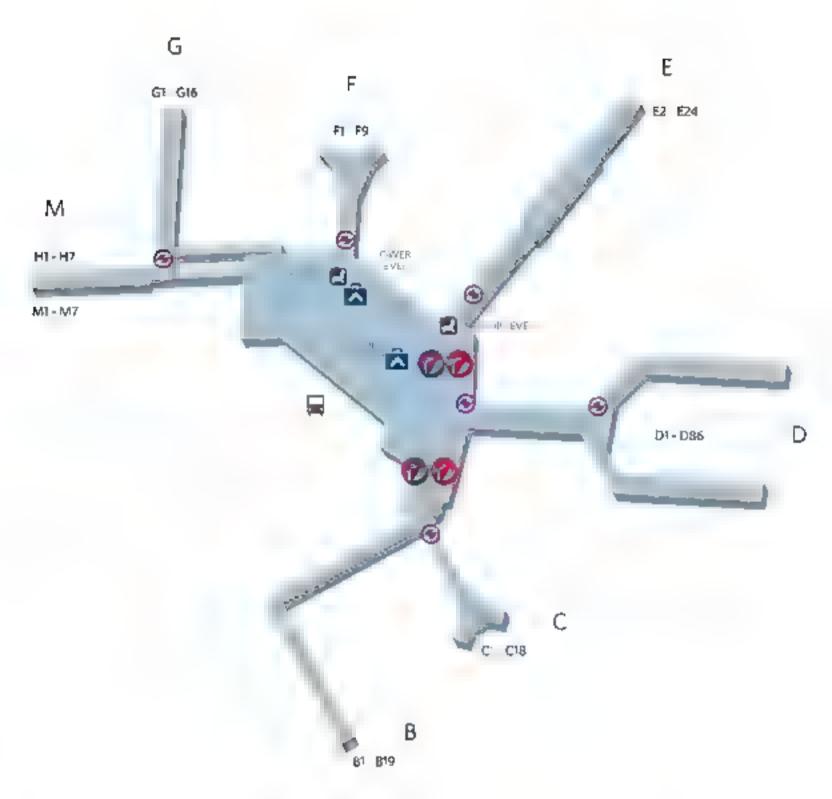
DEFICE









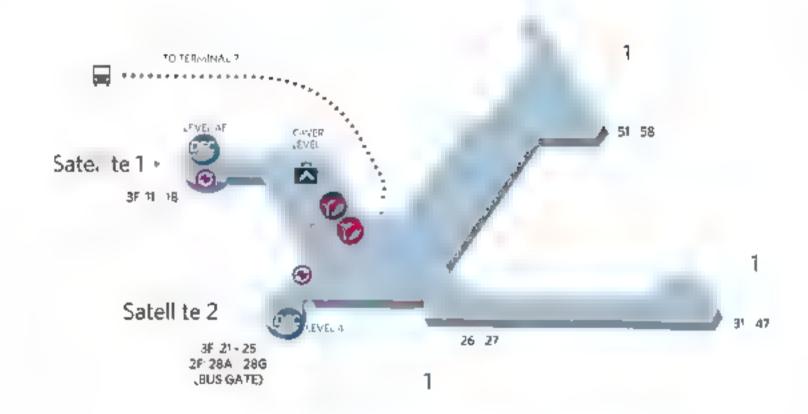






SKÝ CLUB

#1 Sates to 4F #2 Sates ite 4F



GETTING THERE **THU** 

Miles to city center 66 By taxi: 45 minutes By underground metro: 50 minutes By train 15 minutes 603

Miles (picity lenter 19) By taxi, 45-50 minutes By bus, 1 hour By train, 45 minutes AMS

Miles to city center 9 8y taxi: 30 minutes 8y bus: 25-40 minutes By Irain: 65-20 minutes NRT

Miles to city center 45 By taxi: 90 minutes By bus, 100 minutes By train 60-90 minutes

# FLEET

The ratest in wing technology recently debuted on Deita's newest 737-900ER. The "Split Scimitar" design adds a new raked tip below the upturned winglet which reduces aerodynamic drag, saves fue, and lowers carbon emissions.

B777-200LR

& DELTA

A330 300

B767 400ER

B757-200

B737 900ER

& DELTA

& DELTA

#### KNOW YOUR PLANES

Seats: 376

Range: 8,357 miles (1,450 km) Speed: 561 mph (902 km/h).

Engines: 4 Pratt & Whitney PW4056 turbofans each generating 56,000 lb 1,249 kN of thrust

Seats: 29

Range: 10,840 miles (17,446 km) **Speed:** 560 mph (93) km, h,

Engines: 2 General Electric GE90-11081 turbolans. each generaling 110,000 lb. (489 kN) of thrust,

Also includes the B777-200ER

Seats: 793

Range: 6,524 miles (10.500 km) Speed: 541 mph (871 km/h)

Engines: 2 Pratt & Whitney PW4168A turbolans each generating 68,600 lb. (305 kN) of thrust

Also includes the A330-200

Seats: 246

Range: 6.471 miles (10.415 km) **Speed:** 530 mph (853 km/h).

Engines: 2 General Electric CF6-80C2-B8 turbotans. each generating 63,500 lb. (282 kN) of thrust Atso includes the B767-300ER and B767-300'

Seats: 168

Range: 4.722 roites (7.600 km) Speed: 530 mph (853 km/h)

Engines: 2 Pratt & Whitney PW2037 turbolans, each generating 43,000 lb. (192 kN) of thrust

Also includes the 8757-300

Seats: 180

Ranga: 2,870 miles (4.619 km) Speed: 517 mph (832 km/h)

Engines: 2 CFM CFMS6-7B27/4B1F turbofans. each generating 28,400 lb (126 kN) of thrust Also includes the B737-700 and B737-800

Seats: 160

Range: 2 400 miles (3 862 km) **Speed:** 509 mph (819 km/h) Engines: 2 IAE V 2528-D5 turbolans. each generaling 28,000 lb. (125 kN) of thrust

Also includes the MD88 and B717-200

Seats: 150

Range; 3,009 miles (4.843 km) Speed: 521 mph (840 km/h)

Engines: 2 CFM CFM56-5-A1 turbotans. each generaling 25,000 bi (111 kN) of thrust

Also includes the A319

Seats: 76

Range; 2103 miles 3 385 km Speed: 547 mph (880 km/h)

Engines: 2 General Electric CF34-8C5 turbolans, each generating (4.510 lb (64 kN) of thrust Also includes the CRJ200" and CRJ700



Range: 2,416 miles (3,889 km) Speed: 554 mph (890 km/h)

Engines: 2 General Electric CF34-8E turbofans. each generating 13,800 lb. (61 kN) of thrust

Also includes the £170





Will S

Some aircraft



























**₩** 





















Wi-F



CRJ900

Seats: 50

Range: 1 876 miles (3,019 km) Speed: 518 mph (834 km/h)

Engines: 2 Rolls-Royce AE3007A turbolans each generating 7.420 lb. (33 kN) of thrus-





# WHO'S GAME?

A FEW HAPPY DISTRACTIONS

## **BRAIN TEASERS**

See if you can solve these problems before your flight lands!



Kenken

Complete the analogy: VACCINATION: DISEASE::

(a) aspirin: headache

(b) studying; learning (c) physician: patient

(d) trial: judgment

(e) freezing: spoilage

A survey of 50 people who can write showed that 20 could write only with their left hand and to could write with either hand, How many could write with their right hand?

(a)30 (d) 10

(e) 40 (b) 20

(c) 25

Answers on page 55

What is the difference between the greatest and smallest two-digit even integers that are both exactly divisible by 4?

(a)80 88 (b)

(b) 82 (e) 96

(c)84

MISWEIS J. (e); Z. (a), J. (c)

ALL BOARTS PESCENTED

PUZZIE COMTOMI CZOS KINKIM PUZZIE UC. PS WWW.EBKSP.WZZIE COM CENTENT IS A RECESSION TO DEPOSITE AND THE WAY THE AND THE AND

# 48× EASIER 90X HARDER 20X 3-

## Sudoku

Answers on page 55

2 1

9		1			4			
				8	1			
1				8 9 7 6 5 2	6	5	3	4
58				7	8		4	
8	2			6			7	5
	7		2	5				6
7	1	8	2	2				563
			6	1				
		5	8			4		7
2	3		8		5			
		0	2					2

2	3		8		5			
		8	2					3
		4	8 2 6	3				3 8
				2		1		
8	2			5			6	7
		9		2 5 4 6				
5				6	3	7		
5 6					3 2 9	3		
			5		9		8	6

#### Rules for Kenken

- 1. Each row and each column must contain the numbers 1 through 4 (easier) or 1 through 6 (harder) without repeating.
- 2. The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.
- Freebies: Fill in single-box cages with the number in the top-left corner.

# **FOLLOW US EVERYWHERE!** Hot travel tips, behind-thescenes access, exclusive offers and great prizes—follow Delta Sky Magazine to get the scoop. som screpter So swasome straideSKY won a Gold Ozzie for the March 2014 Howard Scholle Startisch's cover! One of the language ofreudosky ostarbucks obeto Great Interest y makes some killer playlists. This one is probably my lavonte open spohlycomycon

# WHO'S GAME?

#### Across

- 1 Enemy of the pictured animal
- 4 Items checked at the airport
- B Talk, talk, talk
- 11 \*Fruit Juice brand
- 14 Managed care grp.
- 15 Wife of Charlie Chaplin
- 16 Hero war pilot
- 17 7'6" Ming of the N8A
- 18 Kellogg's Cracklin' Bran
- 19 Like Superman's vision
- 20 First U.S. color TV maker
- 21 Pi follower
- 22 2000 novelty hit ... or a hint to the answers to the nine starred clues
- 26 \_\_\_ pro nobis
- 27 Tristan's love, in Camelot
- 28 Singer Guthrie
- 31 They convert hides to leather
- 35 Car radio button
- 36 Remove, as a dictator
- 37 Feminine suffix
- 38 Pago Pago islander
- 41 Diplomacy
- 42 "Don't ask me!"
- 43 Suffix with Dixie
- 44 Curb's place
- 45 Clock radio toggle switch
- 49 Hydrant attachment
- 50 Flips a coin
- 51 Sgts., e.g.
- 52 Decorative pitcher
- 53 "Relentless pursuer
- 56 Skateboarder's challenge
- 59 Wonder product
- 60 59-Across, after crisping
- 64 Luau entertainers
- 65 In the least
- 66 \*Like Lauren Bacall's voice
- 67 Mannerly man
- 68 Gift recipient
- 69 One coming down for a landing?

#### Down

- 1 \*Grub
- 2 Indian nursemaid
- 3 Pooch in Oz
- 4 \*One working on a canvas?
- 5 Largest blood vessel
- 6 Annoying pest
- 7 Greet

#### EDITED BY WILL SHORTZ

(Answers on page 55)

1	2	3	.0	4	5	6	7	T	8	9	10	17	11	12	13
14			0.1	15				· Right	16				17	Г	T
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0° -	÷. 5	77. 9	53		Γ	54				Т	55			8	5
56	57	58		600	59					00-	60		61	62	63
64				300	65					000	66				T
67					68				$\vdash$		69				1

- 8 Busch
- 9 Narrative
- 10 'Darwin's ship
- 11 Firebug
- 12 Frequent vacation locale for Obama
- **13** \_\_\_ point
- 23 Dress to the nines, say
- 24 Jacob's twin
- 25 Went from one seat to two, maybe
- 28 Lend a hand

- 29 Entertain, as with a bedtime story
- 30 Madagascar primates
- 32 Lined up
- **33** Box up
- 34 \*Volleyball position
- 39 Slippery as \_\_\_\_
- 40 Middling
- 45 Like the Incas
- 46 1960s Borgnine sitcom title role
- 47 'Kind of skirt or haircut

- 48 Spartans' sch.
- 54 " put it another way . . . "
- 55 Unspecified degrees
- **56** \*\_\_\_\_nose
- 57 "Likable" prez
- 58 Write
- 61 Sick \_\_\_dog
- 62 One going on foot in the mountains?
- 63 Norse god of war

# Trident\_redefined.



**C60 TRIDENT GMT 600** – Swiss made dual time watch with automatic mechanical movement, graduated rotatable ceramic (ZrO<sub>2</sub>) bezel, arrow-headed 24 hour hand and water resistance to 60 bar/600m. Available in 38mm and 42mm case sizes, three dial/bezel combinations and four strap styles.

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